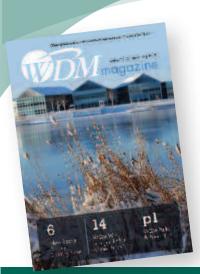


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Your ad could be read in over **31,000** homes and businesses in West Des Moines.



Contact WDM Magazine at 222-3610.

Ask for a media kit and more information on how you can **increase YOUR business** by being a sponsor in the WDM Magazine.



# Issue 48 | Spring/Summer 2019 magazine

Your guide to news and activities for the City of West Des Moines



13

City Manager's Column 21

2019 Solid Waste Events pl WDM Par

WDM Parks & Recreation





Join us to celebrate WDM's first ever, un-fork-gettable EAT WEEK when WDM restaurants will put their best "food" forward and invite you to explore our unique and diverse dining community. Eateries all over WDM will showcase special menus and pricing for just this one week. It will be a week of great values, good times and gastronomical adventures!

# #WDMEatWeek

Bring your family.

Bring your friends.

Bring your appetite.









Get ready. To eat. Your heart out.

April 26 - May 4, 2019

WDMEatWeek.com

@WDMChamber

In partnership with



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### WEST DES MOINES CITY HALL

4200 Mills Civic Parkway West Des Moines, Iowa 50265 (515) 222-3600





West Des Moines Campus. People of all ages listen, absorb, and engage with creators of new ideas and the latest innovations.

It's a local cross between TED Talks and Austin's famous SXSW event.

For more information, visit

### ciWeekExperience.com

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### **JOIN US MARCH 9-MARCH 13, 2020** FOR ciWEEK 11







Twice annually, as part of the Celebrate! Innovation provide readers with an inspiring view of the world.

To begin receiving the magazine or to view back issues please visit

ciWeekExperience.com.







800-362-2127 | ① ② ⑥ ⑥ ⑨ ⑩



WELCOME to the WDM Magazine... The City of West Des Moines' premier publication sent to over 31,000 homes and businesses throughout

The WDM Magazine is published three times per year to highlight city news and information as well as community events and programming available through WDM Parks & Recreation, the WDM Library, and WDM Human Services.



### **HRGreen**

www.HRGreen.com

### **WDM Chamber**

www.wdmchamber.org

### **DMACC**

www.dmacc.edu



# Eye On West Des Moines Photo Contest

he City of West Des Moines is partnering with WDM Magazine to sponsor the Eye on West Des Moines Photo Contest. Submissions for the 2018 contest are accepted anytime through Friday, June 1, at 4:00 p.m. Entries must be electronically submitted to parkrec@wdm.iowa.gov.

- Grand Prize/Overall Winner: \$100 and featured on the cover of a future edition of WDM Magazine.
- Category Winners: \$50

All submissions must be received by June 1, 2019, at 4:00 p.m.

Photographs must be entered in one of four categories that represent life in the City of West Des Moines:

- Living Activities/Events
- Living Plants
- Seasons in WDM
- Living Wildlife

For more information, please contact Mark Brewick at 222-3441 or Mark.Brewick@ wdm.iowa.gov

### **MAYOR**



**KEY CITY STAFF** 

Steven K. Gaer Home: 225-9732 Work: 974-5261 Steve.Gaer@wdm.iowa.gov

**City Manager** 

**Deputy City Manager** 

Tom Hadden

Jamie Letzring

City Attorney

222-3614

Richard J. Scieszinski

222-3610

222-3610

### WDM CITY COUNCIL



**Kevin Trevillyan** First Ward Phone: 240-8786 Kevin.Trevillyan@wdm.iowa.gov



John Mickelson Second Ward John.Mickelson@wdm.iowa.aov



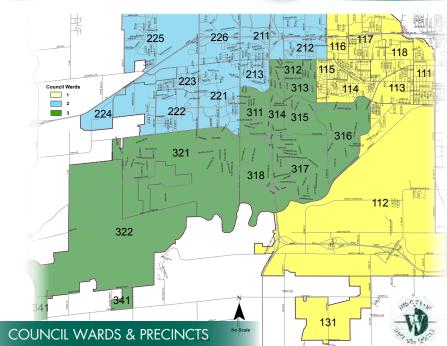
**Russ Trimble** Third Ward Phone: 554-8746 Russ.Trimble@wdm.iowa.gov



Renee Hardman At-Large Home: 556-9248 Renee.Hardman@wdm.iowa.gov



Jim Sandager At-Large Home: 225-7540 Jim.Sandager@wdm.iowa.gov



### THE MAYOR'S COLUMN

I'm always amazed at how strong the momentum is during the winter months for many of our big initiatives.

A major source of excitement today is the MidAmerican Energy Company RecPlex, which was announced last summer. This proposed \$30 million facility will provide a much needed year-round sports facility for adults and children in central Iowa.

Plans call for the RecPlex to be located just west of Interstate 35 along the south side of Grand Avenue. The complex will be built with a mix of public funds from hotel motel tax revenue, grants, utility funds and private donations.

Studies show the demand for youth sports facilities is high, and this complex is sure to attract large numbers of people who will participate in or observe training sessions and tournaments. The RecPlex will feature ice hockey rinks, indoor and outdoor soccer fields, and court sports such as basketball and volleyball. In addition to the recreation benefits, the economic activity the RecPlex will also generate for West Des Moines' restaurants, stores and hotels makes it an ideal project for hotel motel funds.

We're also using grants and hotel motel revenue to support public art that enriches our community. In the spring, we can look forward to additional temporary exhibits at Art on the Campus, and we'll be able to enjoy the debut of the Folded Flags project that honors veterans along Veterans Parkway. We'll also soon be able to see enhanced City entrance signs that will be posted at various locations throughout West Des Moines.

Enthusiasm is also strong for our Five Waters Project, which includes a Civic Campus Amphitheater, a Boathouse at Raccoon River Park, a marathon trail loop, a Raccoon River greenway, and Raccoon River pedestrian bridges and a Great Western Trail Connection.

We're actively seeking donations and sponsors for these wonderful additions to our community.

Our plans are ambitious, but all these projects set West Des Moines up for success, and they offer tremendous recreational venues and amenities for our residents and visitors.

Parts of Valley Junction also will experience new activity in the months ahead as we launch our broadband initiative with Microsoft that will increase connectivity for residents and students in the pilot project area. In addition, the City has awarded funding for ten redevelopment projects in Historic Valley Junction that provide a cumulative capital investment of more than \$1.7 million.

I also want to mention that for the 21st consecutive year, the Business Record named West Des Moines the Best City Government Conducive to Doing Business. The statistics tell the story - 2018 was the second highest year on record for total construction valuation since we topped the \$1 billion mark a few years ago. Year-end numbers put our total valuation at nearly \$533 million. We have active development in all four counties that comprise the City (Polk, Dallas, Warren and Madison).

It's no easy task to keep a rapidly growing City like ours running smoothly. In my experience, it takes extensive planning and working partnerships with key members of our community and an exceptional City staff. We're fortunate to work with so many committed groups of individuals who have a passion for what they do.

It won't be long before everyone will be able to enjoy some of these amazing additions to West Des Moines. After just a couple of months, it's clear that 2019 is shaping up to be quite a year!

Steven K. Gaer

# **BOARDS AND COMMISSIONS**



### **Bicycle Advisory** Commission

Kip Albertson Margaret Christiansen Helen Eddy Greg France Brittany Freund Mindy Moore Cole Prevost Thomas Suckow Nicholas Welter

### **Board of Adjustment**

Michael Blaser Eric P. Christiansen Thomas Cunningham Angie Pfannkuch Michele Stevens

### **Civil Service** Commission

Kevin Flagg Chris Haviland Lori Lavorato

### **Human Rights** Commission

Melinda Begenat Lonnette Dafney Bernell Edwards Mark Hillenbrand Sanjita Pradhan Rich Salas Heather Schott

### Human **Services Board**

Mary Bernabe Mari Bunney Janet Clary-Jones Jo Helling Jessinda Madonia Matt McNeece Jim Miller Rick Riley Jered Rogers Jami Schnoebelen Carol Sipfle Bill Solawetz Kasey Tickel Daniel Werner Susan Wright

### **Library Board** of Trustees

Mary Brooks Melissa Gillespie Carol Grant Joseph Murphy Bryan Myers Joseph Pollpeter Lisa Schneider

### Park and Recreation **Advisory Board**

Joe Hrdlicka Forrest Ridgway Heather Schebel Aaron Sewell Rick Swalwell

The WDM magazine was produced by the City of West Des Moines, JM Impressions and Colorfx.

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### Plan and **Zoning** Commission

Erica Andersen Chris Costa Kevin J. Crowley Jennifer Drake Craig Erickson Scott Hatfield Jill Southworth

### **Public Arts Advisory Commission**

Diane Boyd Rvan Crane **Jed Gammell** Tamara Kenworthy Rita Luther **Jeff Phillips** Brenda Sedlacek

### **Sister Cities Commission**

Erika Cook Brian Crotty Jeffrey Lipman Matthew McKinney John Norwood Yangyidi Ye

### **Water Board** of Trustees

Scott Brennan Brian P. Rickert Jody E. Smith Gretchen Tegeler Mary Thomsen

"I like knowing what's going on in my city and making a difference in my community."

# **Lori Lavorato** CIVIL SERVICE COMMISSION



Meet Lori Lavorato! She is a retired Des Moines police officer who brings a unique perspective to the West Des Moines Civil Service Commission. As a second term Commissioner, Lori's commitment to equality and fairness makes her

one of our standout volunteers. Thank you, Lori, for making our city government more transparent and a better place to work for our employees and staff.

When did you move here? Lori: My husband and I moved here in 2005.

As a volunteer Civil Service Commissioner, what is the most important part of your job? Transparency and fairness.

### What is the purpose of the Civil **Service Commission?**

To provide a harmonious and efficient public service which protects the interests of the City of West Des Moines as well as its employees and to ensure the City is following all federal and state laws. We meet twice a month with the City Human Resources Department making sure that personnel management and policies and procedures are conducted fairly.

### Do you also meet with city employees?

If a city employee would like to meet with the Civil Service Commission, we meet with them as well. We want to engender a positive workplace environment for everyone, which makes for happier employees and a more efficient government.

### As a Civil Service Commissioner, do you ever get involved in hiring specific city employees?

We do participate in hiring some positions, such as the Fire Chief and the Police Chief, to ensure that the process is open, fair and in compliance with the law.

### Why do you volunteer for the Civil Service Commission?

I want to make sure the hiring and management practices of the city are fair and that they comply with antidiscrimination laws. I like contributing to my community.

### Are there any specific skills you need to serve on the Civil Service **Commission?**

A strong belief in justice and antidiscrimination, a commitment to donate your time, and some experience in government is helpful.

### How do you apply to become a **Civil Service Commissioner?**

Go to the city website at www.wdm.iowa.gov and look for Board and Commissions in the Government menu, Mayor & City Council. Then click on apply to be considered for future Civil Service Commission openings. When there is an opening, you will be contacted. It's a Mayor-appointed volunteer position.

### Do you volunteer in other organizations?

Yes. My husband, Nick, and I have two daughters - Talia and Giana - and I coach their softball teams.

### Do you have a job?

After retiring as a police officer, I became a realtor and teach Criminal Justice at Des Moines Area Community College.

### What's your guilty pleasure?

Watching "Forensic Files" and University of Iowa football, and treasure hunting at thrift stores.

### What's on your bucket list?

Visiting all the different Civil War battlefields.

### What is something most people don't know about you?

I can juggle and I can ride a unicycle.

# FEMA Releases New Floodplain Maps for WDM

The City of West Des Moines participates in the Federal Emergency Management Agency (FEMA) sponsored National Flood Insurance Program (NFIP) so that property owners within the City are eligible to purchase federally backed flood insurance.

Visit our website at www.wdm.iowa.gov/ FEMAmaps to see if your property is now in a floodplain according to the new Flood Insurance Rate Maps (FIRMS) released by FEMA.

If your property appears to be in a floodplain according to the maps, and you do not have a Letter of Map Amendment (LOMA) from FEMA, it is suggested that you discuss the potential flood insurance considerations with your home insurance agent and/or mortgage lender.

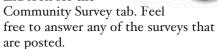
Questions? Contact Rod VanGenderen at 222-3620 or Jeff Nash at 222-3475.

### **Attention West Des Moines!**

Anyone who lives or works in West Des Moines is invited to complete our short online community surveys that will help us update our City's Comprehensive Plan.

Surveys will be posted every few weeks about eight topics that are important as we plan for the future growth of our community. All your answers will remain

anonymous. Just visit www.OurWDM.com and look for the



Thanks in advance for sharing your thoughts and ideas with us!

Visit us on the web at www.wdm.iowa.gov



# Cops N' Bobbers Fishing Derby

# Celebrating 20 Years of REEL Fun!

Ioin the WDM Police Department for the 20th Annual Cops N' Bobbers Fishing Derby at the City Hall Pond. Teams must consist of at least one child under 18 years of age and one adult (18 years old and up). Contestants must supply their own bait, tackle and poles. This is a catch and release event where participants will return all fish to the pond once they are measured. Prizes will be awarded in several categories.

### **Event Date**

Saturday, June 8

### **Event Location**

West Des Moines City Hall Pond 4200 Mills Civic Pkwy West Des Moines, IA

### Registration

Begins at 8:30 am

### Fishing

From 9:00 am - 11:00 am

### Prizes will be awarded

11:30 am





Look for us on Facebook @CopsNBobbers and @WDMPolice.



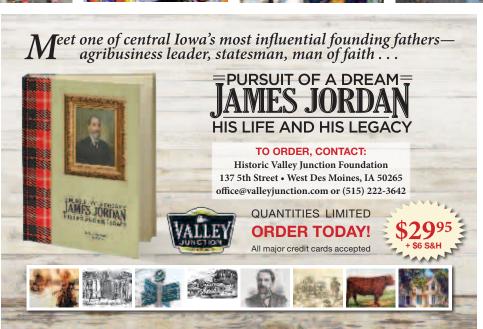














### FROM THE CITY MANAGER

On Tuesday, March 5, the voters of West Des Moines who live in Polk County will

have an opportunity to vote on a ballot measure that would impose a one-cent local sales tax in the incorporated area of West Des Moines located in Polk County.

Due to a change in state law, this will be the first time West Des Moines residents have been able to cast a vote on such a measure without their votes being combined with those from neighboring communities.

### What will this measure do?

If approved, the sales tax will increase in Polk County from 6 to 7 cents. In November 2017, voters approved a measure that increased the sales tax in Dallas County from 6 to 7 cents.

### Who has a local option sales tax now?

In Iowa, 97 out of 99 counties and over 1,200 communities have a one-cent sales tax. Polk and Johnson are the only two counties that do not have a local option sales tax.

### What items are subject to the sales tax?

The extra one-cent tax will only be collected on items currently subject to sales tax, such as retail sales, electrical or plumbing work and the delivery of goods and services (like furniture).

### What items are not subject to the sales tax?

Items not subject to a sales tax include food for home consumption, prescription drugs, vehicles, gasoline, utilities, hotel/motel rentals and professional services such as medical or legal services.

### Who pays the local option sales tax?

Anyone (residents or visitors) purchasing goods or services will pay this tax at retail establishments in Polk County.

### What percentage of sales tax revenue in WDM comes from visitors?

Forty eight percent of the sales tax revenue generated in Polk County comes from visitors who purchase goods and services in West Des Moines, according to a Retail Trade Analysis

Report for Fiscal Year 2017, prepared by the Department of Economics at Iowa State University.

### How much revenue will WDM receive if this measure is passed?

West Des Moines will receive approximately \$7 million annually based on estimated retail sales.

### How will the funds be used?

As required by State law, 50% of the revenue will be applied directly to City property tax reduction for all property taxpayers in West Des Moines. All WDM residents can expect to see an overall 8% reduction in the City's portion of their residential or commercial property tax rate.

The other 50% of revenue will be applied directly to public safety (hiring 7 new police officers and 5 firefighters in the next fiscal year), additional public infrastructure improvements for transportation and traffic flow as well as flood control, quality of life initiatives such as the Five Waters Project, and a major refurbishment of the Public Library.

### How many votes are needed for this to pass?

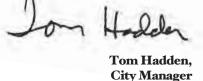
If residents vote 50% plus one in favor, this ballot measure would pass.

### Do I need to show ID to vote this year?

Yes. Valid forms of ID include an Iowa Driver's License, Iowa Non-Operator's ID, Military ID, U.S. Passport, Tribal ID, Veteran's ID and Voter ID card.

### Where can I get more information?

Visit our website at www.wdm.iowa.gov for additional information and links to the Secretary of State and the Polk County Auditor websites.



# **West Des Moines Community Foundation**

# SUPPORTING QUALITY OF LIFE

The West Des Moines Community Foundation (WDMCF) was created in 2007 in order to make a positive impact in our community. To date, the Foundation has received and is managing over \$1 million from families, individuals, businesses, the City, and Polk and Dallas Counties for our various funds to support artistic, cultural, recreational, historic, social and natural resources.

### **Grant Submissions Reviewed** Quarterly

The Foundation serves as a catalyst for specific community projects and a champion for promoting quality of life within our city. This past year, grants have been awarded by the WDMCF to support a variety of community initiatives in West Des Moines, including:

- Crossroads Park PTA Fine Arts Day
- Meals from the Heartland WDM Schools meal prep event
- Nine Square Feet Healthy Soil Workshop and produce exchange
- Tallgrass Theatre Stage upgrade and Box Office upgrade
- WDM Chamber Leadership Academy Scholarship
- WDM Historical Society Jordan Scholars Program
- WDM Human Services Grocery gift cards for the holidays
- WDM Parks and Rec Bench in Raccoon River Park

Non-profit organizations serving citizens in West Des Moines are eligible to submit a grant to the WDMCF. Grants are reviewed on a quarterly basis by the WDMCF Board of Directors, and awarded on a selective basis, according to established bylaws and policies.





### **Donations (of any size) Always** Welcome

Donations to the WDMCF are accepted through the Community Foundation of Greater Des Moines, which also administers and manages the five funds. No donation is too small.

### **WDMCF** funds:

- General Pass-through Fund
- Special Interest Fund: Arts and Culture
- Special Interest Fund: Recreation and
- Endowment Fund maximum of 5% of endowment funds are available on an annual basis
- Quality of Life Fund

Donating to the WDMCF is a wonderful way to give back to the community and will help to preserve and improve the quality of life in West Des Moines for generations to come.

### **Questions:**

Contact Helen Eddy, WDMCF Board Chair, at helenbikes@msn.com Donation Form and Grant Application can be found at: www.wdmcf.org

### **WDMCF Board of Directors:**

Mike Abbott, Tom Cox, Wade Den Hartog, Helen Eddy, Tamara Kenworthy, Robert Palmer, Brett Peterson, Kathleen Till Stange

### **Ex-Officio Members:**

John Mickelson-City Councilman Jamie Letzring-Deputy City Manager Sally Ortgies-Director of Parks & Recreation

# www.wdmcf.org











**Saturday** August 3

www.ncmicgroup.com/summerbreeze

# WDM PUBLIC ARTS

### **New Permanent Artwork to** be Placed in Ashawa Park

### "Heartbeat of the Heartland" by Zach Bowman of Ankeny, IA

Artist Zach Bowman's piece "Heartbeat of the Heartland" was featured in the 2018 Art on the Campus temporary exhibit. The West Des Moines Public Arts Advisory Commission has purchased the artwork to add to the City's permanent art collection. "Heartbeat of the Heartland" will be placed in Ashawa Park (4431 Waterford Dr.) this spring. Bowman states, "It's important to find something you're passionate about. Growing up in rural Iowa, I am passionate about where I was born and raised. This sculpture is my way of expressing that passion. 'Heartbeat of the Heartland's' lacelike pattern portrays Iowa as a central hub for food resources."





### **Folded Flags Dedication Event**

### Friday, June 14 | 7:30pm

Please join us on Flag Day as we dedicate the first installment of Veterans Parkway enhancements at the intersection of Brown's Woods Drive and Veterans Parkway. Folded Flags, with its 15 individual standing folded flags will be installed in the spring of 2019. The City of West Des Moines collaborated with local veterans groups to create artwork that would honor veterans as well as be aesthetically pleasing and thought-provoking when viewed by the public. Partial funding for Folded Flags was provided by Bravo Greater Des Moines.





### 7th Annual **ART ON THE CAMPUS Temporary Exhibit**

Make sure to take a stroll around the WDM Civic Campus Pond to view the selected artworks in the Art on the Campus exhibit. The exhibit begins on April 15 and ends on November 15. Ten art pieces are part of this year's exhibit. You can learn more about the artwork and artists at www.wdm.iowa.gov/AOC.









### **Discover Public Art** with Mobile Audio Guide

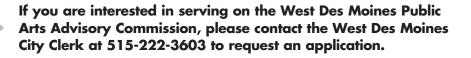
The FREE Otocast app is your personal tour guide for public art in West Des Moines. Explore both the Art on the Campus exhibit and pieces in the City's permanent collection with the voices of individual artists leading the way. Look for Otocast in the app store on your phone or mobile device, and use it at destination attractions all over the world.





### With Otocast, you can:

- Explore art exhibits at your own pace, in your own time
- Scroll through the guide to help plan your visits
- Read about art pieces
- Look at photos of artwork and share with friends
- Listen to custom artist narratives that provide fun and engaging information



### **HOW IS PUBLIC ART FUNDED?**

Annual funding for public art in West Des Moines comes from hotelmotel tax revenue dedicated by the City Council for that purpose.

# THE WEST DES MOINES HISTORICAL SOCIETY



### **HISTORY AFTER HOURS**

At The Jordan House Museum

6pm-7:30pm

Try something new with us on the third Wednesday of each month this year. Each evening features a tour of the Jordan House Museum and a themed activity. Space for most programs is limited to 15 people, and tickets are \$15 per person. They must be purchased in advance by calling 515.225.1286.

February 20: History in the Dark Candlelight tour of the Jordan House

March 20: Ladies Night Light appetizers with wine

**April 17: White Glove Wednesday** The chance to don conservator's gloves and examine selected items more closely

**May 15: Spring Into History** A focus on the tradition of May Baskets, including the chance to make your own

June 19: History Ala Mode We'll make ice cream and enjoy it on the front porches of the Jordan House

### July 17: Garden Party

Enjoy some classic yard games with tea

### **August 21: History and Art**

We'll place an emphasis on the Jordan House's original artwork, conservation methods and how to hang works in a historic home

**September 18: Toys and History** 

Geared towards the family, this tour will focus on the toys, games and crafts of the late 19th Century

### October 16: History on the Hoof

Learn about the wild and domestic animals of early Iowa and make pinecone birdfeeders to take home

### **November 20: History on the Table**

Learn about typical foods and menus for every day and special occasions. We'll make our own butter and have some delicious treats

### **December 18: History for the Holidays**

Tour the Jordan House by candlelight and make Victorian ornaments

### Tea Time at the Jordan House

(page p10 of the P&R Program Guide)



### The Iowa Files

(page 41 of the magazine)





### **Jordan House Museum Public Tours**

- Fridays & Saturdays
- 11:00am & 1:00pm
- Cost:

Adult (18+) \$5 Youth (5–17) \$3 Child (Under 5) Free

• Tour Length: 1 Hour and 15 minutes

### **Private Rentals**

- Jordan House or Bennett School
- 2 Hours
- \$150

Call 515.225.1286 to schedule your event today.

The West Des Moines Historical Society is a privately funded non-profit organization that relies on the generosity of its friends and supporters. We kindly ask you to help preserve the legacy of West Des Moines' history by becoming a West Des Moines Historical Society Member.

> Become a member today by visiting the Society's website at www.wdmhs.org or by calling (515)225-1286.

# Scrap Appliance & Metal Drop-Off

### SPRING: Saturday, June 8 | FALL: Saturday, Sept. 14

### 8:00 AM to 12:00 Noon

The perfect time for an appliance and metal drop-off event is the weekend AFTER Spring Cleanup! Sometimes residents forget that appliances aren't accepted during Spring Cleanup. If that happened to you, or if you're a WDM resident and just have scrap appliances and/or metal items to dispose of, bring them to the West Des Moines Public Services facility located at 560 S. 16th Street on Saturday, June 8th and September 14th from 8:00 AM until Noon.

These items will be accepted	– FREE		
Air Conditioners (all sizes)	Dishwashers	Ice Makers	Saws
Batteries, Lead Acid	Dryers	Metal - Most anything	Speakers
Blenders/Mixers/Toasters	DVD Players	Metal Shelving	Stereo systems
Calculators	Exercise Equipment	Microwaves	Stoves
Cameras, Camcorders	Fans	Mowers - Riding	Vacuums
Cell Phones	Fax Machines	Mowers - Walk Behind	VCRs
Chillers	Freezers (no food)	Phones	Video Game Systems
Computer Towers, Servers	Furnaces	Pots, Pans, Electric Skillets	Washers
Condenser Units	Garage Doors & Openers	Printers	Water Coolers
Copiers	General Scrap Metal	Refrigeration Units	Water Heaters
Dehumidifiers	Humidifiers	Rooftop AC Units	Water Softeners (no salt)

These items will <b>NOT</b> be accepted –				
Anything with food in it	Garbage	Paint	Wood	
Chemicals	Light Bulbs	Plastics		

# Televisions and Monitors are accepted at a COST. Cash or Check Only

Note: Residents participating in City-provided solid waste collection may dispose of TVs and monitors of any type by putting them at the curb by 6AM on their normal collection day with the appropriate \$5 sticker(s). Contact the City's hauler, Waste Connections, at 265-7374 to make the arrangements. The TVs/monitors will be landfilled vs. recycled. TVs and monitors are accepted during Spring Cleanup at no cost in 2019, the first week of June.







\$15.00 Each TV or Monitor

\$30.00 Each Console or Big Screen

No paper shredding service will be provided by the City due to the variety of privately sponsored paper shredding events in our area throughout the year.

H & W Recycling is partnering with the City of West Des Moines in this collection event. If you have any questions, please call the Public Services Department at 222-3480.

Visit us on the web at www.wdm.iowa.gov

Clip & Save,

2019 Solid Waste

# **EVENTS**

### FOR WEST DES MOINES RESIDENTS

No paper shredding service will be provided by the City due to the variety of privately sponsored paper shredding events in our area throughout the year.

Yard Waste and Annual Spring Cleanup events are available to all West Des Moines residents who are eligible for City-provided solid waste collection.



# April 1 Yard Waste Pick-Up

Begins on normal trash collection day

# April 13

### Scrap Tire Drop-Off

- 7:30 AM 4 PM
- WDM Public Services

### May 23

### Nat'l Public Works Week Celebration

- 4 7 PM
- Valley Junction

### June 3 - 7

### **Spring Cleanup**

On your normal trash pick-up day.

No appliances. See June 8 event.

### June 8

### Scrap Appliance, Metal Drop-Off

- 8 AM Noon
- WDM Public Services

# Sept. 14

### Scrap Appliance, Metal Drop-Off

- 8 AM Noon
- WDM Public Services

**Nov. 30** 

Yard Waste Pick-Up Ends Dec. 30 -Jan. 10

Winter Yard
Waste &
Christmas Tree
Collection

Household Hazardous Waste Disposal Options: Visit https://www.mwatoday.com

For more information visit www.wdm.iowa.gov or call WDM Public Services at 222-3480

# **2019 SPRING CLEANUP June 3-7**



West Des Moines Residents' regular garbage pickup days

# Rid your home of items that do not fit in your garbage cart

### Simple Spring Clean-Up Rules

### **Garbage Limit:**

You can set out as much as will fit in the bed of one pickup truck

### Weight limit:

If it's reasonable that two people could lift the item, then it's accepted.

### What items ARE accepted?

Household items that don't fit in your cart.

### **Examples of ACCEPTED Items:**

Carpet (small rolls)

Couches

**End Tables** 

Fans

Grills

(with propane removed)

Lamps

Mattresses

TV's / Monitors





If you're unsure whether an item is accepted, call your garbage hauler & ask!

### **Waste Connections** 515-265-7374

Make sure things you wish to dispose of are to the curb for pick-up on your normal garbage collection day the week of June 3 - 7:

- No earlier than 5:00 PM the day before pick-up.
- By 6 a.m. the day of pick-up.

It's tempting to put items out earlier, but doing so could result in a violation, and you may find yourself cleaning up after people who help themselves to your items.



### These items will **NOT** be accepted:

- Animal Carcasses
- Appliances
  - Air Conditioners
  - Dehumidifiers
  - Dishwashers
  - Dryers
  - Freezers
  - Furnaces
  - Microwaves
  - Refrigerators
  - Stoves
  - Washers
  - Water heaters
- Asphalt shingles over 40 lbs. in total weight
- Bagged or boxed items. (These may be put in your garbage cart year-round or with a \$1 Extra Trash sticker.)
- Banned substances such as
  - Lead
  - Acid
  - Batteries
  - Waste oil
  - Explosive material
  - Medical waste
  - Drugs
  - Poisons
  - Highly combustible material
  - Paint
  - Any other toxic or hazardous substance
- Concrete chunks (ALL SIZES)
- Glass no windows, mirrors, doors
- Home improvement/landscaping items
- Propane tanks
- Tires
- Vehicles and/or major auto parts
- Wooden playsets, fencing
- Yard waste

# What to do with your

# Appliances?

Bring them to the next Scrap Appliance & Metal Drop-Off event:

### Saturday, June 8th September 14th

8AM - Noon WDM Public Services 560 S. 16th Street

### Tires?

Bring to the next Scrap Tire Drop-Off event

Saturday, April 13, 2019 **April 2020** 

7:30 AM - 4PMWDM Public Services

### Other Items?

Go to:

www.whereitshouldgo.com and type most any item in "search" for disposal options.

### SPRING CLEAN-UP NOTE:

Please be mindful: If items are not hauled away by the spring cleanup crew because they are unacceptable (eg. appliances, tires, or if they are not at the curb by 6:00 AM the day of pickup); it is the resident's responsibility to properly dispose of these items using normal solid waste guidelines. This also applies to unfortunate incidences of items being dropped off by others. Residents are responsible for all items on their property.

### BECOME A WEED WARRIOR

**Assist the City of West Des Moines** with maintenance of bioswales located in West Des Moines parks.

**Bioswale:** a multi-purpose stormwater management practice that provides an environmentally friendly alternative to storm sewers. By using a permeable soil bed and perforated subdrain tile, bioswales infiltrate water from frequent, small rains (1.25) inches or less). During heavy rains, bioswales convey runoff in a non-erosive manner.



With bioswales being used more frequently in park planning and landscape design, maintenance of plant species and control of weeds in bioswales has become a more time and work-intensive task. Because the use of herbicides kills not plants around bioswales, nuisance weeds need to be hand pulled or cut. This, of course, takes time, energy, and commitment.

Weed Warriors (neighborhood volunteers) are needed to help maintain bioswales in specified WDM parks. Weed Warriors will be taught how to identify and remove weeds in the bioswale. Weed Warriors must commit to yearly training led by Parks Maintenance staff, as well as to hands-on weed management in their selected bioswale at least two (2) times between May 1 and September 30 each year. Parks Maintenance staff will create a "prescription" for the management of each bioswale. This "prescription" will identify weeds that should be pulled, plants that should remain in the bioswale, the frequency of hand pulling, and instruction on proper management methods and techniques. Other duties may include placement and raking of mulch and/or control of volunteer trees.

Park bioswales included in the Weed Warrior program currently:

- Wild Rose Park (6801 Cody Drive)
- Valley View Park (255 81st Street)
- Fairmeadows Park (543 22nd Street)
- Woodland Hills Park (1230 South 95th Street)

If you are interested in becoming a Weed Warrior, please contact the WDM Parks and Recreation Department at 515-222-3444 or by email at parkrec@wdm.iowa.gov.



### West Side Stories Podcast

It's official...the West Des Moines Parks and Recreation Department has a podcast! Subscribe now to the West Side Stories podcast to hear a monthly episode featuring the staff and friends of the department. You will gain insight and hear stories about the nitty gritty of how the Parks and Recreation Department serves the citizens of West Des Moines. Topics range from park planning and how special events are planned to boards and commissions and cemetery management. Episodes are released the first Friday of each month. You can learn more about the podcast, its host, and episode guests at www.wdm.iowa.gov/ WestSideStories.



# eARTh Day Exhibition

Calling all artists who are called to care! Submit your original artwork that brings awareness to ENVIRÖNMENTAL ISSUES, whether local or global, to the first-ever eARTh Day Exhibition. Use your artistic talents to show our community why you care about the earth and why they should, too.

Your artwork will be shown in a pop-up exhibit at the EARTH DAY FAMILY FUN event hosted by the West Des Moines Parks and Recreation Department's GREEN TEAM on Saturday, April 20

from 10:00-12:00pm at City Hall. All submitted artwork will be shared on the Parks and Recreation Department's social media accounts (Facebook, Twitter, and Instagram) and website as well.

Cash prizes will be awarded for the top artwork in each of the following categories. Winners will be selected in both YOUTH and ADULT divisions.

- 1. Photography
- 2. Painting/Drawing
- 3. Digital Composition
- 4. Written Word

Contact Allison Ullestad, Recreation Coordinator, at 515-222-3455 or at Allison.Ullestad@wdm.iowa.gov for further details about submitting your artwork.

### COMMUNITY COMPLIANCE CORNER

As we look forward to the spring transformation of brown dormant lawns to beautiful green, we'll soon be moving from shoveling snow to mowing lawns. West Des Moines neighborhoods, and City Code requirements, are a reflection of the pride our residents take in our beautiful City. Our Community Compliance

Specialists work with residents to help ensure that issues not in compliance with City Code are addressed.

The following are some issues the Community Compliance Specialists will be looking at to ensure a well-kept community:



Junk in general should be properly removed from the property and never placed on the right of way until the day prior to a scheduled pick up (with appropriate solid waste stickers).



Inoperable/Obsolete vehicles. All vehicles must have current plates and be able to start and travel down the road. They must also be free of broken windows and have air in the tires. Vehicles may only be parked on a hard surface. If vehicles do not meet all these requirements they must be placed in a garage or hauled away.



Trees and shrubs must have vertical clearance of:

- eight feet (8') between the surface of a sidewalk, trail or other pedestrian way and the lowest branch, and
- fourteen feet (14') from the surface of a street to the lowest branch.



Weeds, grass, or vegetation reaching the height of 10" or more.

If you have a code compliance concern, please contact 222-3480 during the hours of 7:30 a.m. to 4:00 p.m. Monday through Friday, report on the City's website using the Online Service Desk, or enter a request on YourGOV from your cellphone or PC.

# **POTHOLES**

Pavement definitely feels the effects of the winter season and temperature fluctuations as spring develops. Even as Public Services crews actively seek out potholes for repair, new potholes will appear elsewhere during a busy spring season. That's why we appreciate when residents let us know of a pothole issue.

If you would like to report a pothole (or any other non-emergency issue), you have several options to report the concern:

- Download the YourGOV app on your phone to report the issue and send a photo if you wish.
- Go to the Online Service Desk on the City's website at www.iowa.gov.com or type YourGOV in the search box. Click on the "+" to add a request.
- Call Public Services at 515-222-3480.



City employee repairing a pothole

### Horticulture in our Midst

The beautiful creations designed, planted and maintained by our City's Horticulture Division are new and fresh every year throughout the City. Enjoy!

These photos are from last year to compare with what you'll soon be seeing. Later this spring when the planters are completed in Valley Junction you'll be able to scan a QR code on the planters to see exactly "What's In The Planter"? Or



visit http://www.wdm.iowa.gov/government/public-services/forestry/what-s-in-the-planters

# 2019 Sidewalk Program

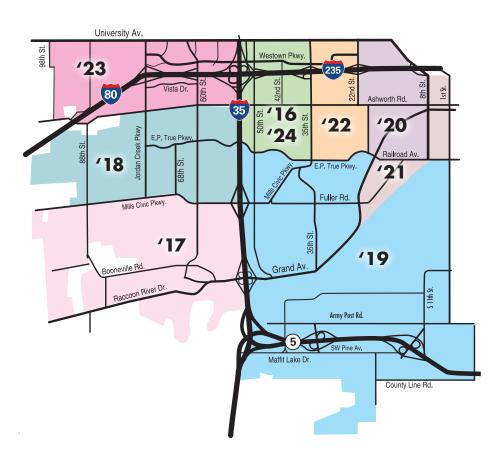
The City of West Des Moines offers an excellent transportation system for vehicles, bicycles and pedestrians. The number of residents walking, jogging and enjoying our neighborhoods steadily increases.

Our annual sidewalk program is an important means of reviewing the condition of existing sidewalks throughout the City on a rotating basis every eight years. A map (shown below and available on the City website) indicates the areas and schedule for inspection of sidewalk conditions.

Notices of defective sidewalks are sent to the owner of record according to the

County Assessor's office or, if a townhome or condominium complex, the Registered Agent according to the Secretary of State's office. The property's responsible party has the option to repair individual sidewalk defects on their own, or they may elect to have their sidewalks included in the citywide repair project. If repairs are not made within the period of time specified (generally 75 days), the City will proceed with the identified repairs and bill the property owner or responsible party.

This sidewalk program helps protect pedestrians who actively use the sidewalks, and property owners from liability issues. More information is available on the City's website.

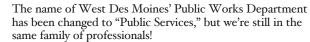


# **National Public Works Week** Celebration

May 23 • 4pm – 7pm

North end of the Valley Junction Farmer's Market | 300 Block of 5th Street

**Back again this** year! lowa DNR is bringing their **Mobile Education** Exhibit, equipped with touch screen computer games and interactive displays.



Come join us for a celebration of the Public Works/Services men and women in North America who provide and maintain the infrastructure and services of our communities.

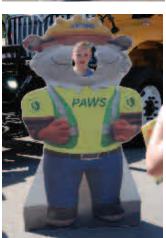
This event is not just a FREE FUN FAMILY EVENT, it's an opportunity to learn!

Come for the fun, and ask questions on emerald ash borer, solid waste collection, plowing snow, repairing streets, Community Compliance, City horticulture, park maintenance, inspecting sewers . . . anything Public Services















# Become a Master Recycler

Want to be the best recycler on your block? Here is the guide to MASTER the art of recycling and help the Curb It! recycling program thrive throughout the Metro!

### Follow the recycling guidelines.

Although it's tempting to toss every kind of plastic, paper, and metal in the green cart, some items are simply not recyclable. For something to be accepted in the Curb It! program, it must able to be sorted and sold.

Metro Waste Authority is constantly looking for new opportunities, but there are just some items that don't have buyers...yet. If you need a refresher of what can be recycled, check out the recycling guide at www. WhereItShouldGo.com.



### • Keep it clean.

Give your items a quick rinse before tossing them in your recycling cart. This helps keep recyclables free from contamination and ensures products are desired by businesses that want to purchase recyclables for new uses.

### • Buy products made from recycled material.

A great way to support recycling is to buy items made from postconsumer products. Purchase power is one of the most influential ways to show companies you want to support a sustainable recycling program.

You make all the difference in your recycling program. Once you master these guidelines, pass them on to your neighbors and friends. Together, we can create a positive impact on the recycling world!

# Hazardous Waste in your House!

While it might be obvious to be careful with bleach, do vou know what to do when vou're done with it?

Bring it to Metro Waste Authority!

You take precautions to put cleaners in high or locked cupboards away from kids, and everyone knows you shouldn't pour motor oil down the drain.

Knowing what's hazardous in your home is important. But when it comes time to get rid of things like bleach, antifreeze or bug spray, it's important to know where it should go.



Hazardous waste can be brought to Metro Waste Authority dropoff sites located in Bondurant and Grimes.

Common household items like bleach, rechargeable

batteries, oil-based paints, lawn chemicals such as fertilizers or weed killer, old motor oil or gasoline, and energy efficient lightbulbs (CFL) are all accepted for free.

West Des Moines residents who have Metro Waste Authority garbage and recycling can request houseside pick up of hazardous items for a fee.



# Yard Waste: Compost It!

The Compost It! program picks up yard waste throughout the Metro. Curbside collection starts again April 1, 2019. The program accepts small twigs and branches, leaves and lawn clippings, as well as any garden vegetation. Just avoid dirt, mulch, rocks, and food.

yard waste bags or stickers. When using store-brand bags a Compost It! sticker must be added for collection.

For more information, call Metro Waste Authority at 515.244.0021 or visit www.WhereItShouldGo.com.

### For collection:

Tag it: Brush bundles and store-brand bags require a green Compost It! sticker for collection. Bundles can be no larger than four feet long by 18 inches in diameter.

Baa it: Put loose yard waste such as lawn clippings, leaves, and garden vegetation in Compost it! bags or store-brand bags with a green Compost It! sticker.

Wheel it: Throw accepted items in your Compost It! cart and take it to the curb. Carts can be purchased at Public Services and require an annual subscription. If you're using more than 65 Compost It! bags per year, a cart may be for you!

Retailers sell Compost It! bags and stickers throughout the Metro. For curbside collection, use Compost It! brand

### **Curbside Yard Waste Collection**

Season starts April 1, 2019



TAG IT

**BAG IT** 



WHEEL IT

### **Accepted vard waste:**

Small twigs and branches | Leaves and lawn clippings | Garden vegetation



515.244.0021 www.WhereItShouldGo.com





# Residential Tree Sale

Join the City in our crusade to increase West Des Moines' tree diversity and urban tree canopy! Four hundred high quality native trees (valued at approximately \$60 to \$120 each) are being made available to residents of West Des Moines through the second annual residential tree sale. Residents will pay \$30 per tree. The remainder of the cost of the trees will be paid by the City. Due to City funding, all participants must be West Des Moines residents and must agree to plant the tree(s) on residential property within the City limits. There is a limit of up to two trees per household.

- 1. Go to www.wdm.iowa.gov/ **ShadeCrusade** before April 20. The sooner you sign up, the better your chance of receiving your tree of choice.
- 2. Select your tree(s) and make payment (\$30 per tree) online.
- **3.** Contact Iowa One Call by dialing 811 or by going to http://www.iowaonecall. **com/homeowners** by April 24th to set up a time to schedule underground utility locates on your property.

**4.** Pick up your tree(s) and take part in tree planting and care demos at WDM Shade Crusade 2019.

Saturday, April 27 Date:

8:00 am to 10:00 am Time:

(demos every 30 minutes starting at 8:30 am)

WDM City Hall, 4200 **Location:** Mills Civic Parkway

Note that any tree not claimed by 10:00 am will be resold or planted by the Čity on public property. No warranty is provided. No refunds or replacements.

**5.** Plant your tree(s) right away, and be sure to share your tree planting photos on Facebook, Twitter, and Instagram with the hashtag #wdmshadecrusade.

To learn more about the available tree species and WDM Shade Crusade 2019, go to www.wdm.iowa.gov/ ShadeCrusade

### NEW THIS YEAR: TREES CAN BE PURCHASED DAY OF TREE SALE

- Sales limited to tree varieties and quantities that remain after pre-purchase sales
- Number of trees available per person may be limited

# **CLOSING YOUR BEDROOM DOOR** AT NIGHT COULD SAVE YOUR LIFE

Most of us have a nightly routine that we follow before climbing into bed, but a study from UL (Underwriters Laboratories) shows most folks skip a very important step. Nearly 60% of people sleep with their bedroom door open.

In the event of a fire in your home, sleeping with your door closed at night could save your life. A fire needs oxygen to burn. A closed door keeps more oxygen in the room and away from the fire. Closed doors can slow the spread of flames, reduce toxic smoke and gas, improve oxygen levels and limit damage to your home. A closed door can also mean reducing 1,000 degrees down to 100 degrees.

With the increased use of synthetic materials in furniture and construction,

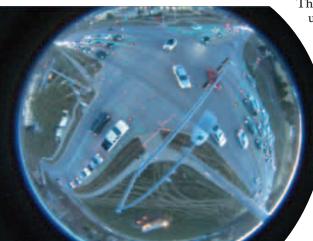
fire spreads faster than ever before. Because of this, the average time to escape a home fire has gone from 17 minutes to just three minutes or less.

Start making it a habit to close not only your own bedroom door at night, but your kids' rooms as well. It's also a good time to test your smoke and carbon monoxide detectors, check your home for potential fire hazards and review your family's escape plan. These small safety measures could make all the difference.





### FISHEYE VIEW OF TRAFFIC



The Traffic Division of Public Services is using a new technology to detect vehicles and bicycles at intersections in West Des Moines. The detection system uses a single camera pointed straight down toward the intersection. A fisheye lens provides a full view of the intersection and the traffic. Detection zones are drawn on the image of the intersection. When vehicles or bicycles enter the detection zone, the signal controller knows that someone wants the green light on that approach. The detection system also collects traffic count data at the intersection. This detection system is currently installed at 17 signalized intersections.

### Adopt a Park, Trail or Street in West Des Moines!





Are you tired of seeing trash in a park, on a trail, or along a street near your home? Are you ready to do something about it?

Now you or your local group can adopt one of West Des Moines' parks, trails or streets and help make a difference in your community! Resources needed to accomplish a cleanup will be provided by the City. After your group has officially adopted a park, trail or street, a sign will be placed to recognize your sponsoring group.

For more information or to sign up online, go to http://www.wdm.iowa. gov/i-want-to/sign-up-for/volunteeropportunities.

Funding for these projects provided by Metro Waste Authority.

### STORM WATER FLOW

Unimproved Roads

West Des Moines is certainly an eclectic City with the best of urban, suburban and rural aspects. The yellow Public Services trucks and equipment are often visibly at work along the miles of pavement. You'll also see them along areas of unimproved roads in both rural and urban areas. Sediment carried by storm water can eventually impede the flow of water, requiring crews to clear culverts and drainage ditches next to unimproved roads. Using an excavator, crews dig out the sediment and reshape the ditch to properly

channel the water. The slope of the ditch is groomed to provide the least amount of future erosion during storms. Performing this task also helps improve drainage from the road itself.

These photographs from an area near 8th Street show Don Tuel operating the excavator and Keith Licht driving the truck that will haul the excess sediment away from the site. Keeping storm water flowing is just one critical area of maintenance performed by our Public Services crews.





# CARING FOR OUR LAWNS

Spring! We've been waiting for you! As spring is approaching, our focus will again turn to taking care of lawns and open spaces. Please remember that lawn care products applied by residents or lawn care companies can overspray onto streets, driveways, sidewalks, and alleys. Rainfall washes fertilizers, pesticides, and herbicides off these paved areas and into the storm sewer where it directly enters our streams and rivers, causing pollution.

Never dispose of clippings, twigs or other yard waste near waterways or sewers. This organic material will break down and reduce oxygen levels in the water, endangering fish and other aquatic life!

Your actions have a direct effect on aquatic life and water quality of our streams and rivers.

Thank you for doing your part to help protect our environment!

# When to Water; When to Wait; When to Worry

Although your lawn essentially sleeps the gray winter away, soon we will be seeing new, green growth awakened.

In Central Iowa, we typically enjoy

adequate rainfall in the spring, but the hot, dry days that follow can take their toll on grass as well as flowers and vegetable gardens. Turfgrass can remain dormant for up to four to six weeks in the summer without significant damage to the plants, says Richard Jauron,

Iowa State

summer, the worst mistake homeowners can less-frequent watering makes for healthier grass.

University Extension Horticulturist.

"Dormancy is a natural survival mechanism for turfgrasses," he says. "While the leaves have turned brown and died, the turfgrass roots and crowns remain alive."

### THE IDEAL TIME

Nonetheless, a brown lawn is something most West Des Moines residents strive to prevent.

"The ideal time to water a lawn is at the first signs of water stress," Jauron points out. Healthy, hydrated turfgrasses are dark green in color. But for cool-season grasses, such as bluegrass, "the first signs of stress

> are a bluishgreen color and footprints that remain in the turf after walking across an area," Jauron explains.

Most lawns need 1 to 1 1/2 inches of water per week. Jauron advises applying this in a single application, or if that's not possible, in two applications, 3 to 4 days apart.

The worst watering mistake is frequent, light applications.

This promotes shallow rooting and lush growth, which, effectively, makes for wimpy grass.

To determine the amount of water applied by the sprinkler, push three or four rain gauges into the soil within the spray pattern. The average of the gauges provides a good estimate of the amount of water applied to the lawn.



The 2012 drought demonstrates the difficulty with watering in the face of grueling heat. In a typical make is to water just a little, often. Deep, soaking,



When it comes to watering your lawn, timing is important. The best time to water is between 5 a.m. and 9 a.m.

"Summer and particularly July and August are what we refer to as 'peak usage' months," notes Josh Heggen, acting general manager at West Des Moines Water Works. "A graph of our annual usage looks like a bell curve with June, July and August forming the top of the bell."

Within these months of increased usage are other peaks: On Monday mornings starting at 3 a.m., a host of automated sprinkler systems turn on generating a peak usage time that initially had Mitch Pinkerton, WDMWW water production manager, scratching his head.

### A NEW PEAK

"We expect water use to go up dramatically in the early evening when people get home and start cooking dinner and doing laundry. We didn't expect such high usage in the middle of the night," he says.

Pinkerton surmises that people don't want to water on the weekends, so those who

have automated sprinklers set them for Monday morning.

"It's not just us," Pinkerton adds. "All water utilities are experiencing this trend. And, considering the number of homes being built with sprinkler systems, it will continue."

Jauron urges homeowners to stay away from afternoon and night sprinkling. Early morning — but maybe not Monday at 3 a.m. — is the best time to water the lawn, allowing the water to soak into the soil with less evaporation. Watering later in the day is less efficient because evaporation is rapid. Plus, strong midday winds may carry water just about everywhere but where you want it.

It's best not to run the sprinklers in the evening either. "Watering lawns in the evening may increase disease problems as the grass foliage remains wet through the night," Jauron warns.



# All City service requests can be directed to the Online Service Desk at www.wdm.iowa.gov

<b>EMERGENCY</b>	
Non-Emergency Dispatch 222-3321	
ADA Coordinator	
<b>TDD/TTY</b>	
Aquatic Centers 273-0700	
Ambulance Billing 273-0652	
<b>Animal Control</b>	
250 Mills Civic Parkway	
Animal Licenses See WestPet	
Better Business Bureau 243-8137	
Birth Certificates See Vital Records	
Building Safety/Inspections 222-3630	
developmentservices@wdm.iowa.gov	
Business License Info 1-800-532-1216	
Cable Television	
Mediacom	
Billing, Cust. Service, Connect/ Disconnect,	
2205 Ingersoll Ave. Des Moines • mchsi.com	
Jordan Cemetery 222-3444	
Sales and Maintenance	
<b>Chamber of Commerce</b>	
www.wdmchamber.org	
City Attorney See Legal Department	
City Clerk	
Business related licenses / voter registration	
application	
<b>City Council</b>	
<b>City Hall Offices</b>	
4200 Mills Civic Pkwy	
<b>City Manager</b>	
<b>Claim for Damages</b> 222-3601	
Community Compliance	
(Code Enforcement) 222-3480	
publicservices@wdm.iowa.gov	
Community & Econ. Development 273-0770	
ced@wdm.iowa.gov	
County Websites	
Dallas County www.co.dallas.ia.us	
Polk County www.co.polk.ia.us	
Madison County www.madisoncoia.us	
Warren County www.warrencountyia.org	
<b>Death Certificates</b> See Vital Records	
Development Services	
Building Division	
Engineering & Planning Divisions 222-3620	
developmentservices@wdm.iowa.gov	
Des Moines Area Regional Transit (DART)	
Public Transportation	
dart@ridedart.com	
8 WDMMAGAZINE • SPRING/SUMMER 2019	

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Des Moines Register	. 10 1 0005
Subscriptions 1-877	-424-0225
Driver's License	
• Dallas County	993-6992
Polk County	244-1052
Madison County	
Warren County	961-1144
Election Office	
Dallas County	
Polk County	
Madison County	
Warren County	
Electrical Service	
<b>Emergency Medical Services (EMS</b>	
EMS Billing8055 Mills Civ	ic Parkway
CPR and Public Access Defibrillation C	lasses
ems@wdm.iowa.gov	
Farmers Market (VJ Foundation)	222-3642
Finance Department	222-3600
Fire Administration	222-3420
3421 Ashworth Road • fire@wdm.iow	a.gov
Gas Service	•
Hazardous Waste	
Regional Collection Center	967-5512
Holiday Pool	
Housing Rehabilitation Program	
Human Resources	
Human Rights Commission	
Human Services	
139 6th Street • humanservices@wdm	
Senior & Disabled Transportation, Ene	
Assistance, Food & Clothing Pantry, H	
Prevention	Officiess
Illegal Waste Disposal	725 0268
http://www.iowadnr.gov	723-0200
State Dept of Natural Resources indust	rial or major
hazardous waste and chemical spills.	nai or major
Minor/Household Spills	222 2221
Job Hotline (City of WDM)	
www.wdm.iowa.gov	222-3010
Library	222 2400
4000 Mills Civic Parkway • library@v	222-3400
Legal Department	222-3323
4200 Mills Civic Parkway	
Marriage Licenses See Vi	tal Records
Mayor's Office	222-3610
Motor Vehicle License Plates/Reg	ISTRATION
Dallas County      Polk County	993-5812
Madison County	462-1542
Warren County	961-1111
Visit desiry	

Nature Lodge	222-3424
Raccoon River Park 2500 Grand Ave.	
One Call Underground Utility Line	es
811 OR 1-800-292-8989	
Parks & Recreation	222-3444
parkrec@wdm.iowa.gov	
Parking Violations (non-moving)	222-3600
Passports1-877	-487-2778
•	40/ 2// 0
Permits • Oversize Moving Permit	
	000 0 400
publicservices@wdm.iowa.gov	
<ul> <li>ROW/Excavation Permits (Sidewalk)</li> </ul>	
Engineering Services	222-3475
<ul> <li>Street/Lane Closures</li> </ul>	
publicservices@wdm.iowa.gov	.222-3480
Planning & Zoning	
developmentservices@wdm.iowa.gov	222-3020
	222222
Police Administration	222-3300
police@wdm.iowa.gov	
Police/Fire/EMS/Dispatch (Westco	
Emergency	
Non-Emergency	222-3321
250 Mills Civic Parkway	
Post Office	255-6471
430 5th St. WDM 50265 • usps.com	
Property Tax	
Dallas County	993-5808
Polk County	286-3060
Madison County	462-1542
Warren County	961-1110
Public Services	222-3480
publicservices@wdm.iowa.gov	
Public Transportation	See DART
Recycling - Curb It!	
Waste Management ww	w.wm.com
Missed Pickup/Questions	244-7336
Recreation Programs	222-3444
Rental Housing Inspector	222-3630
developmentservices@wdm.iowa.gov	
Senior Citizen Meals	274-0373
Sewer Stoppages/Repair	222-3480
publicservices@wdm.iowa.gov	
Shelter Rentals (Parks & Rec)	222-3444
School Districts	
Norwalk	
981-0676 • www.norwalk.k12.ia.u	S
<ul> <li>Van Meter</li> </ul>	
996-2221 • www.vmbulldogs.com	
Waukee	
987-5161 • www.waukeeschools.or	rg
<ul> <li>West Des Moines</li> </ul>	
633-5000 • www.wdmcs.org	
Social Security Offices 800	-772-1213
Street Light Outages	
MidAmerican Energy 1-888	-427-5632
Street Repairs/Cleaning	222-3480
publicservices@wdm.iowa.gov	

Taxes See P	roperty Tax
Tickets Moving Violations	
Dallas County	993-5816
Polk County	222-3772
Madison County	462-1542
Warren County	961-1032
Parking Violations (non-moving)	
Finance	222-3600
Traffic Signals/Street Signs	222-3480
publicservices@wdm.iowa.gov	
Trash Collection	265-7374
Waste Connections • www.wasteconn	ections.com
Tree Planting Permits	222-3417
publicservices@wdm.iowa.gov	
Utilities Mid American Energy	
Gas & Electric 1-888	-427-5632
EMERGENCY 1-800	-595-5325
One Call Line Locator 1-800	-292-8989
www.midamericanenergy.com	
Valley Junction Activity Center	222-3440
Valley Junction Foundation	222-3642
Vehicle Registration	
See Motor Vehicle License Plates/	Registration
Vital Records	
Dallas County	993-5804
• Polk County	286-3781
Madison County	462-3771
Warren County	961-1089
Voter Registration	
Dallas County	993-6914
Polk County	286-3080 462-3914
Madison County	961-1020
Warren County  Iowa Elections Division	
	281-8849
Water Treatment Plant	222-3465
West Des Moines Water Works	222 2440
Water/Solid Waste, New Service, Se Changes/Maintenance 1505 Railro	rvice
www.wdmww.com • waterworks@wd	myay com
Westcom	IIIWWW.COIII
• EMERGENCY	911
Dispatch Non-Emergency	222-3321
WestPet	
Animal Licenses • www.westpet.org	27 3-003 1
Yard Waste - Compost IT!	
Waste Management ww	M Wm com
General Info/Questions 1-800	796-9696
Missed Pickup 1-800	796-9696
т.	
Persons with disabilities are encoura	
to participate in City activities. Those	9
individuals seeking City services and	l in
need of special accommodations sho	ould
either contact the department sponso event or the ADA Coordinator.	oring the
event or the ADA Coordinator.	

### WDM Library Adult Programs

# **WDM** Public Library



Mission Statement: The WDM Public Library is a relevant and integral part of the community. The library enriches the lives of residents by providing convenient and timely access to information and ideas; by offering engaging activities and opportunities for personal and professional growth; by promoting a love of reading and learning; and by remaining responsive to the changing needs of its users.

### WDM Library Adult Programs

### **REGISTRATION INFORMATION**

All programs are held in the WDM Library Community Room unless otherwise indicated. All programs are free and require registration unless otherwise indicated. Registration dates are in brackets. You may register for most programs online at www.wdmlibrary.org.

### **PARENTING PROGRAMS**

**BABIES ON THE MOVE** Thu at 10 am: Apr 4, May 2, Jun 6, Aug 8 • 1 mo-18 mo & Parent

### **PARENT QUEST**

1st Fri 11-noon: Apr 5 | May 3 Parents of babies/toddlers/ preschoolers

See Youth Programs section for details.

### **PAPERCRAFTS C.L.U.B.**

Sat 10 am-4 pm: Apr 6, May 4, Jun 1, Jul 6, Aug 3

Be it scrapbooks, holiday cards, book folding, or coloring, we welcome all papercrafters! Bring a project and your own supplies (no sales at the event). We'll provide snacks and cutting tools. Sponsored by the WDM Library Friends Foundation. Registration preferred.



### **TECH: ONE-ON-ONE**

10-11:30 am: Apr 9 & 23, May 7 & 21 1 3-4:30 pm: Apr 17, May 15

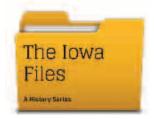
If you have a specific computer, mobile device, or other technology related questions, we're here to help! Sign up for assistance on setting up an email account, downloading eBooks, Word and Excel basics, online job applications, using online resources, and more. You may bring your own device; however, staff is unable troubleshoot or diagnose malfunctioning computers or devices. 30-minute sessions. Basic computer/mouse skills assumed. Registration required.

### **COLOR CONNECTION: ADULT COLORING CLUB**

2nd Tue 2-4 pm • Millie Knee Classroom

Apr 9, May 14, Jun 11, Jul 9, Aug 13

Guaranteed to cure rheumatism, chill blains, toothache, and warts! Okay, not really, but it IS relaxing and F-U-N! Bring your own supplies or use ours. Make the color connection! Sponsored by the WDM Library Friends Foundation. Registration preferred



# THE IOWA FILES: A HISTORY SERIES

Sun | 2:30-3:30 pm

The WDM Historical Society presents an lowa history series at the WDM Public Library. Ages 18 & up. No registration.



**Apr 14: REFUGEES & IMMIGRANTS IN IOWA -**Presenter Zelika Krvavica

Preserving the past for the future.

May 19: EXPLORING IOWA & ITS HISTORIC GEMS - Presenter Dan Kaercher

### **BEADING BASICS**

Tue, Apr 16 | 6:30 pm • Millie Knee Classroom

Learn to wire wrap as we create a pair of earrings. Must see well enough to thread a needle and be able to follow step-by-step instructions. Sponsored by the WDM Library Friends Foundation. Registration required.

### FRIENDS 4TH ANNUAL WINE & CHEESE AROUND THE U.S.

Fri, Apr 19 @ 6 pm • Raccoon River Nature Lodge

Sample wines and cheeses from around the country during our annual Friends fundraising event. See our website for event details and information on the Friends Iowa Author Series. The WDM Library Times program flyer is also available in the library. 222-3403 • wdmlibrary.org

### **CHECKMATES: CHESS & BOARD GAME CLUB**

4th Thu 6:30-8 pm: Apr 25, May 23, Jun 27, Jul 25, Aug 22

For those who know the basics, we'll provide chess sets and feature a different board game each month. No Nov/Dec Checkmates due to the holidays. Sponsored by the WDM Library Friends Foundation. Ages 6-adult. Registration preferred.

### **ADULT SUMMER READING CLUB:** A UNIVERSE OF STORIES!

Mon, May 20 - Fri, Jul 26

You could earn prizes by reading (or listening) to books! Reading logs and book review forms available online and in the library. See page 48 for details. Sponsored by the WDM Library Friends Foundation. 222-3403 • wdmlibrary.org

### **PUZZLETIME**

Tue, 2-3:30 pm: Jun 18, Jul 16 • Millie Knee Classroom

Do you like word searches, crosswords, or other word games? Join other "enigmatologists" like yourself for refreshments, friendly chitchat, and non-competitive word games – or just bring your coloring book along! Ages 18 & up. Registration preferred. 222-3403 • wdmlibrary.org

### QUICK & EASY HOLIDAY CARDS

Tue: 2-4 pm | Jun 25 [6/3] | Jul 23 [7/1] • Millie Knee Classroom

For this afternoon program, we'll make three simple thank you, thinking of you, or birthday cards. Friends sponsored. Ages 18 & up. Registration required.

### WDM WRITER'S CLUB 2nd & 4th Sat @ 10 am • Millie Knee Classroom

Informal meetings for accomplished or aspiring writers - share any form of writing and offer/ receive constructive criticism. Call for details. 515.222.3413

Sponsored by the WDM Library Friends Foundation



### **YA NOT CLUB READ**

2nd Thu @ 6:30 pm: Apr 11, May 9, Jun 13, Jul 11 | Locations TBA

If you're a "grown-up" who loves YA (Young Adult) books, WHY NOT join us for YA NOT Club Read - the not-so-serious book club? Books are distributed at the meetings. Remaining copies are available at the front desk. Anyone who has read the book is welcome. Registration required. courtney. bench@wdm.iowa.gov • 515.222.3403 • wdmlibrary.org

### **CLUB READ**

Tue @ 6:30 pm • Millie Knee Classroom

### May 7

What Was Mine by Helen Klein Ross

Before We Were Yours by Lisa Wingate Jul 2

The Immortalists by Chloe Benjamin

Books are distributed at the meetings. Remaining copies are available at the front desk or you may bring your own copy. Registration preferred.

### **CLUB READ SOCIAL**

Tue | 6:30-8:30 pm | Apr 2, Aug 6 • Community Room

Make new friends! Discover new authors! Bring an appetizer or dessert to share and we'll each talk about our top three reads since the last Social. Newcomers welcome. Registration preferred.

### **SILENT CLUB READ**

Mon: Apr 1, May 6 | 6:30-8 pm 6:30 pm: Social Time | 7:30 pm: Silent Reading • Millie Knee Classroom

Take time for YOU. We'll have beverages or you can bring your own covered drink. Spend a few minutes chatting about books with other bibliophiles, then relax with the book of your choice. Give yourself permission to sit back and soak in the quiet. Registration preferred.



# Support Adult Programs When You Join The Friends!

Friends memberships pay for many ADULT programs and services: Club Read and YA Not Club Read, Holiday Cards, Color Connection, Papercrafts C.L.U.B., Adult Summer Reading Club, Beading Basics, Iowa Author Series, Open Computer Lab, iPad lending, and more.

### Donations are tax deductible!

WDM Library Friends Foundation, 4000 Mills Civic Pkwy, WDM, IA 50265 • 222-3407 • wdmlibrary.org

# **EARLY LITERACY**

"Early literacy is what children know about reading and writing before they actually learn to read and write. It is not the teaching of reading, but is laying the foundation for reading so that when children are taught to read, they are ready." - from Early Literacy Storytimes @ Your Library by Pamela Martin-Diaz and Saroj Nadkarni Ghoting.

### Why is Early Literacy important?

Acquiring early literacy (pre-literacy) skills before school leads to reading achievement and academic success. Children who enter school with well-developed early literacy skills are ready to learn to read.

### What are the Six Early **Literacy Skills?**

- 1. Letter Knowledge knowing the names and sounds of letters; recognizing that the same letter can look different (upper vs. lower case, different fonts)
- 2. Narrative Skills being able to describe events and tell stories
- 3. Phonological Awareness the ability to hear and play with the smaller sounds that make up words
- 4. Print Awareness noticing print; the ability to handle a book; understanding how to follow the words on a page
- 5. Print Motivation showing interest and enjoying books
- 6. Vocabulary knowing the names of things





### What can YOU do to help your child?

- Allow your child time to talk while you listen attentively
- Encourage your child to handle books and "tell" you the story
- Provide an atmosphere that is fun and language rich
- Read often and make reading time an enjoyable time
- Read, sing, talk, and play with your child
- Write and color with your child to develop fine motor skills

### How can the WDM LIBRARY help?

- Ask a librarian for suggestions
- Use our recommended reading lists to find materials your child may enjoy
- Check out library materials to use at home
- Attend age appropriate library programs (see our Storytime Series)



# Storytime Series

Advance registration is required [date in brackets] and begins at 9 am. Programs are held in the Library Storyroom unless otherwise indicated. Storytimes are FREE! Register online, in person, or by phone, youth services | 515.222.3405 | wdmlibrary.org

Daycares with more than five children, please call the Youth Services Desk for information about programming for groups.

Our youth services STAFF are trained in early childhood development. Programs focus on early literacy skills and fun!

**STORYTIMES** offer an age-appropriate selection of books or stories; felt-boards; music and movement; interactive fingerplays and rhymes; puppetry and/or crafts.

**ACTIVITIES** reinforce pre-reading skills: • body part identification • counting • rhythm • sensory stimulation • fine/aross motor skills • animal sounds • creative play • and more - so preschoolers can become successful readers! Build a lifelong love of books and reading at the library!

### **MOTHER GOOSE TIME**

6 mo-2 yrs w/adult

Simple stories, gentle tunes, flannel boards, and nursery rhymes. Registration required.

Mon @ 9:30, 10 & 10:30 am: Apr 8, 15 & 22 [4/1]

### LAPSIT LAMBS

1 mo-18 mo w/adult

Language rich activities designed for pre-walking babies. Includes play ideas that are easily integrated into baby's everyday routine. Registration required.

Tue @ 9:30 & 10:30 am: Apr 9, 16 & 23 [4/1]

May 14, 21 & 28 [5/6]

Thu @ 9:30 & 10:30 am: Apr 11, 18 & 25 [4/1] May 16, 23 & 30 [5/6]

### **DROP-IN FAMILY STORYTIME**

0-6 w/adult

Stories, songs, and interactive fingerplays, No. registration!

Mon @ 6:45 pm: Apr 8, 15 & 22

Wed @ 9:30 & 10:30 am: Apr 10, 17 & 24

### **DROP-IN OLIVER'S PUPPY TALES**

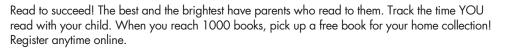
0-6 w/adult

Enjoy stories and more with little Oliver, followed by gross and fine motor play. Library Community Room. No registration.

Thu @ 10:30 am: Apr 11, 18 & 25 Fri @ 10:30 am: Apr 12, 19 & 26

### 1000 BOOKS BEFORE KINDERGARTEN

0-6 yrs & Parents



# Youth PROGRAMS

Many of our events fill quickly and have a waiting list. Please let us know a.s.a.p. if you are unable to attend a program. If you do not arrive within 10 minutes of the start time, your spot will be offered to the next person on the waiting list.

All youth programs are free and most require advance registration, which begins at 9 am on the date in brackets.

Programs are held in the Library Community Room unless otherwise indicated.

Register in person, by phone, or online. youth services | 515.222.3405 wdmlibrary.org

### KIDS CLUB READ

If you like to read and talk about books, this group is for you! Join us for discussion and activities related to each month's book. Sign up at the Youth Services Desk.

### 1st Thu | 4:15 pm | ages 8-12

Apr 4 – Wings of Fire by Tui T. Sutherland May 2 – The Magic Thief by Sarah Prineas

### **PARENTING PROGRAMS**

### **BABIES ON THE MOVE** Thu at 10 am : Apr 4 [12/3] | May 2

[4/1] 1 mo-18 mo & Parent

Parent/child programs. Enjoy moving and grooving with our littlest library patrons! Registration required.

### **PARENT QUEST**

1st Fri 10 am | Parents of babies/ toddlers/preschoolers

Parents learn while their children play with Imagination Playground blue blocks. Presented by Jessica Pierce, Early Childhood Parent Educator. WDMCS Community Education. Refreshments provided. Registration required.

### Apr 5 [3/4] Coping with Criticism -

Criticism is a fact of life and how you handle it can seriously affect your self-esteem. Let's take a look at how we can feel good about our parenting choices.

May 3 [4/1] Healthy Meals & Snacks for **Summer** – Ellen Davis, Hy-Vee Sports Dietitian, will give tips on summer meals and snacks.

### **TEEN GROUP SERVICE PROJECT (GSP)**

1st Wed | 3-5 pm: Apr 3, May 1 | ages 14-18

If you need volunteer hours, we need responsible students to do various library projects and tasks. No experience necessary, but positions are limited! For more information contact wdmlibraryvolunteers@wdm.iowa.gov.

### **TEEN ADVISORY BOARD** (TAB)

2nd Wed (May-Sep) | 3-4 pm | ages 12-18

Apr 10, May 8 • Millie Knee Classroom

Earn volunteer hours AND make the library a better place for teens! TAB members give input in teen activities and young adult materials; host fundraisers for teen programming; participate in community activities; help with youth programs; and more. Stop by a meeting or pick up an application today!

515.222.3405 | youthservices@wdm.iowa.gov

### WDM WRITES **POETRY NIGHT** Thu, Apr 11 | 6:30 pm | all ages

Celebrate National Library Week and Poetry Month with a live poetry reading event! Winners from the 2019 WDM Writes Poetry Contest will share their winning works.

Everyone is welcome!



### **AFTER SCHOOL LEGO ADVENTURES**

Wed | 3:45 pm: Apr 17 [4/1] | May 15 [5/6] | ages 5-12

With LEGOs you can build anything, so have an exciting afternoon at the library. Who knows what you might create? Registration required.

### WDM COMMUNITY **READS AUTHOR VISIT** WITH LAURIE HALSE **ANDERSON**

Wed, Apr 24 | Time TBA

Mark your calendars! Laurie Halse Anderson is coming to town for an evening presentation open to the community. More details will be announced soon. Proudly presented by West Des Moines Community Schools, West Des Moines Library, and West Des Moines Rotary Club.

### WORD.

Wed, Apr 24 [4/1] | 3 pm | ages 12-18

Word is a monthly handout for teens. Some months we will create. Some months we will build. Some months we will eat snacks or watch a

Every month it will be rad. Come to Word this month. Registration required.

### **CHECKMATES: CHESS & BOARD GAME CLUB**

4th Thu 6:30-8 pm: Apr 25, May 23, Jun 27, Jul 25, Aug 22 | ages 6-adult

For those who know the basics – we'll provide chess sets and feature a different board game each month - or bring your own! To learn the game, see Ben Munson's Chess Club below. Sponsored by the WDM Library Friends Foundation. Registration preferred.

### **BEN MUNSON'S CHESS CLUB**

Mon I 6:30 pm I all ages

Offered most Mondays, this is a non-competitive environment for playing chess, learning chess or discussing all things chess. Program is not monitored by Library staff. See library calendar for specific dates. No registration.

### **MAY BASKETS**

Tue, Apr 30 | 10:30 am | ages 0-6

Tra la...it's May! So come to the library and make May baskets to share with your friends. Registration required [4/1].

### SHAKE, RATTLE & ROLL

Thu, May 9 & Fri, May 10 | 9:30 am (ages 1-4) | 10:30 am (ages 2-6)

Bop into to the library to rock'n'roll, do The Stroll, twist and shout, sing it out...in this upbeat music and movement program. Registration required [5/6].

### ONE PASS, FOUR **ADVENTURES**

WDM Library users with a card in good standing may check out passes to four local attractions: The Blank Park Zoo, Greater Des Moines Botanical Gardens, Living History Farms, and Science Center of Iowa.

See our website for more information. wdmlibrary.org/advpass



### **HOTSPOTS**

Check out "HotSpots" from the WDM Library! HotSpot devices provide password-protected wi-fi access in places where it might not otherwise be available, like road trips, camparounds, etc. Available to WDM residents, ages 18 & up, with WDM Library cards in good standing (no lost items or fines). Users are financially responsible for lost or damaged HotSpots. 515.222.3403



# If You Enjoy our Youth Programs, **Please Join The Friends!**

- Friends memberships pay for many library youth programs throughout the year.
- During the 2017-18 Fiscal Year, the library offered 574 children's programs with 34,526 attendees.
- Memberships provide incentives to the 2500 youth participating in Summer Reading Club; SRC encourages readers to keep learning over the break!

### YOUR DONATION IS TAX DEDUCTIBLE!

**WDM Library Friends Foundation** 

4000 Mills Civic Pkwy, WDM, IA 50265 • 222-3407 • wdmlibrary.org

### SUMMER READING CLUB 2019

Reach for the stars! Our Summer Reading Club (SRC) encourages reading and learning for ALL ages (babies-adults). This year's theme is A Universe of Stories! - and it's sure to be out of this world! Register and pick up your reading log at the youth services desk, or sign up and print online at wdmlibrary.org.

Sign up for ALL Summer Reading Clubs begins Mon, May 20.



As always, our SRC programs would not exist without the support of the WDM Library Friends Foundation.

### **Benefits of Summer Reading Club:**

- Motivates children to read.
- Develops positive attitudes about reading, books, and the library.
- Maintains reading skills over the summer vacation.
- Provides access to experiences that further their sense of discovery.
- Offers opportunities to work cooperatively with others.



# Summer Reading Club 2019

### **YOUTH SUMMER READING CLUB**

Ages 0-18 are invited to enter cosmic contests; complete your reading goals at warp speed; and end the summer with a big bang at our final party (Sat, Jul 27). Pick up your reading log at the youth services desk, or register and print online.

### **ADULT SUMMER READING CLUB**

Adults (18+) share the same summer reading theme! Enter weekly prize drawings - just for reading (or listening) to books! Set a course for the library to pick up your Reading Log and Book Review Forms. Also available online.

### **YOUTH PROGRAMS:**

You're the captain of your own starship when you chart (plan) your summer schedule around the library's special events. Meet the challenges of Survivor; discover alien creatures at our Blank Park Zoo visits; celebrate Harry Potter's birthday; and more! Don't let your summer fall into a black hole! Sign up for library programs a.s.a.p. on registration days listed below. Check our website at wdmlibrary. com for more information.

June program registration begins Mon, Jun 3 July program registration begins Mon, Jul 1 Register in person, by phone, or online. youth services • 515-222-3405 • wdmlibrary.org

### **ADULT PROGRAMS:**

Crawl out of that crater and put on your asteroid belt! We're over the moon about our adult summer programs. Celebrate the spectrum at Color Connections: Adult Colorina Club; make three Quick & Easy Cards at the speed of light; or explore the final frontier at PuzzleTime - with theme-related word searches, refreshments, and friendly intergalactic chitchat! For more details, check our website.

Due to the popularity of our programs, registration for events often fills quickly and has a waiting list. If your student does not arrive for a program within the first 10 minutes of the event's start time, we will invite others from the waiting list to take his or her spot.

# WDM Library services

**Questions?** Call 222,3400

All services are free unless otherwise indicated.

### LIBRARY HOURS

(Labor - Memorial Day) Mon-Thu: 9 am-9pm | Fri: 9 am-6 pm Sat: 9 am-5 pm\* | Sun: 2 pm-5 pm\*

\*SUMMER HOURS

Sat: 10 am-4 pm | Sun: Closed Call or check our website for holiday hours.

515.222.3400 • wdmlibrary.org

### GET A LIBRARY CARD...IT'S FREE!

Present a valid ID with proof of current address. Residents of WDM, DSM, Ankeny, Clive, Urbandale, and Windsor Heights may apply. Cards are valid for three years (no renewal fee).

### WDMLIBRARY.ORG

Access the library 24/7 from the comfort of home. See today's news and events on our homepage; search for items in our catalog; check your account: renew materials: use online databases: sign up for programs; make a donation; or visit blogs for Kids, Teens, and Adults.

### MY ACCOUNT

### BY PHONE OR ONLINE

Use your library card barcode and pin number to access "my account login." See titles checked out/due dates; requested items/wait list positions; and overdue materials/charges accrued. Renew all items or individual titles if you have the barcodes.

515.225.1576 • wdmlibrary.org

### WE TAKE RESERVATIONS (ITEM REQUESTS)

Request items by phone or online from your account. We'll let you know when it's ready to pick up. If we don't own it, we can usually get it for you within a short time. Long wait list? Don't worry. We buy one copy for every six book reserves.

515.222.3400 • wdmlibrary.org

### **MOBILE ACCESS**

Browse the library catalog, hold or renew a book, check your account, find events, and more with any internet-connected mobile phone. Search your app store for West Des Moines Library and download. It's free.

515.222.3400 • wdmlibrary.org/app





### **RESEARCH**

### **REFERENCE TOOLS**

From our homepage, find links to great websites, listed by category: Life Links; Books, Music and Entertainment; Hobbies and Interests; Local Interest; Government; General Reference; and Travel and the Outdoors. Got a guestion? We can help!

515.222.3403 • wdmlibrary.org

### **DATABASES**

We have a variety of electronic resources available in the library; most are also accessible from home. We have 40+ online exclusive services to choose from on our website on a variety of topics, i.e. business, genealogy, periodical searching, readers' advisory, travel, hobbies, and more.

515.222.3403 • wdmlibrary.org/databases

### USING THE LIBRARY

### **E-CONTENT**

The library has eBooks and eAudiobooks, plus digital magazines, graphic novels, and eComics! Bridges, Flipster, World Cinema Collection, InstantFlix, and more. Get details online or at the Reference Desk

515.222.3403 • wdmlibrary.org

# PUBLIC MEETING & STUDY ROOMS

Available for public use at no charge: small rooms for 8 people, Millie Knee Classroom (20), Community Room (60). Call for guidelines/reservation details.

515.222.3400 • wdmlibrary.org

# HOMEBOUND DELIVERY: WE MAKE HOUSECALLS!

If you are a WDM resident, unable to come to the library for health reasons, and interested in receiving regular monthly visits from a volunteer, give us a call.

515.222.3400 • wdmlibrary.org

### **BOOK CLUB COLLECTION**

The library has multiple copies of past Club Read titles available for local book clubs to borrow. See our website for titles list. Advance reservations required.

- 515.222.3585 children's titles
- 515.222.3410 adult titles wdmlibrary.org

### CALENDAR

### **SCHEDULE OF EVENTS**

Check our online calendar for events and descriptions. Searchable by event type and age group. Selecting an event will link to the online registration form (if required). You may also register in person or by phone.

515.222.3400 • wdmlibrary.org

Our community library is fortunate to have the support of the WDM Library Friends Foundation – a volunteer-based, non-profit organization. Each year, the Friends contribute \$12,000 to library programming. In addition, Friends Memberships funded these special projects:

Rotating Outreach Collection
 Outreach Van • TaleTrail • Charging
 Stations • BookPage Subscription • Laptop
 Lab • iPads • Artwork • Flannel Board •
 Summer Reading Clubs • and More!

### WDM LIBRARY FRIENDS FOUNDATION MAKES A DIFFERENCE

Contributions mean more programs and more books for YOU!

O Your donations are tax deductible O

**WDM Library Friends Foundation**4000 Mills Civic Pkwy, WDM, IA 50265
515.222.3407 • wdmlibrary.org

Like the Friends on Facebook @ WDMLibraryFriends



### SUPPORT THE LIBRARY

# FRIENDS FOUNDATION: GIFTS & MEMORIALS

Honor friends, family, or special occasions through the Book Buy Book program. Your tax-deductible donation (\$25 per book) builds a better library collection for all to enjoy. Larger gifts may fund a special project or the Friends endowment. Online donations accepted.

515.222.3407 wdmlibrary.org/ support-the-library/friends-foundation

### FRIENDS BOOK SALE AREA

Find great bargains in the corner by the children's periodicals – from 10¢ magazines to \$1 hardbacks – adult and children's titles. Coordinated by the Friends Foundation, proceeds benefit library programs and collections. • 515.222.3400

### **VOLUNTEER**

Applications available at our service desks or online. We need reliable adult volunteers, especially in our homebound delivery program. Student applicants must be age 13 or older AND completed 7th grade. Summer applications available in early April; Group service projects during the school year.

515.222.3400 • wdmlibrary.org





### MORE THAN BOOKS

Your library is more than a warehouse for books. It's a place to meet, discover, relax, and enjoy a variety of reading, viewing, and listening materials.

### **TECHNOLOGY & EQUIPMENT**

Available for use in the library: photocopier, fax, interactive storybooks, word processing, free Internet and wireless access. Overhead projector and iPads available for checkout. Hate long lines? Try a 3M SelfCheck machine!

515.222.3400 • wdmlibrary.org



### **KIDS TEENS ADULTS**

### LIBRARY BLOGS

From our homepage, click on KIDS, TEENS, or ADULTS and select BLOG. Get the latest program updates, book lists, staff picks, reading/literacy tips, and more.

### **YOUTH SERVICES**

The first floor Youth Services Department includes books for babies through 6th grade, as well as audiobooks, music, movies, magazines, puzzles, and puppets. Our kids' area is equipped with train, lightbox, and Lego Duplo tables which encourage creative play. You'll find Young Adult (YA) materials upstairs, along with comfy seating and study tables. For info on programs and activities, drop in or check out our website.

515.222.3403 • wdmlibrary.org/teens

### **SOCIAL NETWORKS**

Find links to Twitter, Facebook, and Pinterest on our homepage. Like us on Facebook. Follow us on Twitter @wdmlibrary, @wdmlibrarychild or @wdmlibraryteen to receive "tweets" (updates) on library happenings. Our Pinterest page includes Activities for Kids, Book Club Picks, Staff Picks, and more!

515.222.3403 • wdmlibrary.org





### YOUR LIBRARY STORY

In 500 words or less, tell us how the WDM Library has made a difference in YOUR life. Selected stories will be featured on our website or promotional materials (with permission). For details, visit wdmlibrary.org/ tell-us-your-library-story

### WDM LIBRARY TALETRAIL

From the library through the tunnel to Ashawa Park, the TaleTrail features kiosks that slowly reveal a children's story. Sponsored by private donations and the WDM Library Friends Foundation in memory of Dr. Robert C. Brooks. New tales quarterly.

### **DRIVER'S LICENSE RENEWAL** KIOSK

Renew your lowa driver's license at the library! The DOT kiosk issues a temporary document; the new license or ID will be mailed to the user. Credit/debit cards accepted; no cash. Available during library hours. See our website for details and restrictions. wdmlibrary.org/using-the-library/iowadotdrivers-license-renewal-kiosk



# **WDM** Human Services

"The ♥ of the Community"

WDM Human Services has been helping community members since 1979. As a department within the City of West Des Moines, WDM Human Services provides necessary assistance to low-income, elderly and disabled individuals in our service area. Basic needs such as food, clothing, shelter, transportation and emergency financial assistance are a few of the critical services provided by WDM Human Services.

For 40 years, we have provided assistance to community members during emergency situations to ensure their well-being and to improve their quality of life. WDM Human Services partners with members of the community to provide support and assistance. If you would like to help us meet our community need, please call 273-0633.







### **Human Services** Mission:

"To provide opportunities for citizens to improve and enhance their quality of life and sense of community through the programs and services available."

### TRANSPORTATION

description	contact/ location	dates days/times	eligibility/ qualifications	fee
APPOINTMENTS Transportation is available for necessary medical appointments, recreational group trips, Human Services referral trips and for other trips as time allows (i.e., grocery store, bank)	Trans. Supervisor <b>222-3661</b>	M – F 8am – 4pm	Seniors (60+), disabled and low-income residents of WDM     Reservations must be made by noon, two business days in advance	donations encouraged
SENIOR DINNER CLUB Seniors (60+) have the opportunity to enjoy each others dining company while at one of our local restaurants.	Trans. Supervisor <b>222-3661</b>	First Tuesday of each month	WDM senior residents (60+)     Reservations must be made by noon, two business days in advance	Cost of your dinner Transportation FREE (donations encouraged)

### CITIZENS WITH SPECIAL NEEDS

### **FRIENDSHIP** CONNECTION

Friendship Connection is a program for adults with special needs.

Human Services Staff 222-3665 Thursdays 10am -11:30am

 Adults with special needs NONE



Friendship Connection

Friendship Connection is offered every Thursday from 10:00am to 11:30am through WDM Human Services at various locations throughout the community. Participants socialize, play games, sing and have fun! Organizations throughout the community also make special presentations on occasion. To learn more, or to register as a participant, volunteer or presenter, please call 222-3665 or visit our website at www. wdm.iowa.gov/HumanServices.



# FOOD

description	contact/ location	dates days/times	eligibility/ qualifications	fee
DMARC FOOD PANTRY Food is available at WDM Human Services for households in need.	Human Services Staff <b>222-3660</b>	M 8:30am - 3pm T 8:30am - 3pm W 8:30am - noon TH8:30am - 3pm F 8:30am - noon 2nd & 4th Tues of each month 4 pm - 6 pm	Must provide ID for all household members	NONE Funding for this program is provided by USDA which is an equal opportunity employer.
HOLIDAY FOOD ASSISTANCE Food assistance for the holidays is available to eligible WDM households.	Human Services Staff <b>222-3660</b>	<ul> <li>Walk-ins welcome</li> <li>Deadlines apply – see website</li> </ul>	<ul> <li>WDM resident</li> <li>Proof of income</li> <li>Proof of address</li> <li>ID required for all household members</li> </ul>	NONE
BREAD DISTRIBUTION Donated bakery items are available weekdays for households in need.	Human Services Staff <b>222-3660</b>	M - F 9am	NONE	NONE
SUMMER FOOD SERVICE PROGRAM The state of lowa and WDM Community Schools provides a free summer lunch program to ensure children from low-income homes receive adequate food while not in school.	Human Services staff <b>222-3660</b>	Lunches served M-F, beginning in June – See website for dates, times and locations.	All children 18 years or younger	FREE for children 18 years or younge
GARDEN PROGRAM Offset the cost of food by growing your own garden.	Human Services Staff <b>222-3660</b>	M 8am - 3pm T 8am - 3pm W 8am - noon TH 8am - 3pm Registration begins in April	<ul> <li>WDM resident</li> <li>Proof of income</li> <li>Proof of address</li> <li>ID required for all household members</li> </ul>	NONE

# HOUSEHOLD ASSISTANCE

description	contact/ location	dates days/times	eligibility/ qualifications	fee
ENERGY ASSISTANCE (LIHEAP) The Low Income Home Energy Assistance Program (LIHEAP) helps qualifying households with their primary heating costs during the winter.  Dallas County Residents is assistance at the Dallas Cou Development Cente 2814 1st St., Perry, IA 5 465-5185	nty Family r,	M 8am - 3pm T 8am - 3pm W 8am - noon TH 8am - 3pm Application period begins:  10/1 for seniors (60+) and disabled households by appointment 11/4 for all other households Application period ends the last business day in April	<ul> <li>Low-income households in Polk County</li> <li>Social security card &amp; date of birth for all household members</li> <li>Past 30 days of verifiable income from all sources for all household members, or 2017 income tax return</li> <li>Current MidAmerican Bill</li> </ul>	NONE
EMERGENCY FINANCIAL ASSISTANCE Emergency Assistance is available to avoid housing evictions and utility disconnections to eligible households.	Human Services Staff <b>222-3660</b>	M 8am - 3pm T 8am - 3pm W 8am - noon TH 8am - 3pm	Low income WDM residents     Residents must present lease or utility bill     Past 30 days of verifiable income from all sources for all household members, or 2017 income tax return     ID required for all household members	NONE

### ASSISTANCE WITH GOVERNMENT **FORMS**

Government forms are not always easy to fill out. WDM Human Services is here to help. Includes forms for DHS and tax rebates. Human Services Staff 222-3660

M 8am - 3pm Service area T 8am – 3pm residents

W 8am - noon TH 8am - 3pm





### YOUTH ASSISTANCE

description	contact/ location	dates days/times	eligibility/ qualifications	fee
YOUTH RECREATIONAL ASSISTANCE Limited scholarships for recreational/educational youth activities offered through WDM Parks & Recreation are available to eligible households.	Human Services Staff <b>222-3660</b>	M 8am - 3pm T 8am - 3pm W 8am - noon TH 8am - 3pm	<ul> <li>WDM resident</li> <li>Proof of income</li> <li>Proof of address</li> <li>ID required for all household members</li> </ul>	50% off program fee (client pays balance)
SCHOOL SUPPLIES School supplies are available on a limited basis in August including classroom supplies and backpacks.	Human Services Staff <b>222-3660</b>	<ul><li>See website for dates</li><li>Registration begins in July</li></ul>	<ul> <li>WDM resident</li> <li>Proof of income</li> <li>Proof of address</li> <li>ID required for all household members</li> </ul>	NONE
HOLIDAY ASSISTANCE Need help with the holidays? Programs are available for qualifying WDM households including Adopt-A-Family and Toyland.	Human Services Staff <b>222-3660</b>	<ul> <li>Walk-ins welcome</li> <li>Deadlines apply – see website</li> </ul>	<ul> <li>WDM resident</li> <li>Proof of income</li> <li>Proof of address</li> <li>ID required for all household members</li> </ul>	NONE
POOL PASSES  Pool passes are available to low-income residents of West Des Moines.	Human Services Staff <b>222-3660</b>	M 8am - 3pm T 8am - 3pm W 8am - noon TH 8am - 3pm Registration begins in April	<ul> <li>WDM resident</li> <li>Proof of income</li> <li>Proof of address</li> <li>ID required for all household members</li> </ul>	Reduced Rate – varies depending on household income
HOUSING				
HOUSING	Housing	M – F	• Eligible homeless	

# **SOLUTIONS**

A short-term rental and support services program (Rapid Rehousing) for homeless families residing in emergency shelters with minor children

Solutions Coordinator 222-3666 8am - 4pmLimited

availability

participants will need to meet HUD homeless guidelines and income criteria

 Must be referred by Primary Healthcare (515-248-1850)

### **CLOTHING CLOSET**

description	contact/ location	dates days/times	eligibility/ qualifications	fee
Gently used clothing and housewares are available to those in need on a monthly basis.	Human Services Staff <b>222-3660</b>	T 8:30am - 3pm W 8:30am - noon TH8:30am - 3pm	resident  ID required for	NONE (donations encouraged)
This is a community suppo program — donations of c small housewares are alw.	lothing and	2nd & 4th Tues of each month: 4 pm – 6 pm	all household members	



# PERSONAL DEVELOPMENT

for adults whose first language is not English. Transportation available on a limited basis.	Human Services Staff <b>222-3660</b>	T & TH 10am - noon	<ul> <li>Pre-registration required</li> <li>Limited # of participants</li> </ul>	\$30 book fee
HISET CLASSES For individuals seeking to earn their high school equivalency diploma. DMACC instructors lead the classes.	DMACC staff <b>256-4924</b>	M & W 6pm – 9pm	<ul><li>Registration required</li><li>Must be 18 yrs or older</li></ul>	NONE

### **ELDERLY ASSISTANCE**

### **HANDYMAN SERVICES**

Services include lawn mowing, snow removal and minor exterior home repairs for low-income, elderly and disabled residents of WDM.

Human Services Staff 222-3660 M – F 8am - 5pm • Income - eligible seniors (70+) or income-eligible disabled residents of **WDM** 

 Registration required

NONE (donations encouraged)

### **VOLUNTEER TODAY!**

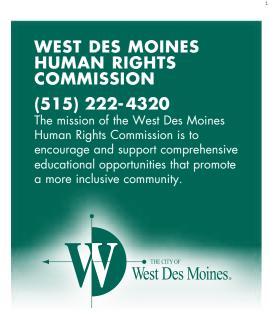
Volunteers are needed in the Clothing Closet, Food Pantry and for ESL classes at West Des Moines Human Services. Opportunities are available Monday through Friday between 8:30 am and 4:00 pm as well as on the 2nd and 4th Tuesday of each month from 4:00 pm to 6:00 pm. Convenient location in Valley Junction neighborhood. Must be 14 years or older. To learn more, please contact Mindy Hotovec at 222-3663 or visit www.wdm.iowa.gov/HumanServices.





West Des Moines residents who are seniors (age 60+), disabled, or low income can receive free transportation to necessary appointments. Rides are provided with a fleet of four vehicles, three wheelchair accessible buses and one van. The service operates Monday through Friday all year. Transportation is also provided for recreational outings like the "Senior Dinner Club," as well as trips to the bank, grocery store, barber, etc. as time allows. Reservations required by noon, two business days before a ride is needed.

Please call 222-3661 for more information or to schedule a ride.







### **FREE High School Equivalency Classes** at WDM Human **Services**

High School Equivalency classes (HSED) are now being offered at West Des Moines Human Services. The classes are offered through a program called Bridges to Success which is a collaboration between DMACC and United Way of Central Iowa. The program helps students earn their high school diploma and pass the HiSET tests, opening up job and career opportunities. DMACC instructors lead the classes.

To sign up or learn more, visit bridgesdsm.org or call 515-256-4924.







Partner with WDM Human Services to help our neighbors in need!



### WDM Human Services Current Needs

### **Personal Pantry:**

Each month WDM Human Services assists approximately 400 low-income households with personal care products. We need your help to meet the needs in our community. The following items are needed on an on-going basis:

- Laundry detergent
- Shampoo and Conditioner
- Deodorant
- Feminine hygiene products
- Toilet Paper
- Toothbrushes and toothpaste
- Diapers
- Soap

### **Clothing Closet:**

Our clothing closet is in need of new or gently used children's, teen, and adult clothing and shoes. We also need towels, sheets, blankets, toys and small household items. Clothing Closet donations are accepted Monday through Friday, 8:30am - 4pm, at 139 6th Street in West Des Moines. Donations are also accepted on the 2nd and 4th Tuesday of each month from 4:00pm to 6:00pm. Donation receipts are available.



### **ESL Classes at WDM Human Services**

English as a Second Language classes for adults are now being offered at West Des Moines Human Services. The classes take place on Tuesday and Thursday mornings from 10 am to noon in eight week sessions. Volunteer tutors are needed to assist with the classes. Volunteers will provide small group and one-on-one instruction for adult learners. Knowledge of a second language is not necessary to volunteer.

Call 222-3663 for more information or to register as a student or volunteer!

# WDM FACILITY MAP



- 1 City Hall: 4200 Mills Civic Pkwy
- 2 Public Safety Station #19: 8055 Mills Civic Pkwy
- 3 Fire Station #21: 3421 Ashworth Road
- 4 Human Services: 139 6th Street
- **5 WDM Public Library:** 4000 Mills Civic Pkwy
- **6 Law Enforcement Center:** 250 Mills Civic Pkwy
- 7 Public Services: 560 S. 16th Street 8 Fire Station #17:
- 1401 Railroad Avenue

- 9 Westside Fire Station #22: 1801 68th street
- 10 Fire Station #18: 5025 Grand Avenue
- 11 Valley Junction Activity Center: 217 5th Street
- 12 Nature Lodge: 2500 Grand Avenue
- 13 Holiday Aquatic Center: 1701 Railroad Avenue
- 14 Valley View Aquatic Center: 255 S. 81st Street
- 15 Water Works Plant: 1505 Railroad Avenue



**Des Moines Area Community College West Campus** 

5959 Grand Avenue. West Des Moines

**DMACC West Campus is** located approximately 1/2 mile west of I-35



SPRING / SUMMER 2019

# **WDM PARKS & RECREATION**

PROGRAM GUIDE



We provide our community everyday enjoyment through people, parks and programs.







# **Registration Starts:**

**RESIDENTS:** 

March 5 | 8am

NON RESIDENTS:

March 19 | 8am

### **CONTENTS**

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WDM Parks & Recreation	
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WDM Parks and Recreation registration

# **WAYS TO** REGISTER



Scan & Register with your mobile device.

- Online:
  - www.wdm.iowa.gov/ParkRecReg
- Mail-In:
  - P.O. Box 65320, WDM, IA 50265
- Call-In: 222-3444

# .wdm.iowa.gov/ParkRecR REGISTER ONLINE AT

### WDM Parks and Recreation policies

### **POLICIES**

Φ

### **RECREATION PROGRAM REFUND POLICY**

Please call the West Des Moines Parks and Recreation Department Administrative Office at 515-222-3444 Monday - Friday, 8:00 a.m. - 5:00 p.m. to request a refund.

- 1. Full refunds will be given if the request is submitted no later than 7 days prior to the program start date.
- 2. Refund requests submitted less than 7 days before the start date will be charged a \$10.00 withdrawal fee.
- 3. Requests for refunds submitted after the event start date or completion of the program will not be considered.
- 4. Please allow 2-3 weeks to process a check refund for payments originally made by cash or check. No cash refunds will be given.
- 5. Payments made by credit/debit card will be refunded back to the original credit/debit card.
- 6. The Recreation Program Refund Policy does not apply to travel programs or adult sport leagues.
- 7. Refunds for medical situations will be considered on a case by case basis.

### **CANCELLATION POLICY**

We reserve the right to cancel a program or activity that does not meet the minimum number of participants necessary to offer the program.

### **REGISTRATION CHANGE FEE**

A fee of \$5 will be charged for each Registration Change made after participants are enrolled in a program.

### **RECREATION PROGRAM ASSISTANCE**

Fee discounts are available for WDM residents meeting guidelines for assistance. Applications are available at WDM Human Services, 139 6th Street.

### **ACCOMMODATIONS**

It is the responsibility of the individual with a disability requiring accommodations to inform the Parks and Recreation Department, at least 48 hours in advance. Please call **222-3444** to have accommodations provided.

### **ANTI-BULLYING STATEMENT**

The Parks & Recreation Department will not tolerate bullying\* in any youth program or activity, and staff will do all they reasonably can to create a safe space for participants, regardless of an individual's actual or perceived age, color, creed/ denomination, national origin, race, religion, marital status, sex, sexual orientation, gender identity, physical attributes/appearance, physical or mental ability or disability, ancestry, political belief, socioeconomic status, or familial status.



\*For the purposes of this statement, bullying is defined as the unwanted, aggressive use of physical, social or mental/intellectual power to control, harm or humiliate another person in a repetitive or pervasive manner.

### **REGISTRATION FORM ON PAGE 63**

### **West Des Moines Parks & Recreation Department Facilities**

Administrative Office at WDM City Hall 4200 Mills Civic Parkway	<b>l</b> 222-3444
Raccoon River Park Nature Lodge 2500 Grand Avenue	222-3424
Raccoon River Park Archery Facility 2500 Grand Avenue	222-3424
Raccoon River Park Dog Park 2500 Grand Avenue	222-3444
Raccoon River Park Softball Complex 2500 Grand Avenue	222-3505
Valley Junction Activity Center 217 5th Street	222-3440
<b>Holiday Aquatic Center</b> 1701 Railroad Avenue	273-0700
<b>Holiday Park Baseball Complex</b> 1701 Railroad Avenue	222-3454
Valley View Aquatic Center 255 S. 81st Street	273-0700
<b>Jordan Cemetery</b> 2950 Fuller Road	222-3444
Weather Cancellation Hotline	222-3500





### **Jordan Cemetery**

A resting place for many of the founding families of West Des Moines, Jordan Cemetery is located at 2950 Fuller Road. Jordan Cemetery dates back to 1846 when James Jordan arrived in Polk County and homesteaded in the area. The cemetery is now operated by the Parks & Recreation Department and continues to provide cemetery lots for sale. If you would like information, please contact the Parks & Recreation Office at 222-3444.



### **West Des Moines Parks**

American Legion Park.	.301 Vine St.
Ashawa Park	.4431 Waterford Dr.
Brookview Park	.400 81st St.
Crossroads Park	.5205 Ashworth Rd.
Fairmeadows Park	.543 22nd St.
Florer Park	.1410 Locust St.
Holiday Park	.1701 Railroad Ave.
Huston Ridge Park	.8455 Coachlight Dr.
Jaycee Park	.5608 Center St.
Jordan Creek Park	.310 50th St.
Kiwanis Park	.3101 Maple St.
Knolls Park	.5150 Aspen Dr.
Maple Grove Park	.9350 Chalk St.
Meadowview Park	.638 Prairie View Dr

### Valley Junction Activity Center

Located in the heart of Valley Junction, the Valley Junction Activity Center offers a variety of meeting and social function spaces that can meet your needs. On the first level there are flexible rooms that can accommodate groups from 20 to 100 people depending on your set up requirements.

The Grand Ballroom is located on the second level of the building which offers space for seated functions for groups as large as 200 people. The Ballroom has been updated with a new maple wood floor, ceiling and lighting updates, a fresh coat of paint, and new windows. It is a great space for large family or business dinner affairs as well as wedding receptions.

Give us a call at 222-3440 to check rates and availability today!



Pearson Park	.1256 19th St.
Peony Park	.1100 63rd St.
Quail Cove Park	.1515 South 52nd St.
Raccoon River Park	.2500 Grand Ave.
Railroad Park	.425 Railroad Ave.
Scenic Valley Park	.1223 South 24th Ct.
Southwoods Park	.350 South 35th St.
Valley View Park	.255 81st St.
Western Hills Park	.4115 Walnut St.
Wild Rose Park	.6801 Cody Dr.
Willow Springs Park	.5685 Wistful Vista Dr.
Wilson Park	.298 9th St.
Woodland Hills Park	.1230 South 95th St.

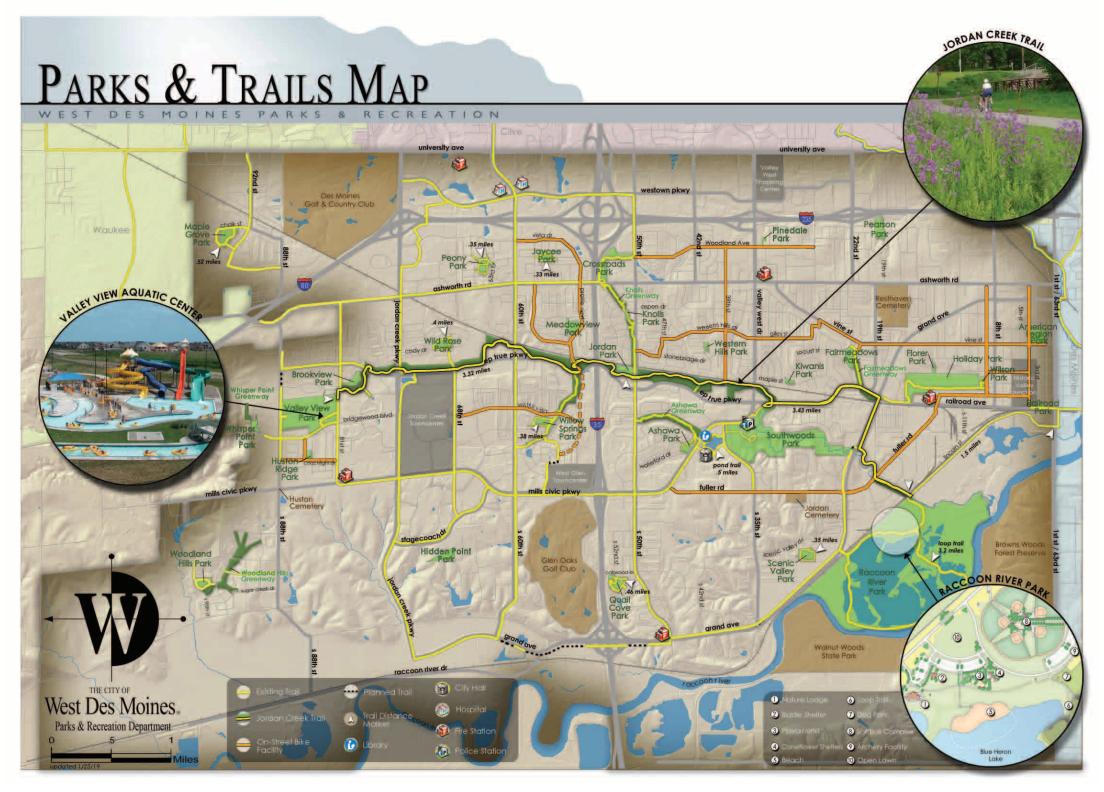
### Raccoon River Park Nature Lodge

Are you looking for a room with a view to hold that family function or business meeting? The Raccoon River Park Nature Lodge is the place for you. The Lakeview Room provides a panoramic view of Blue Heron Lake in Raccoon River Park. This unique setting provides a quality experience for your guests to enjoy and offers a variety of space and services to make planning your event as easy as one...two...three.

The Lakeview Room can accommodate small or large groups for up to 120 people. You can also bring your own caterer for your event. Weekday business rates are available between the hours of 8:00 am and 5:00 pm, Monday through Friday. Our great rental rates make event planning affordable and works within your budget.

Give us a call at 222-3424 to check availability!







# Raccoon River Park Archery Facility

#### The facility is the first of its kind in Iowa and features:

- Enclosure walls/fencing
- Overhead 'arrow curtains'
- Shelter over shooting area
- Staging area
- 12 shooting lanes
- Target blocks up to 40 yards distance

Learn more about the facility and download permit forms at www.wdm.iowa.gov/Archery. Questions? (515) 222-3444 or ParkRec@wdm.iowa.gov

Annual Permit	WDM Resident	Non-Resident
Adult	\$20	\$40
Youth (15 & Under)	\$10	\$20
Daily Permit	WDM Resident	Non-Resident
Daily Permit Adult	WDM Resident \$5	Non-Resident \$5

#### Permits can be purchased at the following locations:

West Des Moines Parks & Recreation Office

4200 Mills Civic Pkwy, Suite 1B, West Des Moines Phone: 222-3444 | Fax: 222-3459 Monday-Friday, 8:00am-5:00pm

• Raccoon River Park Nature Lodge

2500 Grand Avenue, West Des Moines Phone: 222-3424 | Fax: 222-3658

Monday-Friday, 8:00am-5:00pm, call for evening/weekend hours

#### **Using the Facility**

- A permit is required for each person shooting arrows.
- The Archery Facility is open daily for use from dawn to dusk.
- Archers must supply their own equipment and paper targets.
- Children 15 and under must be supervised by an adult at all times.
- Stationary target blocks are provided; each serves 2 lanes.
- To increase the life of target blocks, use pins to attach paper targets and aim for different areas. No broadheads allowed.

See page 17 for Archery program

\$5 Day Passes are available online for the Archery Facility at Raccoon River Park. Find them at wdm.iowa.gov/DayPasses

# Raccoon River Dog Park

# Dogs in Parks

For the safety and well-being of all park visitors and for the safety of your dog, please remember that the ONLY place that dogs are allowed to be off-leash in the City's parks is the Raccoon River Dog Park. In all other parks, rules and regulations require that dogs be on a leash not more than 10 feet long.

Also, please be considerate to other park visitors and clean up after your dog. Waste bags are provided in Raccoon River Park along the trail. Remember to bring a bag with you to all other parks and trails. We appreciate responsible pet owners!

#### Mail-In

Go to www.wdm.iowa.gov/DogPark download the application form, complete it and mail the form, a copy of rabies & distemper/parvo vaccination records and payment to the address on the form.

#### Walk-In

Stop by one of the following locations. Be sure to bring your dog's records showing current rabies & distemper/parvo vaccinations.

# WDM Parks & Recreation Administration

4200 Mills Civic Parkway – 1B 8am – 5pm, Monday-Friday

#### Raccoon River Park Nature Lodge

2500 Grand Avenue 8am – 5pm, Monday-Friday Evening/Weekend Hours – Call 222-3424



	Permit	WDM Resident	Non-Resident
d	Annual	\$20	\$40
P	Daily	\$5	\$5

DAY PASSES AVAILABLE ONLINE! \$5 Day Passes are available online for the Dog Park at Raccoon River Park.

Find them at wdm.iowa.gov/DayPasses



#### TEA TIME AT THE JORDAN HOUSE

Take time to enjoy tea with your family and friends at the Historic Jordan House this spring. Whether you are a parent-child duo, a group of lifelong friends, or just want to spend time away from the office with your co-workers, you will surely delight in this charming hour filled with food, drink, crafts, and activities. The Jordan House's Victorian setting could not be more appropriate. Each registration includes a voucher for a future Jordan House Tour, so register now. You won't want to miss this!

TIME	Jordan House LOCATION	COURSE ID	MAX.#
1:30pm – 2:30pm	Upstairs Sitting Area	9155	4
3:30pm – 4:30pm	Upstairs Sitting Area	9156	4
1:30pm – 2:30pm	Library	9153	4
3:30pm – 4:30pm	Library	9154	4
1:30pm – 2:30pm	Informal Parlor	9151	4
3:30pm – 4:30pm	Informal Parlor	9152	4
1:30pm – 2:30pm	Kitchen	9149	4
3:30pm – 4:30pm	Kitchen	9150	4
1:30pm – 2:30pm	Formal Parlor	9147	6
3:30pm – 4:30pm	Formal Parlor	9148	6
1:30pm – 2:30pm	Dining Room	9144	10
3:30pm – 4:30pm	Dining Room	9145	10

DAY / DATE	Saturday, May 11	
AGES	5+	
FEE	\$15 per person	



#### **K9 TOSS AND FETCH LEAGUE**

West Des Moines will be forming a K9 Toss and Fetch League that will compete with other Toss and Fetch teams from around the world. Each week we will meet at Jordan Creek Park to "toss and fetch" with our dogs to gather scores that we will submit. Our league is for anyone who has a dog that loves to play "fetch with a frisbee". If you would like more information about this league call Melanie at 222-3435 or go to our Facebook page at West Des Moines K9 Toss and Fetch.

DAY	Wednesdays		
TIME	DATES COURSE ID		
6:30pm – 7:30pm	April 10 – May 8	9256	
6:30pm – 7:30pm	June 12 – July 10 9257		
LOCATION	Jordan Creek Park		
AGES	ALL		
FEE	\$13 per team (one dog and owner) owners can have more than one team if they have multiple dogs		

# EARTH DAY FAMILY FUN

Earth Day is a perfect day for you and your family to come enjoy some family friendly outdoor activities. You can go kayaking, canoeing, fishing or you may choose to create a small paddle boat or relax in our outdoor lounge and enjoy a cup of coffee or cocoa! Free tree saplings will be handed out to celebrate this Earth Day Event. The first 100 families will receive a painted lady caterpillar to raise. Come help us celebrate Earth Day today!



DAY	Saturday
DATE	April 20
TIME	10am - 12pm
LOCATION	WDM City Hall (4200 Mills Civic Pkwy)
AGES	All
FEE	FREE

#### YOGA ON THE LAWN

Get your Sunday off to a great start with some Yoga on the Lawn! This FREE program is a great introduction to Yoga for the beginner and offers new challenges for seasoned yogis. Bring a water bottle and yoga mat.

DAYS	Sundays
DATE	June 2 – August 25
TIME	9am — 10am
LOCATION	North lawn at WDM City Hall (4200 Mills Civic Parkway)
AGES	6+
FEE	Free



#### YOGA WITH JAYLA

There is a great need in the world today for stress management. Most people suffer from a tremendous amount of stress and pressure due to the demands of their jobs / careers / lives. Yoga with Jayla is a Yoga Workshop for people of the community so that they can reap the various benefits of yoga. It has been proven medically that yoga releases stress and tension from the nervous system, and this in turn enhances a person's ability to cope with the increasing pressures of modern day living. Yoga does this by providing deep relaxation to the body and the mind through its ancient breathing techniques and physical postures / exercises. So what are you waiting for?! Let's get started sharpening your mind, body, and soul!



DATES	COURSE ID	DAYS	FEE
April 1 – 29	8549	Mon, Thu, Sat, Sun	\$80
May 15 – 29	9235	Wed, Fri, Sat	\$40
June 1 – 29	9233	Mon, Wed, Fri, Sat	\$85
July 1 – 31	9236	Mon, Wed, Fri, Sat	\$80
August 2 – 31	9234	Mon, Wed, Fri, Sat	\$80
TIMES	Weekdays: 6pm – 7pm Weekends: 10am – 11am		
LOCATION	Valley Junction Activity Center		

#### MAYOR'S BIKE RIDE



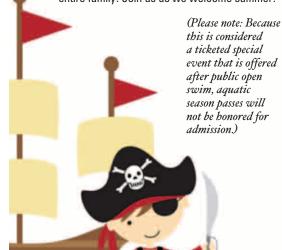
DAY	Saturday
DATE	May 18
TIME	9am — 12pm
LOCATION	Starts at WDM City Hall, 4200 Mills Civic Parkway
AGES	6 and up
COURSE ID	9735
FEE	\$10 per rider • \$25 family fee

Please join the City of West Des Moines' Mayor, Steve Gaer, for a morning of cycling in the City of West Des Moines. Different routes will be available to accommodate all ages and abilities. All routes start and end at City Hall. (Routes and distances subject to change.) All registered participants will receive an event t-shirt. Proceeds from the event will be put towards enhancing new and existing trails.

The event is "Ride at your own Risk". All rules and regulations outlined in the West Des Moines, Iowa: City Code, Title 6 – MOTOR VEHICLES AND TRAFFIC, Chapter 11: BICYCLES shall apply. (www.wdm.iowa.gov)

#### PRINCESS AND PIRATE SPLASH BASH

Hear Ye! Hear Ye! and Yo Ho Ho! All princesses across the land and pirates of the sea are invited to a spectacular SPLASH BASH at Holiday Aquatic Center! We've enlisted our friends from Little Princess Parties to provide "The Little Mermaid" and five of her princess and mermaid friends. They will swim and pose for photos with you. (Be sure to bring your camera!) A mighty Pirate will also be shipwrecked on our pool deck for photos. This event is sure to be a crowd pleaser for the entire family! Join us as we welcome summer!



DAY	Saturday
DATE	July 20
TIME	6:30pm – 8pm
LOCATION	Holiday Aquatic Center
AGES 3 – adult 2 and under	FEE \$15 FREE
COURSE ID	9385



# PECIAL EVENTS/FAMILY

## INDEPENDENCE DAY EVENTS

#### **INDEPENDENCE DAY PARADE 35TH ANNUAL**

Parade entry information will be available starting in early May. To have entry information mailed to you please call 222-3444. The parade will be limited to the first 75 entries.

DAY	Wednesday
DATE	July 3
LINE-UP	5:15pm
PARADE STARTS	6:30pm

Spononsored by



#### **ALL IOWA BASH!**

Will be held in Valley Junction **July 3rd**. For more information visit www.valleyjunction.com or call (515) 222-3642.



# HOLIDAY CLASSIC HORSESHOE TOURNEY

For information contact the WDM Horseshoe Pitchers Association at 681-1937.

	DAY	Thursday	200/111011	at Raccoon River Park
	DATE	July 4		2500 Grand Ave.
ä	TIME	7am – 2pm		
	LOCATION	Holiday Park		And the second
			Mag Maga	

# 35TH ANNUAL MUD VOLLEYBALL TOURNEY

	DAY	Thursday	
	DATE	July 4	
	TIME	Tourney Begins 8am	
	LOCATION	Raccoon River Park	
Pre-registration required. Call WDM Fire Department at <b>222-3420</b> to regist			



## COMMUNITY BAND CONCERT

DAY	Thursday
DATE	July 4
TIME	7pm
LOCATION	Coneflower Shelters at Raccoon River Park 2500 Grand Ave.



#### SKATEBOARD-XTREME CHALLENGE

# A Skateboard Competition

(Co-sponsored by the cities of Urbandale, West Des Moines, and Clive) All ages welcome! Competition will be divided by age level. This skateboard competition is a great chance for skateboarders to show their stuff and win great prizes.

	DAY	Saturday
	DATE	August 3
	TIME	Competition begins at 11am
n	LOCATION	Urbandale Skateboard Park, located in Walker Johnston Park (9000 Douglas Ave., Urbandale)
	AGES	ALL
	FEE	FREE





Presented by:



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#### BIRTHDAY PARTIES AT THE NATURE LODGE

Birthdays are special, and we have some great ways to celebrate them! Choose from various themes and locations, and leave the planning details to us! Our parties include: set up, a reserved space for your event, a party host or hostess, a theme related activity, cake, ice cream, juice, paper goods, and most importantly....the clean up! All parties cost \$150 for the first 12 participants (including the birthday child) and are two hours in length. An additional fee of \$15 per child will be charged for parties larger than 12, with a maximum of 15 participants allowed. \*PLEASE NOTE: All party participants must meet the minimum age range required for each specific party!\* To schedule your special date, please call 222-3424. Reservations must be made at least 2 weeks in advance. *Party themes effective April 1*.

THEME	AGE (of all party participants)
Amazing Animals	5-7
Moana	5-7
Sports of All Sorts	5-7
Trolls	5-7
Pirate Party	5-7
Pajama Party	5-7



For Birthday Parties at WDM Aquatic Centers please see p60



#### **GREAT AMERICAN CAMPOUT**

The National Wildlife Federation's Great American Campout is an easy way to get outdoors and enjoy the benefits of nature and wildlife whether you are a seasoned pro or a first time camper. So, pack up your tents, sleeping bags and flashlights for a fun night of camping on the City Hall lawn! Activities will include nature walks around the campus pond, campfire stories, s'mores, a movie on the big screen, fishing, crafts and games. Evening snacks and a light breakfast will be provided. Registration not required. Stay tuned for more information and details to come!



DAYS	Saturday & Sunday	
DATE	June 22 – 23	
TIME	7pm – 10am	
LOCATION	WDM City Hall Lawn	
AGES	All	
FEE	Free	

#### **HUNTER EDUCATION**

Anyone born after January 1, 1972 is required to complete a 12 hour Hunter Safety Course before they can obtain an lowa hunting license. The two-day course includes instruction on safe handling of firearms and archery equipment, as well as information on hunter ethics, conservation management and hunting regulations.

DAYS	DATES	TIMES
Must attend both days		
Thursday	August 22	6pm — 9pm
Saturday	August 24	8am – 5pm
(please bring a	(please bring a sack lunch on Saturday)	
LOCATION	Raccoon River Park Nature Lodge	
AGES	12+	
FEE	Free	
TO REGISTER	www.iowadnr.gov/Hunting/Hunter-Education	



#### ARCHERY, GIVE IT A "SHOT"!

Have you thought about trying archery, but you don't have any equipment? These family events are planned just for you! Come to the archery facility at Raccoon River Park to give it a try. We will provide the bows, arrows and instruction for you to try this exciting sport. This activity is free, but registration is required and limited to 35 people. (Children must be 7 years of age or older.)

DAYS	DATES	TIMES	COURSE ID
Wednesday	April 24	5:45pm – 7:15pm	9213
Thursday	May 23	5:45pm — 7:15pm	9215
Tuesday	June 25	5:45pm – 7:15pm	9261
Tuesday	July 23	5:45pm — 7:15pm	9214
Thursday	August 15	5:45pm — 7:15pm	9212
AGES 7+			
LOCATION Raccoon River Park Archery Facility			



FEE Free
This class is designed for adults who have wanted to try

archery, but have never had the chance. Old or young,

come join this archery fun!

ADULT ONLY CLASSES			
DAYS	DATES	TIMES	COURSE ID
Wednesday	May 29	5:45pm – 7pm	9696
Thursday	June 13	5:45pm – 7pm	9219
Wednesday	July 10	9:30am – 11am	9222

Interested in shooting more archery? Check out our 3 spot summer adult archery league at www.wdm.iowa.gov.

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#### STORY HOUR AT THE PARK

Join the West Des Moines Parks & Recreation staff for an hour of story power! Bring a picnic lunch to enjoy as our Naturalist shares nature books, stories and games.

DAYS	Tuesdays
DATES	May 7 – May 28
TIME	12pm – 1pm
LOCATION	Raccoon River Park Nature Lodge
AGES	ALL
FEE	FREE

#### **SPOON CARVING**

Using traditional tools in this wooden spoon carving class, you will learn how to design, carve and hollow out the bowl of the spoon, as well as sand and finish the piece. It's a fun class and easy for anyone to learn. The best part is you get to leave the class with your very own custom creation. All supplies are provided for use during class, but feel free to bring in your own axe, knives or wood. This workshop is ideal for adults and also appropriate for kids (10+).

DAYS	Tuesdays
DATES	June 11 and June 18
TIME	6pm – 8pm
LOCATION	Ironside Axe Club 2700 University Ave. Suite 100, WDM
AGES	10+
FEE	\$50
COURSE ID	9675

#### **FAIRYTALE TIME IN THE PARK!**

FREE EVENT - No Pre-Registration Required: Come experience your community park and join the West Des Moines Parks and Recreation staff for a story and a craft. Bring a blanket and a friend!

\*Childcare providers — Please let us know if you are bringing your group so we can be sure to have enough supplies for all participants!

DATES	PARK
June 7	American Legion
June 14	Quail Cove
June 21	Ashawa
June 28	Huston Ridge
July 5	Jaycee
July 12	Wild Rose
July 19	Kiwanis
July 26	Meadowview
August 2	Pearson

DAYS	Fridays	
TIME	10:30am – 11:15am	
AGES	ALL	
FEE	FREE	



# MARTIAL ARTS

#### TAE-KWON-DO/KARATE

The Korean art of self defense, Tae-Kwon-Do, is recognized as a beneficial method of improving health, balance, agility and poise. As a philosophy of mental alertness and moral ethics, TKD can serve to enhance anyone's life young or old. Beginner classes are for white through green belts. Intermediate/Advanced classes are for green belts and up.

571120	ound i ouly oo		
BEGINNER CLASS			
DAYS	TIME		
Tuesdays	6:30pm – 7:30pm		
COURSE ID	9229		
FEE	\$41		

June 4 – July 30

DATES

#### INTERMEDIATE/ADVANCED CLASS

DAYS	TIME
Tuesdays	7:30pm – 8:30pm
COURSE ID	9231
FEE	\$41

#### TAE-KWON-DO/ KARATE LITTLE NINJAS INSTRUCTOR: Phil Dickey:

Fifth Degree Black Belt in Karate, Fourth Degree Black Belt in Tae-Kwon-Do, International Martial Arts Hall of Fame Inductee.

LOCATION	Valley Junction Activity Center
AGES	6+
REGISTER BY	One week before the session starts

#### **LITTLE NINJAS**

Join our early childhood program designed to teach the basic fundamentals of both Tae-Kwon-Do and Karate. This class will focus on building self-respect, self-confidence, coordination of mind and body, and self-discipline.

DATES	June 4 – July 30				
DAYS	TIME COURSE ID FEE				
Tuesdays	5:30pm-6pm 9230 \$28				
Tuesdays	6pm – 6:30pm	9228	\$28		

LOCATION	Valley Junction Activity Center
AGES	4 – 5
REGISTER BY	One week before the session starts



# BURNT MARSHMALLOW DAY CAMP

Each session of Burnt Marshmallow Day Camp is specifically designed for ages 4 to 6, with a variety of activities that include: games, songs, stories, sharing, crafts, visits from special guests, and field trips. Each camper receives a t-shirt with their registration. Burnt Marshmallow Day Camp is led by three staff members. Registration is limited to 20 children per session, so sign up early. \*Each camper is asked to bring a sack lunch every day, with the exception of Thursday, when WDM Parks & Recreation will be providing a "Burnt Marshmallow" Cookout.

#### **STAR WARS**

June 10 – 14 COURSE ID: 9179 Join our crew and BLAST OFF into a



week of high adventure! Our mission will be to explore far away galaxies and learn about outer space. We'll make our own light sabers, and "Darth Vader" masks. This week our activities will allow your mind to travel into creative dimensions. Our special field trip will be to the Science Center of Iowa, where we'll tour the planets and see the stars. "What on Earth..." could be better?



#### **FROZEN**

June 17 – 21 COURSE ID: 9174

"Do you wanna build a snowman?" It may be summer outside, but our theme this week

features things that are cold and FROZEN! Join us as we create various types of Olaf snowmen, and feature some of the adventures of Anna. Elsa, Kristoff and Sven! We'll focus on acts of kindness this week and make friendship bracelets. Our field trip will take us roller skating where it will be nice and cool inside. Join the FROZEN phenomenon as we feature activities from one of Disney's more popular movies.

#### THE ADVENTURES OF **CURIOUS GEORGE**

June 24 - 28 COURSE ID: 9176

No monkey business here....we'll swing into an action-packed week of monkeygames and excitement! Find out about good sportsmanship, sharing, and play a different game or sport each day. We'll do craft projects and make a special treat with bananas. The "man in the big yellow hat" will encourage us to play fair, and have fun. Our active, monkey-themed field trip will take us to Monkey Joe's on Friday.

#### LITTLE MERMAIDS AND WONDERFUL WHALES

July 1 – 3 COURSE ID: 9178 THE FEES ARE PRO-RATED THIS WEEK.\*\* NO CLASS ON JULY 4 or 5.

This week we will journey "Under the Sea" for a whale of

a good time at the Pearson Park beach house! We'll make our own water slide, and learn how to turn your backvard into a slippery, silly water wonderland! Pack your swim suits and plan to get wet. The highlight of our week will be the private use of Valley View Aquatic Center... including all the spray and splash

features of the leisure pool!

#### **MICKEY AND MINNIE'S CLUBHOUSE**

**July 8 – 12** COURSE ID: 9172

"Oh, TOODLES!" Everything is more fun when Mickey and Minnie are involved! This week we'll explore the fascinating wonders of floating, flying and bouncing objects. What goes up must come down. We'll play several games with balloons and balls and try to keep them up in the air. We'll fly a kite and make paper airplanes. See how high you can bounce and jump as you take flight at "Pump It Up" on Friday.

#### MY LITTLE **PONY**

**July 15 – 19 COURSE ID: 9180** 

Calling all Cowboys and Cowgirls! Have you ever wondered what life would be like living on a

farm? What type of animals would we see? We'll do plenty of "horsing around" this week as we create, discover and imagine life in Ponyville. We'll feature a different Ponypal each day, and discover why "Friendship is Magic!" Our field trip will take us out to the Jester Park Equestrian Center. Giddy UP!



July 22 - 26 **COURSE ID: 9177** 

Find your HAPPY place this week as we pretend we are TROLLS! Join us for a bright and colorful week full of fun, adventure and music. We will learn how to "survive" the Bergen's as we venture through the park on a mission to save our village. We will make quick snacks to keep the Bergen's from eating us! There will be a daily DANCE PARTY in the shelter...sure to make your hair stand on end! Our field trip on Friday will be to the roller skating rink. Join the TROLLS phenomenon.



#### **ONCE UPON A TIME...**

July 29 – August 2 COURSE ID: 9173

Just as all good stories begin with the phrase, "Once Upon a Time..." so will our week. We're featuring several of our favorite princes and princesses this week as we discover the wonderful world of imagination. We'll build Cinderella's sand castle and dress up like Knights in Shining Armor. We'll have a tea party with Mrs. Pots and Chip and ride Aladdin's magic carpet! "Be Our Guest" on Friday as we watch an animated mouse come to life at Chuck E. Cheese.





•	
TIME	9am — 12pm
AGES	4 – 6
LOCATION	Pearson Park (19th & Pleasant Street)
FEE	\$69 per week *\$42 the week of July 2 (No class July 4 or 5)
REGISTER BY	1 week prior to each session



#### **NATURE FRIENDS - PRESCHOOLERS EXPLORING NATURE**

#### Nature Class for children ages 3-5 with an adult

We will explore a different nature topic each evening through stories, sharing time, guided exploration, and art activities. Snacks will be provided.

Participate in a Park Passport Program. Attend five different programs, each located at a different park and receive a Nature Friend Explorer pack. Participants must record program name, location and date with the speaker's initials on their passport. Turn the passport in at the office at Jester Park or Raccoon River Nature Lodge to receive your Nature Friend Explorer pack. One Nature Friend Explorer pack per child please.

Day	Date	Program Name/Topic	Location	COURSE ID
Mon	May 6	Wiggly Squiggly Animals	Raccoon River Park Nature Lodge	9194
Tues	May 21	Silly Salamanders	Jester Park Nature Center	
Mon	June 3	Fishing	Raccoon River Park Fishing Pier	9209
Tues	June 11	Birds of a Feather	Brown's Woods	
Mon	July 8	Super Snakes	Fairmeadows Park Shelter	9200
Tues	July 23	Animal Homes	FDM Shelter 3	
Mon	Aug 5	Tricky Tracks	Quail Cove Park	9186
Tues	Aug 13	Busy Bees	Easter Lake Park	
Time	6:30pm — 7:30pm			
Fee	\$7			



Register for programs listed in Polk County parks (shaded above) by going to www.polkcountyiowa.gov/conservation/calendar

#### **BEGINNERS TWIRL CAMP**

Sign your child up for this very popular program! Let them experience the thrill of learning to twirl the baton. Your child will learn the basics of baton twirling each day of the camp. A special highlight of the program will be the opportunity for the campers to show off their new-found skill as they march together in the West Des Moines Independence Day Parade (held on July 3rd). A t-shirt and baton are included in the program fee. Don't miss out on this awesome opportunity!

DAYS	Monday – Friday			
DATES	June 24 – 28			
AGES	TIME	COURSE ID		
5 – 10	10:30am – 11:30am 9081			
5 – 10	11:30am – 12:30pm 9080			
LOCATION	Raccoon River Park Nature Lodge			
FEE	\$49			





DAYS	Monday – Friday
DATES	June 24 – 28
TIME	1pm – 2pm
LOCATION	Raccoon River Park Nature Lodge
AGES	6-13
FEE	\$25
COURSE ID	9082

# INTERMEDIATE TWIRL CAMP

Did your child participate in Twirl Camp in previous summers? Do they want to build upon what they already learned? This program is the followup to the Beginners Twirl Camp. Your child will learn intermediate skills involved with baton twirling each day of the camp. And once again campers will get to show off their perfected skill as they march in the West Des Moines Independence Days Parade (held on July 3rd). A T-shirt is included in the program fee. Participants should use the baton they used in previous summers or are responsible for purchasing a new one to fit their measurements.

Sports Development			
DAY	Tuesdays		
DATES	COURSE ID		
April 2 – 30		8454	
TIME	5:30pm – 6:30pm		
LOCATION	Crossroads Park Elementary School		
AGES	3 – 5		
FEE	\$65		

Tennis				
DAY	Mondays			
DATES		COURSE ID		
June 3 – July 1		9054		
July 15 – August 12		9057		
TIME	5:30pm — 6:30pm			
LOCATION	Jaycee Pa	rk Tennis Court		
AGES	5 – 7			
FEE	\$55			
MAXIMUM	10			

# The Right Start... Start Smart

Start Smart Programs will be held once a week for 5 weeks, and each week the exercises become increasingly more difficult as the class progresses and the children show improvement. All supplies needed for Start Smart programs are provided at the first class and are included in the program fee.

Please note that this program is not a competitive game setting. Skills are taught in stations each week.

A parent is required to attend and participate each week. It is recommended that non-registered siblings do not attend as it makes it difficult for parents to fully participate in the program.

Soccer				
Tuesdays				
	TIMES	AGES	COURSE ID	
June 4 – July 2  July 16 – August 13		3 – 4	9066	
		5 – 6	9061	
		3 – 4	9058	
		5 – 6	9059	
Peony Park				
\$59				
20				
	2 ust 13 Peony \$59	TIMES  5:30pm - 6:30pm 6:30pm - 7:30pm  st 13 5:30pm - 6:30pm 6:30pm - 7:30pm  Peony Park  \$59	TIMES AGES 2 5:30pm - 6:30pm 3 - 4 6:30pm - 7:30pm 5 - 6 Ist 13 5:30pm - 6:30pm 3 - 4 6:30pm - 7:30pm 5 - 6 Peony Park \$59	

Baseball					
DAY	Wednesdays				
DATES		TIME	AGES	COURSE ID	
June 5 – July 10 (Not held July 3)		5:30pm – 6:30pm	3 – 4	9065	
		6:30pm – 7:30pm	5 – 6	9060	
July 17 – August 14		5:30pm – 6:30pm	3 – 6	9055	
LOCATION	ION Wild Rose Park				
FEE	\$59				
MAXIMUM	20				

#### WEATHER HOTLINE: 222-3500

Information regarding cancellation of sessions will be posted after 4pm the day of the session.

# Coed Rugby Touch League

Rugby is a hit in our community! Meeting for only two weeks, this program will have the following format.

Week 1: Touch only instruction/tournament

Week 2: Touch only tournament

\*This course can be a primer for the separate boys and girls tackle leagues held in April and May.

DAYS	Mondays
DATES	April 1 & 8
TIME	4:30 — 6pm
LOCATION	Cowles Elementary 6401 College Ave. Windsor Heights
AGES	4 – 14
FEE	\$40
COURSE ID	8563

LEARN MORE AT www.Jrrugby.com



# Girls Rugby Tackle League

April 15 - tackle instruction/ tournament April 22 - tackle instruction / tournament April 29 - tackle instruction /tournament May 6 - playoffs/championship Friday May 10 - exhibition/championship game at the HS Boys State Playoff tournament in a lighted football stadium.

DAYS	Mondays & Friday
DATES	April 15 – May 10
TIME	4:30 — 6pm
LOCATION	Cowles Elementary
AGES	4 – 14
FEE	\$50*
COURSE ID	8565

# Boys Rugby Tackle League

April 15 - tackle instruction/ tournament April 22 - tackle instruction / tournament April 29 - tackle instruction /tournament May 6 - playoffs/championship Friday May 10 - exhibition/championship game at the HS Boys State Playoff tournament in a lighted football stadium.

DAYS	Mondays & Friday
DATES	April 15 – May 10
TIME	4:30 — 6pm
LOCATION	Cowles Elementary
AGES	4 – 14
FEE	\$50*
COURSE ID	8564

<sup>\*</sup>Participants will also need to register with USA Rugby through Iowa Youth Rugby Association for insurance reasons. This will also be an additional fee.





# Tallgrass Theatre Company Seedlings Children's Theatre Programs

Tallgrass Theatre Company has been performing in West Des Moines since 2006 and re-launched their Seedlings children's theatre program in summer 2018. For more on Tallgrass Theatre Company's productions, visit **www.tallgrasstheatre.org**.

## Play in a Week Camp

Does your child have a flair for the dramatic? Here's a chance to get them involved in theater, without a long-term commitment. Led by experienced drama instructors, kids will bring a unique and age-appropriate script to life, based on one of several super fun themes. Throughout the week, kids will work to develop their characters and interact with others to create the one-of-a-kind show, which will be performed for family and friends on Friday night/Saturday morning! (no charge for performance). Kids should bring a snack (no peanut products, please) and a bottle of water each day.

CAMP	TIMES	AGES	COURSE ID
Fairy Tale Mashup	9am –12pm	7 – 10	9406
Great Adventure	9am – 12pm	7 – 10	9407
Fairy Tale Mashup	1pm – 4pm	7 – 10	9408
Time Machine	1pm – 4pm	11 – 16	9405

DAYS	Monday – Friday
DATES	July 15 – 19

PERFORMANCES	LOCATION	FEE	MIN.	MAX.
July 19 at 7pm or	Valley Junction Activity Center	\$90	5	15
July 20 at 10am				

For more information visit www.wdm.iowa.gov/ParksAndRec | 222.3444

#### FIRST STEPS DANCE CLASSES

First Steps Dance classes are designed to introduce children to the fundamental skills of dance at a cost and time commitment that is minimal to parents. All classes are led by Josalynn Agnew, an instructor with many years of studio experience.

Let your child learn basic dance movements in a non-threatening, recreational environment.

- 3-4 year olds will receive instruction in ballet and jazz.
- 5-7 year olds will receive instruction in ballet, jazz, and tap.

No special shoes are required.

## **Beginners First Steps Dance**

DAYS	Mondays		
DATES	April 15 – May 20		
AGES	TIMES COURSE ID		
3 – 4	5pm – 5:30pm 9094		
5 – 7	5:30pm – 6:15pm	9098	
3 – 4	6:15pm – 6:45pm	9095	

DAYS	Tuesdays		
DATES	April 16 – May 21		
AGES	TIMES COURSE ID		
3 – 4	5pm – 5:30pm	9096	
3 – 4	5:30pm – 6pm	9093	

LOCATION	Valley Junction Activity Center
FEE	\$39



At Rounded Minds<sup>TM</sup> our mission is to make top-level extracurricular activities available, convenient and affordable, to parents who desire to raise well-rounded children and establish a strong foundation for their lifelong success.

Our unique programming focuses on building strong bodies and minds simultaneously along with the benefits of natural bilingual learning at an early age.

Every Rounded Minds™ class is designed and led by attentive experts committed to providing safe, energetic, creative and fun educational experiences.

Learn more at roundedminds.com

#### **ROUNDED MINDS TUMBLING**

The format for all Rounded Minds™ programming is highenergy! Children experience the joy of learning new skills by "doing" through fun activities, songs, and positive reinforcement. Our tumbling program allows young children to enhance their social skills and develop greater strength, flexibility, and coordination — along with a lifelong love of fitness. Classes are taught with a theme to catch the attention of the young gymnast and build skills through creative movement and music. This will provide them the confidence to participate in active exercises as they grow older, and at the same time, they will be learning Spanish. This will provide them with a good edge for success in their academic future.

DAYS	Fridays
DATES	June 7 – July 12 (Not held July 5)
LOCATION	Valley Junction Activity Center

AGES	TIME	FEE	COURSE ID
2 – 3	5:30pm – 6pm	\$45	9424
4 – 6	6pm – 6:45pm	\$55	9605

#### **ROUNDED MINDS BABY FIRST STEPS**

The first steps of a baby bring a world of discoveries. How about making this moment even more fun while incorporating an opportunity to learn a new language? Rounded Minds has designed a program for babies between 9 and 18 months that is perfect for developing cognitive, sensory, motor skills and at the same time learning Spanish. All Rounded Minds programs have a learning benefit while children are playing by giving them an introduction to the Spanish language. \*This is a parent and child class. The registration applies only to the child.

DATE	May 1 – 29	
DAY	Wednesdays	
COURSE ID	TIMES	AGES
9425 9426	4:30pm – 5pm 5pm – 5:30pm	9 – 13 months 14 – 18 months
LOCATION	Valley Junction Activity Center	
FEE	\$40	



# ROUNDED MINDS SOCCER & SPANISH IMMERSION

This high-energy fitness program is led by professional soccer coaches who introduce children to fundamental soccer principles, such as using their feet, dribbling, passing, ball control, and shooting by using creative games, positive reinforcement, and even songs. Children will learn the basic rules of the game while practicing sportsmanship and teamwork.

DAY	Saturday	Thursday
DATE	June 1 – July 6	Aug 1 – Sept 5
TIME	9:30am – 10:30am	5:45pm – 6:45pm
FEE	\$65	\$65
COURSE ID	9421	9420
LOCATION	Ashawa Park	
AGES	3-6	



# ROUNDED MINDS ART

Classes in our art program help

children develop new artistic skills and craftsmanship while creating unique masterpieces using a wide range of quality materials. Our art instructors expose

DAYS	Wednesdays		
DATES	April 3 – 24		
COURSE ID 8730 8731	TIME 5:30pm – 6:30pm 6pm – 7pm	FEE \$40 \$50	AGES 3 – 4 5 – 7
LOCATION	Valley Junction A	ctivity C	enter

children to a variety of different artistic styles in classes designed to allow children to express themselves creatively while exercising fine motor, cognitive, language, and listening skills. All Rounded Minds programs have a learning benefit of giving them an introduction to the Spanish language. This will provide them with a good edge for success in their academic future.

## ROUNDED MINDS ART & SPANISH SUMMER CAMP

Classes in our art program help children develop new artistic skills and craftsmanship while creating unique masterpieces using a wide range of quality materials. Our art instructors expose children to a variety of different artistic styles in classes designed to allow children to express themselves creatively while exercising fine motor, cognitive, language and listening skills.

DAY	Monday – Friday
DATES	August 5 – 9
TIME	5:45pm – 6:45pm
LOCATION	Quail Cove Park
AGES	3 – 6
COURSE ID	9422
FEE	\$55

#### **ROUNDED MINDS SPORTS EXPLORATION**

This 5-week program is a great way for children to experience a variety of new games and activities in a format that is structured, engaging, and most of all... FUN! Rounded Minds prepares children for organized games without the threat of competition or the fear of getting hurt. Children will have an opportunity to explore a new SPORT each class (Soccer, Softball, Flag Football, Volley ball, Rugby), improve motor skills, and participate in fun games that will reinforce listening, teamwork, and the joy of being active! We focus on fundamental motor skills and coordination. This will provide them the confidence to participate in competitive sports as they grow older and at the same time they will be learning Spanish.

DAY	Monday – Friday
DATES	July 15 – 19
TIME	5:45pm – 6:45pm
LOCATION	Scenic Valley Park
AGES	3 – 6
COURSE ID	9423
FEE	\$66

## ROUNDED MINDS CREATIVE MOVEMENT

Like other Rounded Minds programs, Creative Movement is a high energy program. Children explore and interact with movement and graphic design. The classes involve experiences and personal growth opportunities. Classes focus on the relationship between rhythm, movement, and drawing. All Rounded Minds programs have a learning benefit while children are playing by giving them an introduction to the Spanish language. The benefits of learning a second language at an early age are numerous: increased problem-solving skills, better at tasks, attention span, and creativity.

DAYS	Monday – Friday
DATES	May 3 – 24
TIME	5:30pm – 6:15pm
LOCATION	Valley Junction Activity Center
AGES	3 – 6
COURSE ID	9427
FEE	\$45
MAXIMUM	24



#### **CREATIVE GENIUSES ART CAMP**

Students will draw, paint, and sculpt around our seasonal theme, Wild About Art! Students will study the topic of animals to be inspired, grow technical art skills, and have opportunity to share and continue at home upon completion of our program.

DAYS	Wednesday – Friday	DAY	Saturdays
DATES	June 19 – 21	DATES	April 6 – 27
TIME	10:30am – 12:00pm	TIME	1pm – 2:30pm
LOCATION	Valley Junction Activity Center	LOCATION	Valley Junction Activity Center
AGES	6 – 11	AGES	6 – 11
FEE	\$45	FEE	\$65
COURSE ID	9251	COURSE ID	8507

#### **PREK ART PLAY**

DAYS	Wednesday – Friday	DAYS	Saturdays
DATES	June 19 – 21	DATES	April 6 – 27
TIME	9:30am – 10:15am	TIME	12pm – 12:45pm
LOCATION	Valley Junction Activity Center	LOCATION	Valley Junction Activity Center
AGES	3 – 5	AGES	3 – 5
FEE	\$36	FEE	\$36
COURSE ID	9250	COURSE ID	8505

# CREATIVE GENIUSES MURAL MAKERS

Students will learn how to create large scale art in drawing and painting.



DAYS	Wednesday – Friday
DATES	June 19 – 21
TIME	6pm – 8pm
LOCATION	Valley Junction Activity Center
AGES	11 – 14
FEE	\$59
COURSE ID	9252
MAXIMUM	12

#### **CANOE & KAYAK CAMP**

Your child will spend two days learning about canoeing and kayaking. They will learn how to upright a capsized kayak and will learn the teamwork of operating a canoe. This camp will fill fast so sign up early!

Thursday & Friday
August 8 & 9
9am – 2pm
Raccoon River Park Nature Lodge Classroom
11 – 13
\$50
9518





#### CYCLE INTO SUMMER

Here is a camp for the younger child who loves to ride bikes! They will explore the bike trails of West Des Moines. The trails are nice and flat, so one speed bikes are fine, but each day we will be riding 5-6 miles. Bike helmets required!

COURSE ID 9207 9198	DATES June 17 & 18 July 11 & 12
TIME	9am – 2pm
LOCATION	Raccoon River Park Nature Lodge
AGES	7 – 9
FEE	\$40
MAXIMUM	12
FEE	\$40

#### **BIKE BASH**

Does your child love to bike? If so, this may be the camp for them! They will spend three days exploring the bike trails of the metro. They will bike the trails of Greenwood Park, Waterworks, Jordan Creek Greenway, Grays Lake and the Principal Park River Walk. There will be lots of time for picnics, splashing in the creek, learning basic bike maintenance, and relaxing rides. Bike helmets required!

DAYS	Wednesday – Friday
DATES	June 19 – 21
TIME	9am – 4pm
LOCATION	Raccoon River Park Nature Lodge
AGES	10 – 12
FEE	\$72
COURSE ID	9201
MAXIMUM	15

## SUMMER CAMPS

#### KIDS IN THE KITCHEN

Kids in the Kitchen is an introduction to cooking for young boys and girls. Children involved in the preparation of their meals prove to be healthier eaters, so start them on the right path with this three-week program! The students will be taught everything from mixing and measuring to kitchen safety. In each class, the children will make a snack while learning kitchen basics and cooking techniques. Please feel free to bring an apron to protect clothing from any kitchen messes!

DAYS	Tuesdays and Thursdays	
DATES	July 9 – 25	
AGES	TIME COURSE ID	
5 – 6	4pm – 5pm 9181	
7 – 8	5:30pm – 6:30pm 9175	
LOCATION	Raccoon River Park Nature Lodge	
FEE	\$29	
MAXIMUM	10	

#### **NATURE EXPLORERS**

Join the West Des Moines Park and Recreation Department and the Iowa Department of Natural Resources as we co-sponsor this camp held at Walnut Woods State Park. Your child will explore their natural surroundings to find materials for some cool crafts. They will learn about nature with games, hikes and songs. A cookout on Thursday will end this fun filled week.

DAYS	Monday – Thursday
DATES	July 15 – 18
TIME	9am — 12pm
LOCATION	Walnut Woods State Park Lodge 3155 Walnut Woods Drive, WDM
AGES	6 – 8
FEE	\$44 (Includes camp t-shirt)
COURSE ID	9206
MAXIMUM	18





#### CREEPY CRAWLERS CAMP

This week is for kids who love to hunt insects, pick up worms and play in the creek. Your child will have lots of fun learning as we go on frog hunts, insect safaris and look under every rock or trash can for "cool" critters!

DAYS	DATE	TIMES	COURSE ID
Monday – Wednesday	June 10 – 12	1pm – 4pm	9208
Wednesday – Friday	June 26 – 28	9am – 12pm	9199

LOCATION	Raccoon River Park Nature Lodge
AGES	6 – 8
FEE	\$39 (Includes camp t-shirt)
MAXIMUM	15

#### **MYTH BUSTER CAMP**

Can eggs cook on a sidewalk on a hot summer day? Can you dissolve a metal screw with cola? Is yawning contagious? Does spitting on a worm attract fish? Join our "mythbusters" team and put these and other myths to the test.



DAYS	Monday & Tuesday	
DATES	July 1 & 2	
AGES	TIME	COURSE ID
7 – 9	9am – 12pm	9196
8 – 10	1pm – 4pm	9193
LOCATION	Raccoon River Park Nature Lodge	
FEE	\$26	
MAXIMUM	15	

#### **CAMP FISH**

This camp is for the boy or girl who really enjoys fishing and being outside. Of course they won't fish all the time. Your child will be introduced to the wonderful world of nature with a cook-out, outdoor games and geocaching.

DAYS	Thursday & Friday
DATES	June 6 – 7
TIME	9am – 4pm
LOCATION	Raccoon River Park Nature Lodge
AGES	10 – 12
FEE	\$49 (Includes camp t-shirt)
COURSE ID	9183
MAXIMUM	10



#### LET'S GO FISHING

You can't beat a summer day, sitting next to Blue Heron Lake and fishing. Get out of the house and enjoy the summer as you learn about fish and some of the secrets to catching them. We have the poles and bait so what's keeping you from joining the fun?

AGES	DAYS	DATES	TIME	COURSE ID
7 – 9	Wednesday – Friday	June 12 – 14	9am – 12pm	9204
LOCATION	Raccoon River Park Nature Lodge			
FEE	\$39 (Includes camp t-shirt)			
MAXIMUM	15			

### SUMMER CAMPS

#### WILD FOR WATER

Be ready to have lots of fun in the sun as you explore the water worlds around you. You will go fishing, hiking and creek sloshing. You will get to try your hand at kayaking and spend a day at Valley View Aquatic Center. Water games and contests will be the rule as you learn and have fun at the same time!

DAYS	Monday – Friday	
AGES	DATES	COURSE ID
7 – 9	July 15 –19	9189
9 – 11	June 24 – 28	9202
TIME	1pm — 4pm	
LOCATION	Raccoon River Park Nature Lodge	
FEE	\$59 (Includes camp t-shirt and day pass to aquatic center)	
MAXIMUM	18	

#### WATER ADVENTURE CAMP

Join us for some water adventure! Your child will canoe, fish, kavak, hike and cook out on a Raccoon River sand bar (All participants must wear a life jacket during all water activities outside the pool!) It's sure to be lots of fun. Registration is limited, so sign up early!

DAYS	Monday – Thursday
DATES	July 29 – August 1
TIME	9am – 4pm
LOCATION	Raccoon River Park Nature Lodge
AGES	11 – 13
FEE	\$94 (Includes camp t-shirt)
COURSE ID	9184
MAXIMUM	15

#### YOUTH AXE THROWING

Participants will be taught axe safety, axe throwing techniques and games. Parents are asked to remain on site during the workshop.

DAYS	Saturday
DATES	July 13
TIME	9am – 11:30am
LOCATION	Ironside Axe Club 2700 University Ave., Suite 100, WDM
AGES	8 – 14
FEE	\$22
COURSE ID	9678

#### **EXPLORE**

Do you have a child that can't stand to stay indoors regardless of the weather? If so, these day camps may be just what you have been looking for. Your child will have the opportunity to really explore Raccoon River Park. You may sign them up for one or all of the Explore days.

DAY	DATE	THEME	COURSE ID
Monday	August 5	<b>Creek Hikin'</b> – Nothing says "Fun!" like wading and playing in a creek. This day is for the child who wants to get muddy looking for frogs, snagging minnows and splashing in the creek!	9197
Tuesday	August 6	Archery – This day will give you a "taste" of archery! You will learn the basics of target style archery and have some outdoor fun in the process!	9182
Wednesday	August 7	River Rats! – Your child will have the time of their lives exploring river sand bars and floodplain forests of the Raccoon River. A picnic lunch complete with s'mores will make this day of exploration unforgettable!	9190



#### TOM KARPAN RELAYS

Don't miss this special annual track and field event for kids ages 5-14! Winners of qualifying events will be eligible to take part in the Iowa State Track and Field Meet in Marshalltown!

Races will be grouped according to age (5, 6, 7, 8, 9-10,11-12,13-14) and

gender. A participant's age is as of December 31, 2019. An award ribbon will be given for each heat/ event. The fastest time or longest distance recorded for each event (ages 7-14) will be eligible to attend the State

Track and Field Meet in Marshalltown in June.

These participants will be notified by email May 24 of their eligibility. Register at the event.

DAY	Thursday
DATE	May 16
TIME	5:30pm – 8:30pm

EVENT	AGES
200 Meter Dash	7 – 14
Softball Throw	7 – 14
Standing Long Jump	7 – 14
50 Meter Dash	5 – 6, 7 – 10
100 Meter Dash	5 – 6, 7 – 14
400 Meter Dash	9 – 14
1600 Meter Run	13 – 14
4 x 100 Meter Relay	9 – 14

LOCATION	Valley High School Track		
FEE	FREE		

#### **HOLIDAY PARK BASEBALL**

To register or for more information go to www.sportsplexwest.com.



It's hard to believe looking outside right now that baseball season is quickly approaching! Believe it or not, the Open Baseball League of West Des Moines registrations have officially begun.

The OBL is a recreational league designed for players age 5U thru 15U. Player tryouts & draft day will be held at Sportsplex West in Waukee and the dates are TBD (more in formation coming soon).



#### **VOLUNTEERS NEEDED!**

Please contact Blake Marchant with any questions about the OBL or to volunteer. bmarchant@sportsplexwest.com



#### **SPECIAL NEEDS NIGHT POOL PARTY!**

Join us where our special population has the pool to themselves! In partnership with Courage League Sports, enjoy an evening of fun reserved just for your special person and your family.

Pre-registration required.



DAY	DATES	TIMES	COURSE ID
Saturday	June 22	6:30pm – 8:30pm	9254
Saturday	July 13	6:30pm – 8:30pm	9253

LOCATION	Holiday Aquatic Center
AGES	ALL
FEE	FREE

#### **COURAGE LEAGUE SPORTS**

Courage League Sports is a non-profit adaptive sports and recreation program offering year-round opportunities for children and adults who are not able to go full speed due to a physical, cognitive or emotional disability. By adapting the pace, equipment or nature of an activity, Courage League can provide a safe and accessible environment where participants can go at their own speed.



All programs will include super hero training, fitness, group games, music/movement, seasonal sports plus lots of fun and social skill development!

<b>CUB LEA</b>	CUB LEAGUE							
DAYS	DATES	TIME	AGES COURSE ID LOCAT		LOCATION			
Thursday May 2 –23		4:45pm — 5:30pm	2-6 9699	Valley Community Center				
M, W & F	June 24 – 28	8:30am – 9:30am	2-6	9708	Jaycee Park Shelter			
M & W	July 29 – 31	8:30am – 9:30am	2-6	9710	Jaycee Park Shelter			
FEE	\$45							

TIGER LEAGUE									
DAYS	DATES	TIME	AGES	COURSE ID	LOCATION				
Thursday	, , ,		7 – 11	9715	Valley Community Center				
M, W & F			7 – 11	9700	Jaycee Park Shelter				
M & W July 29 – 31 9:30am – 9:30am		7 – 11 9711		Jaycee Park Shelter					
FEE \$45									

LION LEAGUE								
DAYS	DATES	TIME	AGES	COURSE ID	LOCATION			
Thursday May 2 –23		5:30pm – 6:15pm	12 – 17	9701	Valley Community Center			
M, W & F June 24 – 28	9:30am – 10:30am	12 – 17	9709	Jaycee Park Shelter				
M & W	July 29 – 31	9:30am – 10:30am	12 – 17	9712	Jaycee Park Shelter			
FEE	\$45							

ACTIVE ADULTS										
DAYS	DATES	TIME	AGES	COURSE ID	LOCATION					
Thursday	ırsday May 2 –23 10am – 11am		18+	9697	Valley Community Center					
Thursday	May 2 –23	5:30pm – 6:15pm	18+	9698	Valley Community Center					
M, W & F	M, W & F June 24 – 28 9:30am		18+	9713	Jaycee Park Shelter					
M & W July 29 – 31 9:30am – 10:30		9:30am – 10:30am	18+	9714	Jaycee Park Shelter					
FEE	\$45									

#### Tennis Director — Bunny Bruning

Bumy played on the WTA Professional tour for 9 years and acquired rankings of #41 in singles and #8 in doubles. She has been a USPTA professional since 1987 and has been teaching and coaching for over 30 years.

#### Lead Instructor — Daniel Pitz

Daniel has been a USPTA professional since 1987 and an Associate Tennis Teaching Pro at Wakonda Club since April 2014. Lived in Japan and taught Japanese Tennis School and private contractor from 1990–1998, 2000–2014.



#### YOUTH TENNIS LEAGUE

Lessons for youth from beginner to advanced will feature fun, skill development, footwork, games and lots of hitting.

DAY	Saturday
TIME	11:30am – 1pm
DATES	COURSE ID
June 15 – 29	9460
July 13 – 27	9461
August 3 – 17	9462
AGES	13 - 17 yrs
FEE	\$24

#### **YOUTH TENNIS LESSONS**

Lessons for youth from beginner to advanced will feature fun, skill development, footwork, games and lots of hitting.

FUTURE CTARC /F	01			
DATES	FEE	TIME	COURSE ID	DAYS

#### **FUTURE STARS (5 - 8 yrs)**

\* Future Stars participants have a choice of a new tennis racket or a hat

June 15 – 29	\$33	9am – 10am	9454	Saturday
July 13 – 27	\$33	9am – 10am	9455	Saturday
August 3 – 17	\$33	9am – 10am	9456	Saturday
June 10 – 27	\$132	9am – 10am	9434	M, T, W, TH
July 8 – 25	\$132	9am – 10am	9441	M, T, W, TH
July 29 – August 15	\$132	9am – 10am	9448	M, T, W, TH

#### ACES (9 - 12 yrs)

June 15 – 29	\$33	10am – 11:30am	9457	Saturday
July 13 – 27	\$33	10am – 11:30am	9458	Saturday
August 3 – 17	\$33	10am – 11:30am	9459	Saturday
June 10 – 27	\$132	10am – 11:30am	9435	M, T, W, TH
July 8 – 25	\$132	10am – 11:30am	9442	M, T, W, TH
July 29 – August 15	\$132	10am – 11:30am	9451	M, T, W, TH
June 11 – 27	\$66	5:30pm – 6:30pm	9438	T, TH
July 9 – 25	\$66	5:30pm – 6:30pm	9439	T, TH
July 30 – August 15	\$66	5:30pm – 6:30pm	9449	T, TH

#### HIGH SCHOOL (13 - 17 yrs)

June 10 – 27	\$132	11:30am – 1pm	9436	M, T, W, TH
July 8 – 25	\$132	11:30am – 1pm	9443	M, T, W, TH
July 29 – August 15	\$132	11:30am – 1pm	9447	M, T, W, TH

LOCATION	Crossroads Park Tennis Courts	
MAXIMUM	24 per class	

#### LITTLE CHAMPS (4 & under)

(Little Champs participants receive a new tennis racket)

DAY	Monday – Thursday		
DATES	FEE	TIME	COURSE ID
June 10 – 27	\$60	8:30am – 9am	9433
July 8 – 25	\$60	8:30am – 9am	9440
July 29 – August 15	\$60	8:30am – 9am	9450

#### YOUTH GOLF LESSONS

Whether you are an experienced golfer or just starting out, this class can help you. Group instruction will be provided along with individual instruction as needed. Lessons are held at West Grand Golf. Amenities include: Target Greens, Putting Greens and Practice Bunkers. Participants will learn Putting, Chipping, Iron Play and Woods and/ or Metals. Registrants will need to bring all clubs to the first class.

DAYS	Monday – Thursday	
DATES	TIME	COURSE ID
June 17 – 20	8:30am – 9:30am	9403

LOCATION	West Grand Golf, 6450 Raccoon River Road (1 mile west off of west I-35)
AGES	8+
MAXIMUM	12 per class
FEE	\$55 per person

#### **PEEWEE T-BALL**

Are you looking for a way to introduce softball or baseball to your 5-7 year old but don't want to enroll them in a program that is too competitive or time-consuming? Register them for our youth sports program, PeeWee T-Ball! This program is designed as a fun way for children to learn the basics of softball and baseball. Our staff will help guide each team through the fundamentals of hitting, catching, fielding, and base running. Teams are determined upon arrival each night of play.



DAYS	Thursdays			
·				
DATES	June 6 – July 11 (Not held on July 4)			
COURSE ID	TIME	AGES		
9064	5:30pm – 6:30pm	5 – 6		
9062	6:30pm – 7:30pm	6 – 7		
DATES	July 18 – August 15			
COURSE ID	TIME	AGES		
9056	5:30pm – 6:30pm	5 – 6		
9063	6:30pm – 7:30pm	6 – 7		
LOCATION	American Legion Park Ball Diamond			
MAXIMUM	20 per session			
FEE	\$55			

#### **Basic Game Format:**

- No score kept
- No strike-outs
- No walks
- No pitching (only a tee will be used)
- 4 innings = standard game
- 1 inning = all players batting through

#### **Supplies Provided:**

- Bats
- Balls
- Tee
- Bases

#### **Supplies To Bring:**

- Tennis shoes
- Glove
- Water bottle
- Program Jersey (handed out on 1st night of play)

# Youth Tech:

Youth Tech Inc. in cooperation with Des Moines Area Community College West Campus's Celebrate! Innovation program is an interactive computer camp that focuses on providing enrichment opportunities to students in the world of computers. With a caring environment at the core of camp values, Youth Tech strives to create a positive learning community that encourages creativity, fun and academic excellence. For more information about Youth Tech Inc. please visit our web site at www.youthtechinc.com

LOCATION	DMACC West Campus • 5959 Grand Ave • WDM • RM210E
DAYS	Monday – Thursday

#### **VIDEO GAME DESIGN**

DATES	June 10 – 13
TIME	1pm – 4pm
AGES	10 – 17
FEE	\$175
COURSE ID	9598
MAXIMUM	12

DATES	July 15 – 18
TIME	9am – 12pm
AGES	10 – 17
FEE	\$175
COURSE ID	9599
MAXIMUM	5

#### **ROBOTICS/BATTLE BOTS**

DATES	June 10 – 13
TIME	9am – 12pm
AGES	9 – 15
FEE	\$160
COURSE ID	9415
MAXIMUM	9

DATES	July 22 – 25
TIME	1pm – 4pm
AGES	9 – 15
FEE	\$160
COURSE ID	9600
MAXIMUM	9

P40

#### ROBLOX STUDIO-GAMING AND GAME DEVELOPMENT

DATES	June 17 – 20
TIME	1pm – 4pm
AGES	9 – 15
FEE	\$155
COURSE ID	9604
MAXIMUM	15

#### *iGAME CREATOR*

DATES	June 17 – 20
TIME	9:30am – 12pm
AGES	6 – 10
FEE	\$125
COURSE ID	9416
MAXIMUM	15

DATES	August 5 – 8
TIME	1pm – 3:30pm
AGES	6 – 10
FEE	\$125
COURSE ID	9602
MAXIMUM	5

#### **ANIMATION**

DATES	June 24 – 27
TIME	1pm – 4pm
AGES	9 – 15
FEE	\$160
COURSE ID	9412
MAXIMUM	10

# YouthTech:

#### **iCODE**

DATES	June 24 – 27
TIME	9:30am – 12pm
AGES	6 – 12
FEE	\$125
COURSE ID	9410
MAXIMUM	12

DATES	August 5 – 8
TIME	9:30am – 12pm
AGES	6 – 12
FEE	\$125
COURSE ID	9597
MAXIMUM	5

#### **APPLICATION DESIGN**

DATES	July 8 – 11
TIME	1pm – 4pm
AGES	9 – 17
FEE	\$155
COURSE ID	9409
MAXIMUM	12

#### **IMOBILE GAME DESIGN**

DATES	July 8 – 11
TIME	9:30am – 12pm
AGES	6 – 12
FEE	\$120
COURSE ID	9413
MAXIMUM	12

#### **3D GAME DESIGN**

DATES	July 15 – 18
TIME	1pm – 4pm
AGES	10 – 17
FEE	\$160
COURSE ID	9411
MAXIMUM	5

#### THE GAMING ACADEMY

DATES	July 15 – 18
TIME	9am – 4pm
AGES	10 – 17
FEE	\$305
COURSE ID	9601
MAXIMUM	10

#### **MOVIE MAKERS**

DATES	July 22 – 25
TIME	9am – 12pm
AGES	9 – 15
FEE	\$150
COURSE ID	9414
MAXIMUM	15

# ROBOTICS/GAMES, MAZES & PROGRAMMING

DATES	July 29 – August 1
TIME	1pm — 4pm
AGES	10 – 17
FEE	\$160
COURSE ID	9419
MAXIMUM	8

#### **YOUNG ENGINEERS**

DATES	July 29 – August 1
TIME	9:30am – 12pm
AGES	6 – 12
FEE	\$120
COURSE ID	9417
MAXIMUM	10

#### **GAMING AND CODING**

DATES	August 5 – 8
TIME	9:30am – 3:30pm
AGES	6 – 12
FEE	\$255
COURSE ID	9603
MAXIMUM	7



#### LEE COLE'S MAGICAMP

Magicamp is for anyone who likes to have fun. You'll spend two days learning from professional magician Lee Cole on how to entertain and amaze your friends, family and classmates. You'll learn tricks that can be done anywhere, at any time, and for the rest of your life. All magic materials are provided.

DATES	TIME	COURSE ID
June 17 & 19	9am – 11:45am	9103
July 22 & 24	9am – 11:45am	9101
August 12 & 14	9am – 11:45am	9102
LOCATION	Raccoon River Park	Nature Lodge
AGES	7 – 15	
FEE	\$45	
MAXIMUM	22	

#### PLANET 7

Do you want your child to have a chance to see what Jr. High has in store for them? The Planet 7 program will offer an opportunity for 6th graders entering 7th grade to:

- build self-esteem
- learn how to deal with peer pressure
- meet new friends
- learn time management and study skills
- familiarize themselves with a new school

DATES	COURSE ID STILWELL	COURSE ID INDIAN HILLS
July 15 – 19	9068	9071
July 22 – 26	9072	9074
July 29 – August 2	9073	9070
August 5 – 9	9067	9069

TIME	DAY	
9am – 4pm	Monday – Thursday	
6:45am – 8:30pm	Friday	
LOCATION	Stilwell or Indian Hills	
AGES	Incoming 7th Graders	
FEE	\$160	
MAXIMUM	49 per session	



Other fun aspects of the program include trips to:

- Val Lanes
- Valley View Aquatic Center
- Friday's trip to World's of Fun in Kansas City, MO.

All incoming 7th graders for the fall of 2019 in the West Des Moines Public School District are eligible to register in the program. Registration begins March 5, 2019 at 8am.



#### **ARCHERY AND THE OUTDOORS!**

During this camp your child will learn about archery equipment, safe archery techniques and how to safely shoot competition style archery. These classes will be taught by a certified NASP teacher. Your children will get a taste of the great outdoors and the opportunities it holds while at this half-day camp.

DAYS	Monday – Thursday	
DATES	July 22 – 2	25
TIMES 9am – 12pm 1pm – 4pm	LEVEL COURSE ID Beginner 9210 Novice 9191	
LOCATION	Raccoon River Park Nature Lodge	
AGES	10 – 13	
FEE	\$44	
MAXIMUM	18 per session	



**Beginner** – No archery experience needed **Novice** – This student has had some archery experience

#### **YOUTH ARCHERY LESSONS**

Does your child want to learn more about archery? Maybe they would benefit from some group archery lessons. Each lesson time will be limited to six archers. Lessons will be taught by a NASP certified teacher.



DAYS	Wedne	Wednesdays	
DATES	June 5	<b>– 19</b>	
TIMES 9am – 9:45am 9:45am – 10:30am 4pm – 4:45pm 4:45pm – 5:30pm		COURSE ID 9218 9221 9216 9217	
LOCATION	Raccoo Facility	on River Archery	
AGES	10 – 13		
FEE	\$21		
MAXIMUM	6 per s	6 per session	

#### **MAGICAL MATS YOGA** (KIDS YOGA)

This class encourages younger children to experience yoga. Using yoga postures in games, stories and playing make believe; children can improve motor skills, flexibility, balance, strength, concentration and self esteem while having fun. Children will also be introduced to relaxation and breathing techniques.

Come join with your child in a bonding experience using the power of yoga lead by Jayla Clark.

DAYS	Saturdays	
TIMES	9:15am – 9:45am	
DATES June 1 – 29 July 3 – August 10		COURSE ID 9452 9453
LOCATION		
AGES	3 – 12	
FEE	\$45	



#### **ZUMBA**

Perfect For Everybody and everybody! Each Zumba® class is designed to bring people together to sweat it on.

#### **How It Works**

We take the "work" out of workout, by mixing lowintensity and high-intensity moves for an interval-style, calorie-burning dance fitness party. Once the Latin and World rhythms take over, you'll see why Zumba® Fitness classes are often called exercise in disquise. Super effective? Check, Super fun? Check and check.

#### **Benefits**

A total workout, combining all elements of fitness cardio, muscle conditioning, balance and flexibility, boosted energy and a serious dose of awesome each time you leave class.

**Instructor: Eva Otanez** 

515-419-9523 • www.eva123.zumba.com

SESSION 1	
DATE	April 8 – May 16
COURSE ID	8552

SESSION 2	
DATE	May 29 – July 4
COURSE ID	9237

SESSION 3	
DATE	July 15 – August 22
COURSE ID	9232

TIME	5:15 – 6:15pm
LOCATION	Valley Junction Activity Center
DAYS	Mondays, Wednesdays and Thursdays
FEE \$90	
Optional Punch Card: 10 classes for \$60	

#### BALLROOM DANCING LEVEL I & II

#### **ABSOLUTE BEGINNER** & BEYOND

This class is for absolute beginners and for anyone who has some knowledge of various ballroom dances. It will be a great class for Level I review and for those who would like to add additional figures beyond that class. These courses teach: Foxtrot, Swing (East Coast), Waltz, and Rumba. We will teach 4-6 figures in each dance as we progress through the class. When you complete this course you should be comfortable going to wedding reception dances, cruises, or social dances at business functions and various venues around the Greater Des Moines Area, PLEASE NOTE a Special class of Country Two Step and Cha Cha in May. COUPLES ENCOURAGED Any questions, please contact Jim and Suzi Benjamin at DanceInfo@DesMoinesDance.org

DAY	Sundays
TIME	12:30pm — 1:30pm

DATES	COURSE ID	FEE per person
April 28 – June 23 (No class 5/26)	9238	\$60
July 7 – August 25	9240	\$60
LOCATION	Valley Junction Activity Center	

DAY	Thursdays
TIME	6:45pm — 7:45pm

DATES	COURSE ID	FEE per person
May 2 – June 20	9243	\$60
July 11 – August 29	9244	\$60
LOCATION	Valley Junction Activity Center	

#### BALLROOM DANCING LEVEL II AND LEVEL III:

#### **BEYOND BEGINNER**

This ballroom class is for anyone who has completed Level 1 classes or has equivalent experience in dancing and training. If you know some of these dances well you may attend the associated classes. This course teaches 1 dance for 2 weeks before moving on to another dance. Class begins with a review and then new figures and techniques will be added. This is not a single course and as many as 4 months will be required to cover all the various dances being taught at this level.

DAY	Sundays
TIME	1:30pm — 2:30pm

DATES	COURSE ID	FEE per person
April 28 – June 23 (No class 5/26)	9241	\$60
July 7 – August 25	9245	\$60
LOCATION	Valley Junction Activity Center	

PLEASE NOTE! This is a couple's only class. Formation classes are by invitation only but you may sign up for the formation class and then practice in any of our classes in addition to your primary class. Any questions, please contact Jim and Suzi Benjamin at DanceInfo@DesMoinesDance.org

#### BALLROOM DANCING LEVEL III AND LEVEL IIII:

#### **INTERMEDIATE**

This ballroom class is for anyone who has completed Level 1 and Level 2 classes or has equivalent experience in dancing and training. If you know some of these dances well you may attend the associated classes. This course teaches 1 dance for 2 or 3 weeks before moving on to another dance. Jim and Suzi will review all the figures taught in previous Level 1/2 classes. They will then add figures

DAY	Mondays
TIME	6:45pm — 7:45pm

DATES	COURSE ID	FEE per person
April 29 – June 24 (No class 5/27)	9239	\$60
July 8 – August 26	9242	\$60
LOCATION	Valley Junctio	on Activity Center

and technique to each dance as we progress through the class. This is not a single course and as many as 6 months will be required to cover all the various dances being taught at this level. Dances not included in Level 1/2 class curriculum will be taught at a beginning level as we introduce new dances to the students.

PLEASE NOTE! This is a couple's only class. Formation classes are by invitation only but you may sign up for the formation class and then practice in any of our classes in addition to your primary class.

#### VARIETY DANCE CLASSES -

#### Beginner Levels 1 and 2

These courses will teach a single dance for 4 or 5 weeks allowing you to concentrate on that dance alone. These courses are couples only courses. Level I & Level II courses are for anyone who is an absolute beginner or someone who has had some dancing experience either in the dance listed or in other dances.

DAY	Sundays
TIME	2:30pm — 3:30pm

DATES	COURSE ID	FEE per person	DANCE
April 28 – May 19	9259	\$35	Country Waltz
July 7– 28	9260	\$35	Mambo / Salsa 2
LOCATION Valley Junction Activity		n Activity Ce	nter



#### **COED BADMINTON OPEN GYM**

Drop in for recreational pick-up badminton matches.

DAYS	Sundays
DATES	February 24 – August 25
TIME	2:30pm – 5pm
LOCATION	Valley Southwoods – 625 S. 35th St.
FEE	• \$2 WDM school district residents • \$3 non-residents due on site

#### **ADULT TENNIS LESSONS**

Lessons for adults new to tennis as well as advanced will be focused on improving student stroke, technique, skills, footwork, strategy and match play. Courts and students will be organized by ability and experience to maximize student improvement and enjoyment.

DAYS	Tuesdays & Thursdays
DATES	COURSE ID
June 11 – 27	9444
July 9 – 25	9445
July 30 – Aug 15	9446
TIME	6:30pm – 7:30pm
LOCATION	Crossroads Park Tennis Courts
MAXIMUM	24 per class
FEE	\$66

#### **Tennis Director** — Bunny Bruning

Bunny played on the WTA Professional tour for 9 years and acquired rankings of #41 in singles and #8 in doubles. She has been a USPTA professional since 1987 and has been teaching and coaching for over 30 years.

#### **Lead Instructor** — **Daniel Pitz**

Daniel has been a USPTA professional since 1987 and an Associate Tennis Teaching Pro at Wakonda Club since April 2014. Lived in Japan and taught Japanese Tennis School and private contractor from 1990 – 1998, 2000 – 2014.



#### HORSESHOE PITCHING LEAGUE

#### Summer Season

This coed league is designed for all levels of ability (players will be handicapped). Prizes and traveling trophy awarded. Free pitching instruction available through the week.

DAYS	Wednesdays
DATES	May 1 – July 31
TIME	6:30pm — 8:30pm
AGES	12+
LOCATION	Holiday Park Horseshoe Courts
FEE	\$3 league fee due 2nd night of play
TO REGISTER	Call LeRoy Law at 681-1937 or just show up

#### **ADULT GOLF LESSONS**

Whether you are an experienced golfer or just starting out, this class can help you. Group instruction will be provided along with individual instruction as needed. Lessons are held at West Grand golf and amenities include: Target Greens, Putting Greens and Practice Bunkers. Participants will learn Putting, Chipping, Iron Play and Woods and/or Metals. Registrants will need to bring all clubs to the first class.



DAYS	Monday — Thursday
DATES	May 13 – 16
TIME	6:30pm — 7:30pm
LOCATION	West Grand Golf – 6450 Raccoon River Dr. (1 mile west off of I-35)
COURSE ID	9402
MAXIMUM	15 participants
INSTRUCTOR	Sarah Ward
FEE	\$55

# RACCOON RIVER PARK SOFTBALL COMPLEX





## SCOREBOARD SPONSORS



**SCHEELS** 







**CENTRAL IOWA SPORTS** 

Your Community Your Credit Union

## ADULT SOFTBALL

Spring Season





CONTACT	Please call 222-3444 to have application mailed, emailed or faxed to you.
DEADLINE TO APPLY	Thursday, April 4 by 4pm
GAME TIMES	Generally 6:15pm – 9:15pm
LOCATION	Raccoon River Park Softball Complex

#### MEN'S COMMERCIAL SOFTBALL LEAGUES

Competitive 12" slow pitch softball leagues. Games are staffed with one umpire and an official score keeper. Teams play a 14-game doubleheader round robin schedule.

LEAGUE	DAY	START DATE	AGES
Men's DBHD B	Tuesday	April 23	Adults (18 & older and out of high school)
Men's DBHD C	Tuesday	April 23	
Men's 50+	Sunday	April 28	50 yrs & older (Must turn 50 by 12/31/19)
FEE	\$405 entry fee + tax, ASA, WDM Adult SB Player Fee, Non-resident fees		

#### MEN'S RECREATIONAL "50 PLUS" DRAFT SOFTBALL LEAGUE

Recreational 12" slow pitch softball league for men over 50 years old. Teams play a 9-game schedule. All games are staffed with an umpire and an official score keeper.

LEAGUE (Season)	DAY	START DATE	COURSE ID	AGES
Spring Summer Both	Wednesday Wednesday Wednesday	April 24 July 10 April 24	9113 9111 9110	50 yrs & older (Must turn 50 by 12/31/19)
FEE	\$25 individual entry fee per season \$45 individual entry fee for both seasons			

#### COED COMMERCIAL SOFTBALL LEAGUE

Competitive 12" slow pitch softball leagues. Games are staffed with one umpire and an official score keeper. Teams play a 14-game doubleheader schedule.

LEAGUE	DAY	START DATE			
Coed	Thursday	April 25			
Coed	Sunday	April 28			
AGES	Adults (18 & older and out of high school)				
FEE	\$405 entry fee + tax, ASA., WDM Adult SB Player Fee, Non-resident fees.				

#### MEN'S AND COED RECREATION SOFTBALL LEAGUES

Recreational 12" slow pitch men's softball leagues. Teams play a 14-game round robin doubleheader schedule. Carpet used to call balls and strikes, umpire your own games. All games staffed with an official score keeper.

LEAGUE	DAY	START DATE		
Men's DbHd Rec.	Monday	April 22	N S	
Men's DbHd Rec.	Wednesday	April 24	2 114	
Coed DbHd Rec.	Wednesday	April 24		
Men's DbHd Rec.	Thursday	April 25	Why	
AGES	Adults (18 & old	der and out of high school)		
FEE	\$260 entry fee + tax, ASA., WDM Adult SB Player Fee, Non-resident fees.			

#### **COED RECREATION SOFTBALL LEAGUES**

Recreational 12" slow pitch coed softball leagues. Teams play a 6-game schedule. Carpet used to call balls and strikes, umpire your own game. All games staffed with an official score keeper.

LEAGUE	DAY	START DATE	AGES
В	Sunday	April 28	Adults
С	Sunday	April 28	(18 & older and out of high school)
D	Sunday	April 28	og coco.,
Е	Sunday	April 28	
C/D	Wednesday	April 24	
C/D	Thursday	April 25	
FEE	\$190 entry fee + tax, ASA., WDM Adult SB Player Fee, Non-resident fees.		



#### \*ADULT ATHLETIC LEAGUE TEAM ACCEPTANCE POLICY

The Adult Athletic League Team Acceptance Policy applies to all adult athletic leagues.
The order of priority is as follows:

- Returning Teams. Defined as having at least 51% of last season's roster.
  - a.) Teams who participated in the league the previous season.
  - b.) Teams who participated in the league the previous year.
  - c.) Teams may be placed in another division at Department's option to equalize competition.

- 2.) New Teams. Teams that did not participate in the league the previous season or year.
- Late Teams. Any team that does not meet the established deadlines will be accepted at the Department's discretion.

If more teams apply than we have space for, priority will be given to teams with the highest percentage of players on their roster residing within the City of West Des Moines School District in all cases except softball, where City boundaries apply.



## Team Roster Sign Up

#### **HOW TO ADD YOUR TEAM ROSTER ONLINE**

#### **Important Notes**

- 1) Our organization is using this process for you to register your Team and collect payments.
- 2) Our organization is using this process so you have an easy process to identify what players are on your Team Roster, and, so the organization can track what players are on each team.

#### **TEAM ROSTER PROCESS**

#### 1 Sign In

Click the "Enroll" button for the Program you want to register in. The Site has a secure online process, so when you click the "Enroll" button you will be prompted to Sign In.

- If you are a new user, click the "Not registered? Create a new account" link and follow the steps to sign in.
- If you are not a new user, then sign in. If you do not remember your password, click the "Forgot your password?" link and follow the steps to be emailed your password.

#### 2 Add Items To Your Cart

After you Sign In, you will be on the "Add Items To Your Cart" page. On this page:

- 1) From the "Enrollee" list select your name
- 2) From the "Enrollment Type" list select "General"
- 3) From the "Program" list select the program
- 4) From the "Offering" list select the offering
- 5) Click the "Add Enrollment" button
- 6) Repeat the above steps if you want to choose additional offerings.
- 7) When done, click the "Proceed to Checkout" button.

#### **3 Team Information**

On the Team Information page, complete all information, then click the "Done" button at the bottom of the page.

#### 4 Checkout

On the Checkout page, click the Place Order button at the bottom of the page.

#### **5 Manage Rosters**

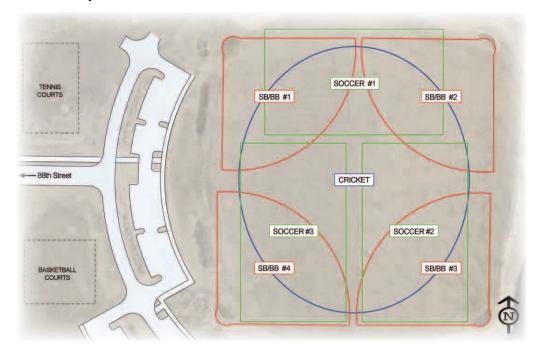
From the order confirmation page, in the top dark blue navigation bar, select "Manage Rosters" and then select your Team Name.

#### Add to Roster

- Click the Add to Roster button to add players to your Roster.
- When done, click the Submit button so the organization administering the web site knows you have completed your Roster.
- Important Note: The organization administering the web site can see which rosters are "Submitted" versus not.

#### **VALLEY VIEW PARK FIELD RESERVATIONS**

Reservations will be taken starting the first business day of February each year.



#### **Field Rental Options**

Field Type	Rental Season	Hours	Cost to Rent*	Min Hours of Rental
Soccer	Apr 1 – Oct 31	Weekdays 3pm – 9pm; Weekends 7am – 9pm	\$15 per hour	2 hours
Softball/ Baseball	Apr 1 – Oct 31	Weekdays 3pm – 9pm; Weekends 7am – 9pm	\$10 per hour	2 hours
Cricket	Apr 1 – Oct 31	Weekdays 3pm – 9pm; Weekends 7am – 9pm	\$40 per hour	2 hours

<sup>\*</sup>The above rental fees are for individuals and non-profit organizations. For-profit organizations or businesses will pay two (2) times the above rates. The Department reserves the right to limit the number of reservations that can be made by for-profit organizations or businesses.

# New Concession Vendor at Raccoon River Softball Complex!

#### Formaro's Stuffed

Welcome softball players, fans and families! Fomaro's Stuffed will be providing all of your food and beverage needs. We are excited to offer a variety of fresh, high quality and award-winning menu items for you to enjoy. In addition to all the standard classics we will have new, made-to-order items, such as our homemade pizza, stuffed pulled pork nachos, stuffed ribeye steak & cheese sandwich and stuffed bacon cheesy hot dogs, just to name a few.

Formaro's Stuffed is adding the following services to help keep your team hydrated and at peak performance. MVP Cooler Service — Let us do the heavy lifting for you. Reserve your team cooler, filled with ice and your choice of beverages. Snack packs and discounted rates on a variety of food and beverages available. We will also offer a beverage station located near the fields for you to grab ice cold beverages and get discounted refill drinks and snack packs for your team cooler. We look forward to serving YOU!

Your Formaro's Stuffed Crew www.facebook.com/formarostuffed www.formarostuffed.com

#### Practice Field Rentals — Raccoon River Park Softball Complex

Youth or Adult Softball or Baseball teams may reserve a weekly practice field.

FEES	\$25 per hour	
DAYS AVAILABLE	Mondays, Tuesdays and Thursdays Will open Wednesdays if these days fill and still have interest.	
TIMES AVAILABLE	4:30pm – 5:45pm ok to rent earlier than 4:30pm, but cannot rent after 5:45pm	
START DATE	Week of April 8	
CLOSED	Monday, May 27 Memorial Day Thursday, July 4 Independence Day Monday, September 2 Labor Day	
CONTACT	bruce.mankle@wdm.iowa.gov	

For more information visit www.wdm.iowa.gov/ParksAndRec | 222.3444

#### **COED TOUCH RUGBY - ADULT**

Informational meeting/open play will take place on Wednesday, May 29, at 6:15pm. At this meeting we will explain the team organization process and answer questions about the league and allow for open play time. All teams are required to have one woman playing on the field at all times. Please bring a light and dark shirt or reversible jersey. Teams will be determined by ability and teammate preference. There will be a minimum of 10 games played over the five week season. Games last approximately 15 minutes. Babysitters are provided by Des Moines Rugby.

RUGBY		
DAYS	Wednesdays	
DATES	May 29 – June 26	
TIME	6:15pm – 8:45pm	
LOCATION	Des Moines Rugby Club 120 39th St. West Des Moines	
FEE	\$40	
COURSE ID	8536	

#### **RAIN BARREL WORKSHOP**

Have you ever wanted to build a rain barrel and didn't quite know how to do it? Here is your chance! We will have 55 gal plastic barrels and the tools to turn them into a useful rain barrel for your home.



DAY	Saturday		
DATE	March 30		
TIME	9:30am – 1	1am	
LOCATION	Raccoon River Nature Lodge		
AGES	18+		
FEE	\$50	NIEWI	
COURSE ID	9264	NEW!	

#### PADDLE BOARD BASICS

Here is your chance to try your luck on a stand up paddle board! They are quite popular and have been given accolades of providing an all body workout! This class will give you a brief introduction and knowledge to make your first paddle board outing a positive one. This class will fill fast so sign up early. (We will meet at the boat ramp at Raccoon River Park.) *Paddle boards provided.* 



DAYS	Tuesday
DATE	July 16
TIME	5:30pm – 7pm
LOCATION	Raccoon River Park Boat Ramp
AGES	18+
FEE	\$10
COURSE ID	9220
MAXIMUM	10

#### SAND VOLLEYBALL LEAGUE

Non-officiated call your own league. Teams will play 7 matches round robin schedule. Power "A" is the highest competitive level. Power "C" is the lower competitive level.

	NEW	
DAYS	Sunday - Thursday	
GAME TIME	6:15pm — 10:30pm	
START DATE	May 5	
AGES	18 years and out of high school	
LOCATION	Valley View Park 101 South 88th Street	
DEADLINE	April 18	
FEES	\$145 per team, \$14.15 sales tax + Non Resident Player Fee: \$6 per player	

# ADULT OUTDOOR BASKETBALL

This new and exciting program will be offered Spring, Summer and Fall seasons at the newly constructed lighted Valley View basketball courts. Games will be staffed with a score keeper and two officials. Teams will play a 7 game schedule. Please contact the Parks and Recreation Office at 222-3453 for more information.

DAYS	Wednesdays
GAME TIME	6:15pm — 9:15pm
START DATE	May 8
AGES	18 years and out of high school
LOCATION	Valley View Park 101 South 88th Street
DEADLINE TO APPLY	Wednesday, April 25
FEES	\$305 Team Entry Fee + \$18.30 tax. Non Resident Player Fee: \$6 per player



# MEN'S "60 PLUS" DROP-IN SOFTBALL

Players who are 58 and older can now drop in, split up into teams and play softball. No pre-registration necessary! Just show up!

DAYS	Tuesdays and Thursdays
DATES	April 9 – October 17
TIME	10am - 12pm
AGES	Must turn 58 by 12/31/19
LOCATION	Raccoon River Park Softball Complex
FEES	\$2 residents, \$3 non-residents

#### **ADULT TENNIS LEAGUE**

Saturday morning adult tennis league.

Saturdays
11:30am – 12:30pm
DATES
June 15 – 29
July 13 – 27
August 3 – 17
18 & older and out of high school
Crossroads Park Tennis Courts
\$24



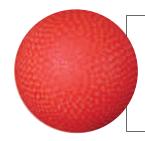
#### **ADULT MEN'S FLAG FOOTBALL LEAGUES**

SUMMER LEAGUES Men's Flag
Football Teams now have another
season to play the game they love.
Applications will be available in late
April. Please call 222-3444 to receive
an application by mail, email or fax.
Seven-man teams will play a seven
game schedule. Applications for
FALL LEAGUES will be available at
the WDM Parks & Recreation Office
in August.

DAYS	Wednesdays	
START DATE	June 5	
GAME TIME	6:15pm — 9:15pm	
AGES	18 & older and out of high school	
LOCATION	TBD	
DEADLINE TO APPLY	Wednesday, May 22	
FEE	\$475 entry fee, \$28.50 tax, \$6 non-resident fee	

# INDIVIDUAL SOFTBALL, VOLLEYBALL, KICKBALL OR FLAG FOOTBALL PLAYERS

Love softball, volleyball, kickball or flag football but just moved to town or don't have a team to play on? Anyone interested in playing in any of our leagues can call Bruce at 222-3454 or e-mail bruce.mankle@wdm.iowa.gov and be placed on an individuals list. We will list your name, phone number and which league you would prefer to play in. This list will then be distributed to all team managers in our leagues and on our website. We can't guarantee you will be placed on a team, but past response has been positive.



# ADULT COED KICKBALL LEAGUE SPRING SEASON

Coed Kickball league play this spring at Raccoon River Park Softball Complex. Leagues are offered on Sundays or Tuesdays and start the week of April 22. Call Parks & Recreation office at 222-3453 for registration information.





## St. Louis Cardinals vs. Chicago Cubs Double Header

Join us as we travel to the "The Gateway to the West" to take in the rivalry between the Cubs and Cards. This three day, two night package includes: stadium seating on Friday night; premium and all-inclusive seats on Saturday in a box suite on Redbird Row. These seats include: a two-hour, all-you-can-eat picnic buffet; Coca-Cola products throughout the game; Bud and Bud Light beverages through the middle of the 8th inning and your game ticket. (Please note: These seats include indoor/outdoor seating in a box Suite in right field.) This travel package also includes a two night hotel stay, breakfast each morning at the hotel; and roundtrip transportation. Whichever team you cheer for....GO CUBS or GO CARDS, this sports tour will satisfy all baseball fans.

DAYS	Friday – Sunday
DATE	September 27 – 29
TIME	7am departure
LOCATION	St. Louis, MO
FEE per person	Single: \$611 Double: \$486 Triple: \$456 Quad: \$436
REGISTER BY	August 30
DEPARTURE LOCATION	WDM City Hall
COURSE ID	9384

A \$100 nonrefundable deposit is due at the time of registration, with the remaining balance due three weeks prior to departure. Because all travel expenses are prepaid, we cannot offer refunds for travel programs.



# Day Trips

#### DAY TRIP INFORMATION

\*PLEASE NOTE: These trips are run in conjunction with Clive Parks & Recreation. Space is limited to the first 50 people that register. These trips generally fill quickly, so please register early. The date listed is a registration cut-off date. These trips are open to people 55 years old and over. All trips depart from the Southeast corner of the Valley West Mall parking lot.

#### The Brucemore Mansion and Outlets

A visit to Brucemore is a retreat from the routine. The park-like estate invites exploration of its stunning gardens and grounds, fascinating history, and magnificent 21-room mansion. Join us today as we take a guided tour of the mansion, and explore the Brucemore visitor center, which features two exhibitions that introduce you to the estate and its history. The Museum Store features a full line of Brucemore memorabilia, and reflects the lives of the Brucemore families. A delicious lunch stop is also included today. Our second stop will take us to the Williamsburg Outlet Mall, before we venture home. Join us for a beautiful day out in Cedar Rapids and Williamsburg!

	DAY	Tuesday	
	DATE	June 18	
	TIME	7:30am – 5:30pm	
	LOCATION	Cedar Rapids & Williamsburg	
	FEE	\$56	
	REGISTER BY	May 28	
;	COURSE ID	9642	
	MAXIMUM	50	

PLEASE NOTE: Due to the Historic nature of this home, there will be more walking on this tour, including stairs!

#### **Explore the Outdoors!**

Take in the scenes of nature today as we tour the beauty in Central Iowa! First we'll visit Reiman Gardens in Ames. This wonderful outdoor display features a butterfly flight house, herb gardens, wetland gardens and an awardwinning rose garden! We'll eat lunch at Hickory Park in Ames before heading to Boone. "All Aboard..." for our afternoon scenic train ride through the Des Moines River Valley! This 15 mile loop passes over two great bridges. Be sure to bring your camera today! Time will also be allowed for shopping in their gift shop, and to tour the NEW Iowa Railway Museum, set to open this spring.

DAY	Wednesday
DATE	July 24
TIME	8:30am – 5:30pm
LOCATION	Ames & Boone
FEE	\$74
REGISTER BY	July 3
COURSE ID	9643
MAXIMUM	50

#### **Discover Iowa Falls**

Travel with us today as we discover a few of the highlights that lowa Falls has to offer! We'll be greeted by our step on guide with morning coffee and treats as we tour throughout several interesting "City Highlights." Our stops will include: The Historic St. Mathew's Church with an organ concert; lunch aboard the Scenic City Empress on the lowa River; and an afternoon treat before departure.

DAY	Tuesday
DATE	August 6
TIME	8am – 5:30pm
LOCATION	Iowa Falls
FEE	\$68
REGISTER BY	July 16
COURSE ID	9644
MAXIMUM	42

# **Aquatic Centers • Open June 1**

#### **AQUATIC CENTER SEASON PASSES**

Aquatic Center Season Passes are on sale NOW at the following locations:

- Parks & Recreation Office at WDM City Hall, 4200 Mills Civic Pkwy Monday – Friday, 8am – 5pm
- Valley Junction Activity Center 217 5th Street Monday – Friday, 12pm – 5pm

Season Pass	WDM Resident	Non- Resident
Single	\$85	\$130
Two people	\$120	\$170
Each additional person	\$40	\$55
Granny/Nanny add-on (no additional discounts)	\$60	\$60

Purchase before March 29 and SAVE 10%

#### **SEASON PASS DETAILS:**

- Valid at 3 locations! (Holiday and Valley View Aquatic Centers in WDM and the Clive Aquatic Center)
- May include any/all household members 3 years and up.
- All pass holders must have a current photo. Photos can be taken at City Hall or the Valley Junction Activity Center during regular business hours or at the Aquatic Centers starting June 1.
- If you had a season pass last year, you can call 222-3444 and renew your pass over the phone. Parks and Recreation will mail your pass.

Daily Admission	Price
Under 3 years old	FREE
3 – 12 years old	\$5
13 years and up	\$8
Seniors (55+)	\$6

#### **OPEN SWIM**

#### **Holiday Park Aquatic Center**

1701 Railroad Avenue

**Hours:** Monday — Friday: 11:30am – 7pm (Closes at 5:30pm during evening swim lessons) Saturdays 11:30am – 6pm • Sundays 12pm – 5:45pm

#### Valley View Aquatic Center

255 81st Street

**Hours:** Sunday – Friday: 12pm – 5:30pm and 6:30 – 8:30pm

Saturday: 12pm – 6pm

#### **WEATHER POLICY**

If the Aquatic Center closes because of weather (electrical storm or cool temperatures) between 12:30pm – 5pm the pool will not reopen until 5:30pm. If weather conditions do not allow the pool to reopen at 5:30pm, the pool will remain closed for the day.

Special Admissions	Days & Details
Family Nights	Wednesday & Sunday - \$12/family (all season at Valley View after 6:30pm, at Holiday after 6:30pm only when swim lessons are not in session)
Half Price Evenings	Monday, Tuesday, Thursday & Friday (all season at Valley View after 6:30pm, at Holiday after 5:00pm only when swim lessons are not in session)

#### **TSUNAMI BALANCE BOARD WATER FITNESS**

This is a new and exciting class that will be a tremendous workout on the water.

DAYS	DATES	COURSE ID	FEE	
Mondays & Wednesdays	June 3 – July 3	9428	\$60	
Tuesdays & Thursdays	June 4 – July 2	9429	\$54	
Mondays & Wednesdays	July 8 – 31	9430	\$48	
Tuesdays & Thursdays	July 9 – August 1	9431	\$48	
AGES	18+			
TIME	5:45pm — 6:30pm			
LOCATION	Valley View Aquatic Center			



#### **CURRENT WALKING**

Join us at the Valley View Aquatic Center's lazy river for a walk against the river's current. Walkers will enjoy a unique resistance, challenging them to get a greater benefit from their stroll.

DAYS	Sunday – Friday
TIME	5:30pm — 6:30pm
AGES	18+
LOCATION	Valley View Aquatic Center
FEE	\$4 per visit (please pay at the aquatic center)

#### **ADULT LAP SWIM**

Enjoy a great cardio workout by swimming laps. Valley View Aquatic Center features 25 yard lanes for swimmers to use.

DAYS	Sunday – Friday
TIME	5:30pm – 6:30pm
LOCATION	Valley View Aquatic Center
FEE	\$4 per visit (please pay at the aquatic center)



#### **PARENT & ME SWIM LESSONS**

This self-guided program provides an opportunity for parents and their young children to explore the water together. Participants will have a special area of the pool to work together and learn basic water exploration skills. Parents will be given handouts that will provide directions for activities to do with their child.

DAYS	Monday, Wednesday, and Friday
DATES	COURSE ID
June 10 – 21	9348
June 24 – July 12 (No class 7/1 – 7/5)	9372
July 15 – 26	9351
TIME	5:45pm – 6:15pm
AGES	1 – 3 and Adult
LOCATION	Valley View Aquatic Center
FEE	\$35 per session

#### **AQUATIC CENTER RENTALS**

Looking for a unique outing for your business, church, or youth group? Why not schedule a private rental at one of the West Des Moines Aquatic Centers? Aquatic Center rentals at either Valley View or Holiday are available 6:30pm to 8:30pm on Saturdays, June 6 – August 3. Rental fees include all costs. Concessions are available at an extra cost.



#### **Holiday Aquatic Center**

• \$800 - Whole Facility

#### **Valley View Aquatic Center**

- \$700 Lazy River Slides
- \$450 Leisure Pool Kids Pool
- \$400 Lap Pool Diving Boards Drop Slide
- \$1,300 Whole Facility

#### For more information and reservations please call 222-3440.



#### **AQUATIC CENTER BIRTHDAY PARTIES**

Have your next birthday party in the sun and fun at Valley View or Holiday Aquatic Center! Party packages include: reserved space for 2 hours for your group, admission to the aquatic center for your group, one FREE admission for an accompanying adult, and your choice of a food combo from the concessions for everyone in your party. Your group will also get to use the water slides during a special assigned pool break so there are NO lines to wait in!!

\$150 for the first 10 participants plus 1 adult (\$15 per additional participant with a maximum of 15 participants.)

#### PRIVATE SWIM LESSONS

Each child learns and excels differently. Your child will learn to swim or further their skills through private lessons with one-on-one instruction. Instructors will use the Learn-to-Swim progressions but at an individualized pace.

# Call 222-3440 for more information and to register

DAYS	Monday – Friday
DATES	June 10 – 14 June 17 – 21 June 24 – 28
TIMES	9am — 9:30am 9:35am — 10:05am 10:10am — 10:40am
LOCATION	Holiday Aquatic Center
FEE	\$115 per session

#### **ADULT SWIM LESSONS**

Learn to swim or improve your skills in this class for adults.

DAYS	Monday – Thursday
DATES	June 10 – 20
TIMES	6:15pm – 6:45pm
AGES	18+
LOCATION	Holiday Aquatic Center
FEE	\$45 per session
COURSE ID	9294



## SWIM LESSONS | RED CROSS LEVELS OF INSTRUCTION

## American Red Cross Skill Progress Levels:



#### PRE-SCHOOL 1: 3 & 4 year olds

Water Exploration: Putting face under water, bubble blowing, kicking, supported kick on front and back.

#### PRE-SCHOOL 2: 3 & 4 year olds

Children will kick and glide on front and back and learn basic swimming skills.

# Level 1-5 lessons have a minimum age requirement of 5 years old

#### LEVEL 1 - INTRODUCTION TO WATER SKILLS

Helps participants feel comfortable in the water.

- Enter and exit water using ladder, steps or side
- Blow bubbles through mouth and nose Bobbing
- Open eyes under water and retrieve submerged objects
- Front and back glides and floats
- Recover to vertical position
- Roll from front to back and back to front
- Tread water using arm and hand actions
- Alternating and simultaneous leg actions on front and back
- Alternating and simultaneous arm actions on front and back
- Combined arm and leg actions on front and back

#### **LEVEL 2 - FUNDAMENTAL AQUATIC SKILLS**

Gives participants success with fundamental skills.

- Enter and exit water by stepping or jumping from the side
- Fully submerge and hold breath
- Bobbing
- Open eyes under water and retrieve submerged objects
- Front, jellyfish and tuck floats
- Front and back glides and floats
- Recover to vertical position
- Roll from front to back and back to front
- Change direction of travel while swimming on front or back
- Tread water using arm and leg actions
- Combined arm and leg actions on front and back
- Finning arm action

#### LEVEL 3 - STROKE DEVELOPMENT

Builds on the skills in Level 2 through additional guided practice in deeper water.

- Enter water by jumping from the side
- Head first entries from the side in sitting and kneeling positions
- Bobbing while moving toward safety Rotary breathing
- Survival float Back float
- Change from vertical to horizontal position on front and back
- Tread water
- Flutter, scissor, dolphin and breaststroke kicks on front
- Front crawl and elementary backstroke

#### Holiday Aquatic Center 1701 Railroad Avenue

Valley View Aquatic Center 255 S. 81st Street

# TO BETTER PLACE YOUR CHILD in the

American Red Cross Learn to Swim Program, please review these lists of skills taught in each progress level. These partial lists are skills taught in the course and required for completion of the level.

#### LEVEL 4 STROKE IMPROVEMENT

Develops confidence in the skills learned and improves other aquatic skills.

- Head first entries from the side in compact and stride positions
- Swim under water
- Feet first surface dive
- Survival swimming
- Front crawl and backstroke open turns
- Tread water using 2 different kicks
- Front and back crawl, elementary backstroke, breaststroke, sidestroke and butterfly
- Flutter and dolphin kicks on back

## LEVEL 5 STROKE REFINEMENT

Provides further coordination and refinement of strokes.

- Shallow-angle dive from the side then glide and begin a front stroke
- Tuck and pike surface dives, submerge completely
- Front flip turn and backstroke flip turn while swimming
- Front and back crawl, elementary backstroke, breaststroke, sidestroke and butterfly
- Sculling

DAYS	Tuesday – Friday
DATES	Session 1: June 11 – 21 *Session 2: June 25 – July 12 Session 3: July 16 – 26
LOCATION	Valley View Aquatic Center
FEES	Pre-School 1 & 2: \$47 Levels 1 – 5: \$45

DAYS	Monday – Thursday
DATES	Session 1: June 10 – 20 *Session 2: June 24 – July 11 Session 3: July 15 – 25
LOCATION	Holiday Park Aquatic Center
FEES	Pre-School 1 & 2: \$47 Levels 1 – 5: \$45

#### \*No classes July 1 – 5 | All classes are 30 minutes in length

Pre-School 1 Session 2 Session 3 Pre-School 2 Session 1 Session 2 Session 3 Level 1 Session 1 Session 1	<b>8:30</b> 9371	9:10	9:50	10:30
Session 2 Session 3 Preschool 2 Session 1 Session 2 Session 3 Level 1 Session 1	9371			
Session 3 Pre-School 2 Session 1 Session 2 Session 3 Level 1 Session 1		9346	9370	9329
Pre- School 2 Session 1 Session 2 Session 3 Level 1 Session 1	9394	9395	9396	9397
Session 1 Session 2 Session 3 Level 1 Session 1	9393	9318	9359	9340
Session 2 Session 3 Level 1 Session 1	8:30	9:10	9:50	10:30
Session 3 Level 1 Session 1	9356	9345	9353	9350
Level 1 Session 1	9398	9399	9400	9401
Session 1	9321	9323	9365	9331
	8:30	9:10	9:50	10:30
Session 2	9337	9362	9326	9357
	9373	9374	9375	9376
Session 3	9343	9344	9328	9361
Level 2	8:30	9:10	9:50	10:30
Session 1	9332	9330	9369	9352
Session 2	9377	9378	9379	9380
Session 3	9360	9338	9366	9347
Level 3	8:30	9:10	9:50	10:30
Session 1	9354	9325	9319	9333
Session 2	9386	9387	9388	9389
Session 3	9341	9364	9363	9320
Level 4	8:30	9:10	9:50	10:30
Session 1	9327	9336	9367	9355
Session 2	9390	N/A	9391	9392
Session 3	9349	9358	9335	9368
Level 5	8:30	9:10	9:50	10:30
Session 1	9342	9324	N/A	9322
Session 2	9381	N/A	9382	N/A
Session 3	9334	9339	N/A	N/A

asses are 30 minutes in length					
Pre- School 1	6:15	6:50	7:25	8:00	
Session 1	9268	9266	N/A	N/A	
Session 2	9314	9315	N/A	N/A	
Session 3	9290	9297	N/A	N/A	
Pre- School 2	6:15	6:50	7:25	8:00	
Session 1	9277	9298	N/A	N/A	
Session 2	9316	931 <i>7</i>	N/A	N/A	
Session 3	9295	9299	N/A	N/A	
Level 1	6:15	6:50	7:25	8:00	
Session 1	N/A	9279	9283	9300	
Session 2	N/A	9302	9301	9303	
Session 3	N/A	9270	9275	9274	
Level 2	6:15	6:50	7:25	8:00	
Session 1	N/A	9286	9289	9278	
Session 2	N/A	9304	9284	9306	
Session 3	N/A	9281	9305	9296	
Level 3	6:15	6:50	7:25	8:00	
Session 1	N/A	9267	9285	9269	
Session 2	N/A	9307	9309	9308	
Session 3	N/A	9276	9265s	9280	
Level 4	6:15	6:50	7:25	8:00	
Session 1	N/A	9282	N/A	9271	
Session 2	N/A	9310	9311	9312	
Session 3	N/A	N/A	9288	9272	
Level 5	6:15	6:50	7:25	8:00	
Session 1	N/A	N/A	9273	9287	
Session 2	N/A	N/A	N/A	9313	
Session 3	N/A	9291	N/A	9293	

Please refrain from registering your child for multiple sessions assuming they will advance to the next swim level for the following session. Changes to registrations once processed are charged a \$5 processing fee, and if the class you need is full, your child will not be able to join that class.

#### **Account Primary Contact**

Recreation registration form

∞

First Name	Last Name	
Birthdate	Phone	
Mailing Street Address	Email	
		/ /
City, State, Zip	Card number	exp. date
	CVC	Visa, Mastercard, or Discover (Circle one)

#### WDM Parks & Recreation Waiver And Release

In consideration of my own or my child's participation in the Parks & Recreation (hereinafter referred to as "P&R") program or activity through the City of West Des Moines, Iowa (hereinafter referred to as "City"), we hereby release the City, its officials, employees, representatives, and agents from any and all accidents, injuries, damages, or losses received by my child or by myself through the P&R program that have not been caused by negligence attributable to the City. I also agree and acknowledge that the City is not responsible for any intentional or reckless actions of the City's officials, employees, representatives, and agents since those actions are the sole conduct of the responsible individual(s). I further agree and acknowledge that this release of liability is full, complete, and comprehensive, and it covers all accidents, injuries, damages, or losses, known or unknown, and any and all costs related thereto arising out of or otherwise related to my child's participation or my own participation in programs or activities, and that this release is binding upon our heirs, successors, and assigns.

We certify that my child and or myself has received a proper physical examination within the past year and that we are physically able to participate in all P&R activities. We understand that it is our obligation to timely inform P&R of any restrictions or limitations regarding our physical abilities. We also understand that it is our obligation to follow all regulations and rules set forth by P&R in the performance of the activities. We hereby release, indemnify, and hold harmless the City, its officials, employees, representatives, and agents from any and all claims, settlements, and judgments, including all reasonable investigative fees, attorney's fees, and court costs for any injury, damage, or loss, which is due to or arises in whole or in part due to negligent, reckless, or intentional actions taken by my child or by myself.

Participant First Name	Participant Last Name	Birthdate	Activity	Course ID	Fee

Please make checks payable to the City of West Des Moines

MAIL to: WDM Parks & Recreation • P.O. Box 65320 • West Des Moines, IA 50265

DROP OFF this form with your payment at the Parks & Recreation Administration Office 4200 Mills Civic Parkway • West Des Moines, IA 50265



Scan with your mobile device to see our website PRSRT STD U.S. POSTAGE **PAID** Des Moines, IA Permit No. 589 ECRWSS



#### SHELTER RENTAL REQUESTS NOW AVAILABLE ONLINE!

If you have ever had to call us to find out if or when a park shelter is open for reservation, you will most certainly like the new online reservation feature we have just released. You can now fully see when a shelter is available for rental during the April 15 to October 15 rental season. Not only that, you can take your rental reservation a step further and submit an online request to us. First, start your reservation at <a href="https://www.wdm.iowa.gov/ShelterRental">www.wdm.iowa.gov/ShelterRental</a>. You can use filter options to choose the shelter that best fits your needs. Then you complete all of the details of your reservation, pay with your credit card, and submit your request for approval. We will then approve your request and send you a final contract via email. That's it! Your reservation is set!

Of course, we will still gladly help you set up a reservation over the phone as well. You can call us at 515-222-3444 any weekday between 8am and 5pm to create your shelter reservation. And we are always glad to see customers when they set up a reservation in-person at our Administrative Office in WDM City Hall.

Shelter Name	Rentable Times	Rental Fee
American Legion Park Shelter	7am-10:30pm	\$10/hour 4 hour min.
Brookview Park Shelter**	7am-10:30pm*	\$10/hour 4 hour min.
Crossroads Park Shelter**	7am-10:30pm	\$10/hour 4 hour min.
Fairmeadows Park Shelter	7am-10:30pm	\$10/hour 4 hour min.
Pearson Park Shelter	7am-10:30pm	\$10/hour 4 hour min.
Raccoon River Park Biddle Shelter	7am-10:30pm	\$10/hour 4 hour min.
Raccoon River Park Coneflower Shelters (A, B, C)	7am-10:30pm	\$10/hour 4 hour min.
Valley View Park Shelter	7am-10:30pm	\$10/hour 4 hour min.

<sup>\*</sup>During the school year, rental is limited to Fridays after 4pm and weekends.

<sup>\*\*</sup>Alcohol is not permitted due to proximity to a school.